About the Program

The Department of Rehabilitation and Regenerative Medicine of Columbia University Medical Center’s Pediatric Rehabilitation Fellowship has been accredited by the ACGME since 2017. This two-year fellowship program is based at Columbia University Medical Center and at Blythedale Children’s Hospital, in Valhalla, NY, with additional rotations at Memorial Sloan Kettering Cancer Center (MSKCC). Fellowship graduates of this program are eligible to sit for the ABPM&R Pediatric Rehabilitation Medicine subspecialty board examination.

Training

Our Pediatric Rehabilitation Fellowship provides trainees with a well-rounded clinical experience in outpatient care and procedures at Columbia University Medical Center and MSKCC, hospital consultation at Morgan Stanley Children’s Hospital of NYPH/Columbia University Medical Center and MSKCC, and in the inpatient and day hospital setting at Blythedale Children’s Hospital.

The fellow will participate in interdisciplinary inpatient and outpatient clinics during their training and research activities, supervised by attending pediatric physiatrists at Columbia University Medical Center, Blythedale Children’s Hospital and MSKCC. The fellow will learn to provide outpatient and inpatient care for children and adolescents with acquired and congenital disabilities and injuries including:

- Cerebral palsy
- Neuromuscular diseases
- Spina bifida
- Arthrogryposis
- Spinal cord injury
- Acquired Brain injury
- Brain tumors and other malignancies
- Chronic pain syndromes

Spasticity management training includes procedures such as botulinum toxin injections*, alcohol blocks (under ultrasound and nerve stimulator guidance), and intrathecal baclofen pump management.

*Training of botulinum toxin injections to salivary glands under ultrasound guidance will also be provided.
Training Sites

Morgan Stanley Children’s Hospital of NYP is the highest ranked children’s hospital in the US News ratings in the New York Metro area with a 250 bed tertiary care hospital with a full array of specialized services and facilities.

Blythedale Children’s Hospital is an 86 bed specialty children’s hospital dedicated to children with complex medical illnesses and rehabilitation conditions. Blythedale is one of only 19 pediatric specialty hospitals in the United States, and has the combined staff, expertise and resources – including the largest pediatric therapy department in New York State, for medically complex children. Blythedale has an Acquired Brain Injury Program, post-NICU/PICU program and K-12 public school district on site.

At Memorial Sloan Kettering Cancer Center, the fellow will receive in-depth exposure to unique rehabilitation issues facing children undergoing cancer treatment, including functional sequelae related to cancer itself, different chemotherapeutic agents, and surgical and radiation treatments. The fellow will learn to evaluate, diagnose, and treat specific musculoskeletal and neuromuscular conditions in children with leukemia, lymphoma, neuroblastoma, sarcoma, brain tumor, retinoblastoma, post-bone marrow transplant, and others.

Application Process

Columbia University Medical Center’s Department of Rehabilitation and Regenerative Medicine Pediatric Rehabilitation Medicine Fellowship program participates in the NRMP and applications are accepted via ERAS. Applicants for the Pediatric Rehabilitation Medicine Fellowship must be in their final year of residency or have completed their residency in Physical Medicine and Rehabilitation.

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