Sofrito

Shopping List:

- 1 Bunch of Oregano
- 1 Bunch of Recao/Culantro (usually about 6-8 leaves)
- 1 Yellow Onion
- ½ Red Pepper
- ½ Green Pepper
- Aji Dulce (NYC can find these at Food Bazaar, Fine Fare, Ethnic Neighborhoods — These are not Scotch Bonnet Peppers)
- Garlic Cloves (a lot)

Pollo Guisado & White Rice

Shopping List:

- Chicken Legs & Thighs (2 pieces per person, more if you want leftovers)
- Garlic Powder
- Adobo
- Sazon
- Oregano (the fresher the better)
- Tomato sauce
- Baby carrots
- Potatoes