

2020 BLACK HISTORY MONTH



SIP & PAINT

*We will kick off the event
with a meditation session*

NAMASTE

The African, Black and Caribbean Employee Resource Group will host a meditation session followed by a Sip and Paint during Black History Month.

Kevin Myers, CU Ergonomist will lead the meditation.

Paint The Town Studio will facilitate the paint portion of the event.

All CU Staff Welcome to Attend

Date: Wed. February 26th, 2020

Time: 3:00pm - 5:00pm

Place: School of Nursing

**560 West 168th Street, 7th Fl
New York, NY 10032**

Seats are limited, register at:

<https://events.columbia.edu/go/2020BHMNamaste>

For more info email:

custaffdiversity@cumc.columbia.edu