

**2011 – 2012**

**Student Health Insurance Plan Brochure**

**Columbia University Medical Center**

**Underwritten by:**  
Aetna Life Insurance Company (ALIC)  
*Policy Number 812835*



## **COLUMBIA UNIVERSITY MEDICAL CENTER STUDENT HEALTH INSURANCE PLAN**

The Columbia University Medical Center Student Health Insurance Plan has been developed especially for Columbia University Medical Center students. The Plan provides coverage for illnesses and Injuries that occur on and off campus, and includes special cost-saving features to keep the coverage as affordable as possible. The University is pleased to offer the Plan as described in this Brochure.

Please keep this Brochure, as it provides a general summary of your coverage. A complete description of the benefits and full terms and conditions may be found in the Master Policy issued to Columbia University Medical Center. If any discrepancy exists between this Brochure and the Policy, the Master Policy will govern and control the payment of benefits. The Master Policy may be viewed at the University's Student Health Insurance Office during business hours.

This student Plan fulfills the definition of Creditable Coverage explained in the Health Insurance Portability and Accountability Act (HIPAA) of 1996. At any time should you wish to receive a certification of coverage, please call the customer service number on your ID card.

## **WHERE TO FIND HELP**

### **Got Questions? Get Answers with Aetna Navigator<sup>®</sup>**

As an Aetna Student Health insurance member, you have access to Aetna Navigator<sup>®</sup>, your secure member website, packed with personalized claims and health information. You can take full advantage of our interactive website to complete a variety of self-service transactions online. **By logging into Aetna Navigator, you can:**

- Review who is covered under your plan.
- Request member ID cards.
- View Claim Explanation of Benefits (EOB) statements.
- Estimate the cost of common health care services and procedures to better plan your expenses.
- Research the price of a drug and learn if there are alternatives.
- Find health care professionals and facilities that participate in your plan.
- Send an e-mail to Aetna Student Health Customer Service at your convenience.
- View the latest health information and news, and more!

### **How do I register?**

- Go to [www.aetnastudenthealth.com](http://www.aetnastudenthealth.com)
- Find your school in the School Directory
- Click on Aetna Navigator Member Website and then the "Register for Aetna Navigator" link.
- Follow the instructions for the registration process, including selecting a user name, password and security phrase.

### **Need help with registering onto Aetna Navigator?**

Registration assistance is available toll free, Monday through Friday, from 7 a.m. to 9 p.m. Eastern Time at **(800) 225-3375**.

In case of an emergency, call **911** or your local emergency hotline, or go directly to an emergency care facility.

### **For questions about:**

- Insurance Benefits
- Enrollment
- Waiver Process
- Claims Processing
- ID Cards
- Pre-Certification Requirements

*Please contact:*

Aetna Student Health  
P.O. Box 981106  
El Paso, TX 79998  
**(877) 409-7366**

**Or**

Insurance office – CUMC  
60 Haven Avenue – 3rd Floor  
Suite 3E – Enrollment  
Suite 3D – Claims Assistance  
New York, NY 10032

Enrollment Coordinator – Kimberly Gonzalez, Suite 3E; **212-342-3946** ([kg2261@columbia.edu](mailto:kg2261@columbia.edu))  
Benefit/Claims Assistance – Jacqueline Paulino, Suite 3D; **212-342-3942** ([jp2480@columbia.edu](mailto:jp2480@columbia.edu))

Your ID card is for identification only. It is not a guarantee of eligibility or benefits. ID cards will be issued as soon as possible. If you need medical attention before the ID card is received, benefits will be payable according to the Policy. You do not need an ID card to be eligible to receive benefits. Once you have received your ID card, present it to the provider to facilitate prompt payment of your claims. You may also download a temporary ID card from Aetna Navigator.

**NOTE:** Please be advised that you will receive a unique Aetna member ID number on your ID card. The number has a prefix of “W” and is followed by a random nine digit number.

*For lost ID cards, contact:*

Aetna Student Health  
**(877) 409-7366** or visit [www.aetnastudenthealth.com](http://www.aetnastudenthealth.com), click on “find my school’s plan” from the Member Quick Links and enter Columbia, then click on Columbia University Medical Center.

**For questions about:**

On-campus services

- Referrals to Community Providers

*Please contact:*

Student Health Services – Columbia University Medical Center 60 Haven Ave, Lobby Floor  
New York, NY 10032  
**(212) 305-3400 x1**

Health Services Summer hours of operation:

Monday and Tuesday: 8:00 am to 7:00 pm

Wednesday and Thursday: 8:00 am to 4:00 pm

Friday: 9:00 am to 4:00 pm

Winter hours of operation:

Monday through Thursday: 8:00 am to 7:00 pm

Friday: 9:00 am to 4:00 pm

**For questions about:**

- Status of Pharmacy Claim
- Pharmacy Claim Forms
- Excluded Drugs and Pre-Authorization

*Please contact:*

Aetna Pharmacy Management  
**(800) 238-6279** (Available 24 hours)

***For Preferred Pharmacy Locations:***

Use Aetna's online DocFind<sup>®</sup> service located at [www.aetnastudenthealth.com](http://www.aetnastudenthealth.com). Click on "Find Your School" and enter **812835** as your Policy Number. You can use DocFind to find out whether a specific Pharmacy belongs to Aetna's network or to find Preferred Pharmacies in your area.

**For questions about:**

- Provider Listings

*Please contact:*

Aetna Student Health **(877) 409-7366**

A complete list of providers can be found using Aetna's DocFind<sup>®</sup> Service at [www.aetnastudenthealth.com](http://www.aetnastudenthealth.com).

**For questions about:**

- On Call International 24/7 Emergency Travel Assistance Services

*Please contact:*

On Call International at **(866) 525-1956 (within U.S.)**.

If outside the U.S., call collect by dialing **the U.S. access code** plus **(603) 328-1956**. Please also visit [www.aetnastudenthealth.com](http://www.aetnastudenthealth.com) and visit your school-specific site for further information.

**For questions about:**

- Provider Listings

*Please contact:*

Aetna Student Health **(877) 409-7366**

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## UNIVERSITY HEALTH SERVICES

The Student Health Service at 60 Haven Avenue, Lobby Level, is Columbia University Medical Center's on-campus health facility. Staffed by physicians, physician assistants, and nurses, it is open:

### *Summer hours of operation*

Monday and Tuesday: 8:00 a.m. to 7:00 p.m. Wednesday and Thursday: 8:00 a.m. to 4:00 p.m.

Fridays: 9:00 a.m. to 4:00 p.m.

### *Winter hours of operation (August 17, 2011 – May 31, 2012)*

Monday through Thursday: 8:00 a.m. to 7:00 p.m.

Fridays: 9:00 a.m. to 4:00 p.m.

After-hours urgent medical advice is available at **212-305-3400, x7**.

For more information, call the Health Services at **(212) 305-3400, x1**. In the event of an emergency, call **911**.

## POLICY PERIOD

- Students:** Coverage for all insured students enrolled for the Fall Semester will become effective at 12:01 a.m. on **August 17, 2011**, and will terminate at 11:59 p.m. on **August 16, 2012**. Students experiencing certain life change events (available at <http://www.cumc.columbia.edu/student/health/insurance/enroll.html>) may be eligible under certain circumstances to waive coverage during the policy year.
- New Spring Semester Students:** Coverage for all new insured students enrolled for the Spring Semester will become effective at 12:01 a.m. on **January 15, 2012**, and will terminate at 11:59 p.m. on **August 16, 2012**.
- Covered Dependents:** Coverage will become effective on the same date the covered student's coverage becomes effective. Coverage for insured dependents terminates in accordance with the Termination provisions described in the Master Policy. Examples include, but are not limited to, the date the covered student's coverage terminates and the date the dependent no longer meets the definition of a dependent.

## RATES

	<b>Annual 8/17/11 – 8/16/12</b>	<b>Fall Semester 8/17/11 – 1/14/12</b>	<b>Spring Semester 1/15/12 – 8/16/12</b>
<b>Student</b>	<b>\$3,363</b>	<b>\$1,401</b>	<b>\$1,962</b>
<b>Spouse/Domestic Partner</b>	<b>\$5,118</b>	<b>\$2,133</b>	<b>\$2,985</b>
<b>Child(ren)</b>	<b>\$3,927</b>	<b>\$1,636</b>	<b>\$2,291</b>

Aetna compensates Columbia for certain administrative expenses associated with servicing the insurance plan (including certain personnel expenses incurred by the Health Services Insurance Office for providing services which customarily would be provided by Aetna Student Health).

In addition, based on aggregate claims experience, Aetna may issue a refund to Columbia to be applied toward future premiums.

## DEDUCTIBLES

The following Deductibles are applied before **Covered Medical Expenses** are payable:

### **Students:**

Preferred Care: **None**

Non-Preferred Care: **\$500** per Policy Year

### **Dependents:**

Preferred Care: **\$100** per Policy Year

Non-Preferred Care: **\$1,500** per Policy Year

## REFUND POLICY

If you withdraw from school within the **first 31 days** of a coverage period, you will not be covered under the Policy and the full premium will be refunded, less any claims paid. After **31 days**, you will be covered for the full period that you have paid the premium for, and no refund will be allowed. (This refund policy will not apply if you withdraw due to a covered Accident or Sickness.)

Exception: A Covered Person entering the armed forces of any country will not be covered under the Policy as of the date of such entry. In this case, a pro-rata refund of premium will be made for any such person and any covered dependents upon written request received by Aetna Student Health within **90 days** of withdrawal from school.

## COLUMBIA UNIVERSITY MEDICAL CENTER STUDENT ACCIDENT AND SICKNESS INSURANCE PLAN

This is a brief description of the Accident and Sickness Medical Expense benefits available for Columbia University Medical Center students and their eligible dependents. The plan is underwritten by Aetna Life Insurance Company (called Aetna). The exact provisions governing this insurance are contained in the Master Policy issued to the University and may be viewed at the University's Student Health Services office during business hours.

### Columbia University Medical Center Insurance Requirements

As a full-time student, Columbia University Medical Center requires that students carry a comprehensive health insurance policy. If a student has comparable coverage, he or she may waive participation in the school-sponsored Plan. Comparable coverage consists of the following criteria:

- Minimum of **\$500,000** lifetime benefits per Accident or illness
- Covers you nationally and overseas
- At least **70%** coverage of hospital fees
- If you are a clinical students, includes coverage for testing and medications for needlestick or other blood-borne pathogen exposures
- Inpatient hospitalization coverage of both mental health and substance abuse for a minimum of 30 days; outpatient coverage for mental health and substance abuse of at least **20 visits per year**
- Ability to obtain non-emergent care, emergency care and hospitalization within 50 miles
- Coverage extends for entire school year, including summers
- Insurance company has a US address, telephone number and claims processing unit
- Plan covers pre-existing conditions at time of CUMC enrollment
- The student must sign a statement of financial responsibility

### Financial Responsibility Statement

I have checked my policy coverage and have compared it to the waiver criteria outlined by Columbia University Medical Center. I understand that by granting my request for a waiver, Columbia has not reviewed the adequacy of my alternate coverage and takes no responsibility for determining whether or not my alternate insurance is adequate. I understand that CUMC's criteria have been established to minimize my risk of exorbitant medical costs.

Any student with active Medicaid Coverage may request a waiver of the University's insurance requirement. Waiver requests from students with New York State Medicaid will generally be approved. Students with Medicaid coverage from outside New York State may also request a waiver. Medicaid waiver requests are submitted to Elsa Caraballo, [eecl@columbia.edu](mailto:eecl@columbia.edu), 212-342-3953, and are evaluated on an individual basis. All other waiver requests are submitted online at <http://www.cumc.columbia.edu/student/health/insurancewaive.html>.

*When making their waiver decision, all Medicaid covered students should consider the gaps in coverage they may experience while attending the University, for instance, travel anywhere outside their home state or abroad. New York State Medicaid covered students may not be covered when traveling outside of the state. In addition, referral options for students on Medicaid needing specialists' care off campus may be limited. Students with Medicaid from outside New York State may not have health coverage outside of their state of residence and may need to return home for on-going treatment. Students with Medicaid who are interested in the student insurance plan may wish to address concerns about cost with their school's Financial Aid Office.*

## STUDENT COVERAGE

### *ELIGIBILITY*

- All full-time students (including Post-doctoral Fellows) and part-time students in any of the Medical Center Schools
- College of Physicians and Surgeons, including Occupational Therapy and Physical Therapy
- College of Dental Medicine
- Mailman School of Public Health
- School of Nursing
- Graduate School of Arts and Sciences (Basic Science, including Institute of Human Nutrition)
- Spouses or same-sex domestic partners, and
- Dependent children of Medical Center students are eligible to participate in the Student Health Insurance Plan.

Students must actively attend classes for at least the **first 31 days** after the date for which coverage is purchased. Part-time study, independent study, Internet classes and television (TV) courses may not fulfill the eligibility requirements that the covered student actively attends classes. If the eligibility requirements are not met, Aetna's only obligation is to refund the premium.

## ENROLLMENT/WAIVER PROCESS/PROCEDURE

### *To Waive Coverage*

You may elect to waive participation in the Student Health Insurance Plan by using Columbia University Medical Center's Online Waiver option. Visit CUMC's website at [www.cumc.columbia.edu/student/health/](http://www.cumc.columbia.edu/student/health/) and click on Insurance and Dental, then Waive.

Follow the prompts to decline insurance. You will be required to confirm proof of alternative coverage that meets the criteria as outlined above, including the financial responsibility statement.

**Please print and keep a copy of your acknowledgement of waiving from the SSOL site.** Occasionally there are questions about when a waiver was filed. The receipt is your proof of waiving.

The deadline to waive coverage is **September 30, 2011** (or **February 29, 2012** for Spring enrollees, **June 30, 2012** for Summer enrollees).

## DEPENDENT COVERAGE

### *ELIGIBILITY*

Covered students may also enroll their lawful spouse, domestic partners and dependent children **under age 26**.

For dependent enrollment, please visit the Student Health Service website at [www.cumc.columbia.edu/student/health](http://www.cumc.columbia.edu/student/health). Click on Forms and download the Dependent Application under Insurance and submit it to the Student Health Service Insurance Associate at 60 Haven Avenue, Suite 3E to complete the enrollment process.

The deadline to enroll dependents is **September 30, 2011** (or **February 29, 2012** for Spring enrollees, **June 30, 2012** for Summer enrollees).

### *NEWBORN INFANT AND ADOPTED CHILD COVERAGE*

A child born to a Covered Person shall be covered for Accident, Sickness, and congenital defects, for **31 days** from the date of birth. At the end of this **31 day period**, coverage will cease under the Columbia University Medical Center Student Health Insurance Plan. To extend coverage for a newborn past the 31 days, the Covered Student must: 1) enroll the child within 31 days of birth, and 2) pay the additional premium, starting from the date of birth.

Coverage is provided for a child legally placed for adoption with a Covered Student for **31 days** from the moment of placement provided the child lives in the household of the Covered Student, and is dependent upon the Covered Student for support. To extend coverage for an adopted child past the **31 days**, the Covered Student must 1) enroll the child within **31 days** of placement of such child, and 2) pay any additional premium, if necessary, starting from the date of placement.

### **Part-Time Student and Post-Doctoral Fellow Enrollment**

**Part-time students** should visit the Student Health Service website at [www.cumc.columbia.edu/student/health](http://www.cumc.columbia.edu/student/health). Click on Forms and download the appropriate application under Insurance. Part-time students then submit the application to the Enrollment Associate at 60 Haven Avenue, Suite 3E, to complete the enrollment process. The deadline to enroll for part-time students is **September 30, 2011** (or **February 29, 2012** for Spring enrollees, **June 30, 2012** for Summer enrollees).

**Post-doctoral fellows** enroll when they enter Columbia. An insurance enrollment form (downloaded from the website as above) is completed by both the fellow and departmental administrator. The fellow then submits the application directly to the Student Health Service (Suite 3E, 60 Haven Avenue) for enrollment, charge and account verification. At that time the fellow is given informational brochures about the insurance and the SHS.

### **PRE-EXISTING CONDITIONS/CONTINUOUSLY INSURED PROVISIONS**

This Plan does not exclude Pre-Existing Conditions and does not require that students demonstrate previous continuous insurance for such conditions.

### **Late Enrollment**

Under certain circumstances, coverage for late enrollees may be possible. Contact Student Health Services for details.

### **PREFERRED PROVIDER NETWORK**

Aetna Student Health has arranged for you to access a Preferred Provider Network in your local community. Acute care facilities and mental health networks are available nationally if you require hospitalization outside the immediate area of the Columbia University Medical Center campus.

To maximize your savings and reduce your out-of-pocket expenses, select a Preferred Provider\*. It is to your advantage to use a Preferred Provider because savings may be achieved from the Negotiated Charges these providers have agreed to accept as payment for their services.

You may obtain information regarding Preferred Providers by contacting Aetna Student Health at **(877) 409-7366**, or through the Internet by accessing DocFind at [www.aetnastudenthealth.com](http://www.aetnastudenthealth.com).

1. Click on "Enter DocFind"
2. Select zip code, city, or county
3. Enter criteria
4. Select Provider Category
5. Select Provider Type
6. Select Plan Type – Student Health Plans
7. Select "Start Search" or "More Options"
8. "More Options" enter criteria and "Search"

***\*Preferred providers are independent contractors and are neither employees nor agents of Aetna Life Insurance Company, Chickering Claims Administrators, Inc. or their affiliates. Neither Aetna Life Insurance Company, Chickering Claims Administrators, Inc. nor their affiliates provide medical care or treatment and they are not responsible for outcomes. The availability of a particular provider(s) cannot be guaranteed and network composition is subject to change.***

## REFERRAL REQUIREMENTS

If you are enrolled in the Student Health Insurance Plan, the Columbia University Medical Center Student Health Service (SHS) serves as your source of primary care. Seeking care there first will reduce your out-of-pocket expenses, since no copayment is required. Referrals are required for most care outside the SHS (see exceptions below), including follow-up specialist visits recommended by an emergency room clinician. Failure to obtain a referral will result in nonpayment of benefits afforded through the Plan. Students that have graduated and remain on the insurance plan will continue to need a referral if they reside within 50 miles of the University.

You are required to obtain a referral at the beginning of each policy year. Failure to obtain a referral for all treatment including continuing treatment at the beginning of each policy year will result in the non-payment of benefits. Please Note - Students receiving continuing Mental Health services will not be required to obtain a new referral each policy year.

A Health Services referral is not required for the following conditions only:

- Dependents under the age of 18 do not require a referral from the health center.
- An Emergency Medical Condition as defined in the Definitions section of this Brochure; however, you must return to the SHS for any necessary follow-up care, or for a referral to a specialist for follow-up care
- Routine Gynecological care
- Maternity care
- Elective termination of pregnancy
- One annual routine Pap smear screening, including the office visit, for women age 18 and older
- Students receiving services outside the Metropolitan New York area as defined by 50 miles away from campus
- Care obtained out of the country

## INPATIENT PRE-CERTIFICATION PROGRAM

Pre-admission certification is designed to help you receive quality, cost-effective medical care.

- All inpatient admissions, including length of stay, must be certified by contacting Aetna Student Health.
- Pre-Certification does not guarantee the payment of benefits for your inpatient admission. Each claim is subject to medical policy review in accordance with the exclusions and limitations contained in the Policy as well as a review of eligibility, adherence to notification guidelines, and benefit coverage under the Student Health Insurance Plan.
- If you do not secure Pre-Certification for non-emergency inpatient admissions or provide notification for emergency admissions, your **Covered Medical Expenses** will be subject to a **\$200** per admission Deductible.

### *Pre-Certification of Non-Emergency Inpatient Admissions*

The patient, Physician, or hospital must telephone at least three business days prior to the planned admission.

### *Notification of Emergency Admissions*

The patient, patient's representative, Physician, or hospital must telephone within one business day following admission.

Aetna Student Health

Attention: Managed Care Dept.

P.O. Box 981106

El Paso, TX 79998

**(877) 409-7366**

Hours: Monday through Friday: 8:30 a.m. to 5:30 p.m. (ET)

## DESCRIPTION OF BENEFITS

**Please Note:**

The Columbia University Medical Center Student Health Insurance Plan may not cover all of your health care expenses. The Plan excludes coverage for certain services and contains limitations on the amounts it will pay. Please read the Columbia University Medical Center Student Health Insurance Plan Brochure carefully before deciding whether this Plan is right for you. While this document will tell you about some of the important features of the Plan, other features may be important to you and some may further limit what the Plan will pay. If you want to look at the full Plan description, which is contained in the Master Policy issued to Columbia University Medical Center, you may view it at Student Health Services office or you may contact Aetna Student Health at (877) 409-7366.

This Plan will never pay more than \$1,000,000 for any one covered Accident or Sickness per lifetime for a covered student. This Plan will never pay more than \$750,000 per lifetime for a covered dependent. Additional Plan maximums may also apply. Some illnesses may cost more to treat and health care providers may bill you for what the Plan does not cover.

Subject to the terms of the Policy, benefits are available for you and your eligible dependents only for the coverages listed below, and only up to the maximum amounts shown. Please refer to the Policy for a complete description of the benefits available.

### SUMMARY OF BENEFITS CHART

**DEDUCTIBLES**

The following Deductibles are applied before **Covered Medical Expenses** are payable:

- Student:** Preferred Care: None  
Non-Preferred Care: \$500 per covered person  
**Dependent:** Preferred Care: \$100 per covered person  
Non-Preferred Care: \$1,500 per covered person

**COINSURANCE**

**Covered Medical Expenses** are payable at the coinsurance percentage specified below, after any applicable deductible, up to a maximum benefit of **\$1,000,000 per condition per lifetime for students; and \$750,000 per lifetime for dependents.**

**OUT-OF-POCKET MAXIMUMS**

Once the Individual or Family **Out-of-Pocket Limit** has been satisfied, **Covered Medical Expenses** will be payable at **100%** for the remainder of the Policy Year, up to any benefit maximum that may apply.

- Student:** Preferred Care Out-of-Pocket: \$5,000  
Non-Preferred Care Out-of-Pocket: \$5,000  
**Dependent:** Preferred Care Out-of-Pocket: \$5,000  
Non-Preferred Care Out-of-Pocket: \$5,000

**All coverage is based on Recognized Charges unless otherwise specified.**

### Inpatient Hospitalization Benefits

Hospital Room and Board Expense	<b>Covered Medical Expenses</b> are payable as follows: <u>Preferred Care:</u> 100% of the Negotiated Charge following a \$500 Copay per admission. <u>Non-Preferred Care:</u> 70% of the Recognized Charge for a semi-private room following a \$500 Deductible per admission.
Intensive Care Unit Expense	<b>Covered Medical Expenses</b> are payable as follows: <u>Preferred Care:</u> 100% of the Negotiated Charge following a \$500 Copay per admission. <u>Non-Preferred Care:</u> 70% of the Recognized Charge for the Intensive Care Room Rate for an overnight stay following a \$500 Deductible per admission.

Miscellaneous Hospital Expense	<p><b>Covered Medical Expenses</b> include, but are not limited to: laboratory tests, X-rays, surgical dressings, anesthesia, supplies and equipment use, and medicines.</p> <p>Benefits are payable as follows:  <u>Preferred Care: 100%</u> of the Negotiated Charge.  <u>Non-Preferred Care: 70%</u> of the Recognized Charge.</p>
Physician Hospital Visit/Consultation Expenses	<p><b>Covered Medical Expenses</b> for charges for the non-surgical services of the attending physician, or a consulting Physician, are payable as follows:  <u>Preferred Care: 100%</u> of the Negotiated Charge.  <u>Non-Preferred Care: 70%</u> of the Recognized Charge.</p>
Licensed Nurse Expense	<p>Benefits include charges incurred by a covered person who is confined in a hospital as a resident bed-patient, and requires the services of a registered nurse or licensed practical nurse.</p> <p><b>Covered Expenses</b> for a Licensed Nurse are covered as follows:  <u>Preferred Care: 100%</u> of the Negotiated Charge.  <u>Non-Preferred Care: 70%</u> of the Recognized Charge.</p>

<b>Surgical Benefits (Inpatient)</b>	
Surgical Expense	<p><b>Covered Medical Expenses</b> for charges for surgical services, performed by a Physician, are payable as follows:  <u>Preferred Care: 100%</u> of the Negotiated Charge.  <u>Non-Preferred Care: 70%</u> of the Recognized Charge.</p>
Anesthesia and Assistant Surgeon Expense	<p><b>Covered Medical Expenses</b> for the charges of Anesthesia and an assistant surgeon, during a surgical procedure, are payable as follows:  <u>Preferred Care: 100%</u> of the Negotiated Charge.  <u>Non-Preferred Care: 70%</u> of the Recognized Charge.</p>

<b>Surgical Benefits (Outpatient)</b>	
Surgical Expense	<p><b>Covered Medical Expenses</b> for charges for surgical services, performed by a Physician, are payable as follows:  <u>Preferred Care: 100%</u> of the Negotiated Charge.  <u>Non-Preferred Care: 70%</u> of the Recognized Charge.</p>
Anesthesia and Assistant Surgeon Expense	<p><b>Covered Medical Expenses</b> for the charges of Anesthesia and an assistant surgeon, during a surgical procedure, are payable as follows:  <u>Preferred Care: 100%</u> of the Negotiated Charge.  <u>Non-Preferred Care: 70%</u> of the Recognized Charge.</p>
Ambulatory Surgical Expense	<p>Benefits are payable for <b>Covered Medical Expenses</b> incurred by a covered person for expenses incurred for outpatient surgery performed in a hospital outpatient surgery department or in an ambulatory surgical center. <b>Covered Medical Expenses</b> must be incurred on the day of the surgery or within 48 hours after the surgery.</p> <p><u>Preferred Care: 100%</u> of the Negotiated Charge.  <u>Non-Preferred Care: 70%</u> of the Recognized Charge.</p>

<b>Outpatient Benefits</b>	
<b>Covered Medical Expenses</b> include but are not limited to: Physician's office visits, hospital or outpatient department or emergency room visits, durable medical equipment, clinical lab, or radiological facility.	
Emergency Room Expense	<p><b>Covered Medical Expenses</b> incurred for treatment of an Emergency Medical Condition are payable as follows:</p> <p><u>Preferred Care</u>: After a <b>\$50</b> Copay (waived if admitted), <b>100%</b> of the Negotiated Charge.</p> <p><u>Non-Preferred Care</u>: After a <b>\$50</b> Deductible (waived if admitted), <b>100%</b> of the Recognized Charge.</p> <p><i>Please note: this per visit Deductible does not apply towards meeting the annual Deductible.</i></p>
Urgent Care Expense	<p><i>Benefits include charges for treatment by an urgent care provider.</i></p> <p><b>Please note: A covered person should not seek medical care or treatment from an urgent care provider if their illness, injury, or condition, is an emergency condition. The covered person should go directly to the emergency room of a hospital or call 911 for ambulance and medical assistance.</b></p> <p><b>Urgent Care</b> Benefits include charges for an urgent care provider to evaluate and treat an urgent condition.</p> <p><b>Covered Medical Expenses</b> for urgent care treatment are payable as follows:  <u>Preferred Care</u>: After a <b>\$20 per visit</b> Copay, <b>100%</b> of the Negotiated Charge.  <u>Non-Preferred Care</u>: <b>70%</b> of the Recognized Charge.</p> <p>Benefits are limited to <b>40</b> visits per condition, per Policy Year.</p> <p><i>No benefit will be paid under any other part of this Plan for charges made by an urgent care provider to treat a non-urgent condition.</i></p> <p>Non-urgent care includes, but is not limited to, the following:</p> <ul style="list-style-type: none"> <li>• routine or preventive care (this includes immunizations),</li> <li>• follow-up care,</li> <li>• physical therapy,</li> <li>• elective surgical procedures, and</li> <li>• any lab and radiologic exams which are not related to the treatment of the urgent condition.</li> </ul>
Ambulance Expense	<p><b>Covered Medical Expenses</b> are payable as follows:  <b>80%</b> of the Actual Charge for the services of a professional ambulance to or from a hospital, when required due to the emergency nature of a covered Accident or Sickness.</p>
Pre-Admission Testing Expense	<p><b>Covered Medical Expenses</b> for Pre-Admission testing charges while an outpatient before scheduled surgery are payable as follows:  <u>Preferred Care</u>: <b>100%</b> of the Negotiated Charge.  <u>Non-Preferred Care</u>: <b>70%</b> of the Recognized Charge.</p>
Physician's Office Visits	<p><b>Covered Medical Expenses</b> are payable as follows:  <u>Preferred Care</u>: After a <b>\$20</b> per visit Copay, <b>100%</b> of the Negotiated Charge.  <u>Non-Preferred Care</u>: <b>70%</b> of the Recognized Charge.</p> <p>Benefits are limited to <b>40</b> visits per condition, per Policy Year.</p>

Laboratory and X-ray Expense	<p><b>Covered Medical Expenses</b> are payable as follows:  <u>Preferred Care:</u> <b>100%</b> of the Negotiated Charge.  <u>Non-Preferred Care:</u> <b>70%</b> of the Recognized Charge.</p>
Chemotherapy Expense	<p><b>Covered Medical Expenses</b> for chemotherapy, including anti-nausea drugs used in conjunction with the chemotherapy, radiation therapy, tests and procedures, physiotherapy (for rehabilitation only after a surgery), and expenses incurred at a radiological facility.</p> <p><b>Covered Medical Expenses</b> also include expenses for the administration of chemotherapy and visits by a health care professional to administer the chemotherapy. Such expenses are payable as follows:  <u>Preferred Care:</u> After a <b>\$20</b> per visit Copay <b>100%</b> of the Negotiated Charge.  <u>Non-Preferred Care:</u> <b>70%</b> of the Recognized Charge.</p>
Durable Medical Equipment Expense	<p><b>Covered Medical Expenses</b> are payable as follows:  <u>Preferred Care:</u> <b>90%</b> of the Negotiated Charge.  <u>Non-Preferred Care:</u> <b>60%</b> of the Recognized Charge.</p>
Prosthetic Devices Expense	<p>Benefits include charges for: artificial limbs, or eyes, and other non-dental prosthetic devices, as a result of an accident or sickness.</p> <p><b>Covered Medical Expenses</b> do <b>not</b> include: eye exams, eyeglasses, vision aids, hearing aids, communication aids, and orthopedic shoes, foot orthotics, or other devices to support the feet.</p> <p><b>Covered Medical Expenses</b> are payable as any other illness.</p>
Outpatient Physical Therapy Expense	<p><b>Covered Medical Expenses</b> for physical therapy are payable as follows when provided by a licensed physical therapist.</p> <p><u>Preferred Care:</u> After a <b>\$20</b> per visit Copay, <b>100%</b> of the Negotiated Charge.  <u>Non-Preferred Care:</u> <b>70%</b> of the Recognized Charge.</p> <p>Benefits are limited to <b>40</b> visits per condition, per Policy Year.</p>
Dental Injury Expense	<p><b>Covered Medical Expenses</b> include dental work, surgery, and orthodontic treatment needed to remove, repair, replace, restore, or reposition:</p> <ul style="list-style-type: none"> <li>• Natural teeth damaged, lost, or removed, or</li> <li>• Other body tissues of the mouth fractured or cut due to injury. The accident causing the injury must occur while the person is covered under this Plan.</li> </ul> <p>Any such teeth must have been:</p> <ul style="list-style-type: none"> <li>• Free from decay, or</li> <li>• In good repair, and</li> <li>• Firmly attached to the jawbone at the time of the injury.</li> </ul> <p>If:</p> <ul style="list-style-type: none"> <li>• Crowns (caps), or</li> <li>• Dentures (false teeth), or</li> <li>• Bridgework, or</li> <li>• In-mouth appliances, are installed due to such injury,</li> </ul> <p><b>Covered Medical Expenses</b> include only charges for:</p> <ul style="list-style-type: none"> <li>• The first denture or fixed bridgework to replace lost teeth,</li> <li>• The first crown needed to repair each damaged tooth, and</li> </ul>

<p>Dental Injury Expense (continued)</p>	<ul style="list-style-type: none"> <li>An in-mouth appliance used in the first course of orthodontic treatment after the injury.</li> </ul> <p>Surgery needed to:</p> <ul style="list-style-type: none"> <li>Treat a fracture, dislocation, or wound.</li> <li>Cut out cysts, tumors, or other diseased tissues.</li> <li>Alter the jaw, jaw joints, or bite relationships by a cutting procedure when appliance therapy alone cannot result in functional improvement.</li> </ul> <p>Non-surgical treatment of infections or diseases. This does not include those of, or related to, the teeth.</p> <p><b>Covered Medical Expenses</b> are payable as follows:  <b>80% of Actual Charge.</b></p>
<p>Impacted Wisdom Teeth Expense</p>	<p><b>Covered Medical Expenses</b> for removal of one or more impacted wisdom teeth are payable as follows:  <b>80% of Actual Charge.</b></p>
<p>Allergy Testing and Treatment Expense</p>	<p>Benefits include charges incurred for diagnostic testing and treatment of allergies and immunology services.</p> <p><b>Covered Medical Expenses</b> include, but are not limited to, charges for the following:</p> <ul style="list-style-type: none"> <li>laboratory tests,</li> <li>physician office visits, including visits to administer injections,</li> <li>prescribed medications for testing and treatment of the allergy, including any equipment used in the administration of prescribed medication, and</li> <li>other medically necessary supplies and services,</li> </ul> <p><b>Covered Medical Expenses</b> are payable as any other expense.</p>
<p>Diagnostic Testing for Attention Disorders and Learning Disabilities Expense</p>	<p><b>Covered Medical Expenses</b> for diagnostic testing for:</p> <ul style="list-style-type: none"> <li>attention deficit disorder, or</li> <li>attention deficit hyperactive disorder</li> </ul> <p>are payable as follows:</p> <p><u>Preferred Care: 100% of the Negotiated Charge</u>  <u>Non-Preferred Care: 70% of the Recognized Charge.</u></p> <p>Once a covered person has been diagnosed with one of these conditions, medical treatment will be payable as detailed under the outpatient Treatment of Mental and Nervous Disorders portion of this Plan.</p>
<p>Musculoskeletal/Chiropractic Therapy Expense</p>	<p><b>Covered Medical Expenses</b> include charges for Musculoskeletal Therapy provided on an outpatient basis.</p> <p>For purposes of this benefit; “Musculoskeletal Therapy” means the diagnosis; and treatment; by manual or mechanical means; of the musculoskeletal structure; due to lack of normal nerve; muscle; and /or joint function; following an injury.</p> <p>Benefits for chiropractic care will be paid on the same basis as those payable for care or services provided by other health professionals in the diagnosis, treatment and management of the same or similar conditions, injuries, complaints, disorders or ailments.</p>

<p>Routine Physical Exam Expense</p>	<p>Benefits include expenses for a routine physical exam performed by a physician. If charges for a routine physical exam given to a child who is a covered dependent are covered under any other benefit section, those charges will not be covered under this section.</p> <p>A routine physical exam is a medical exam given by a physician, for a reason other than to diagnose or treat a suspected or identified injury or sickness. Included as a part of the exam are: X-rays, lab, and other tests given in connection with the exam.</p> <p><u>Preferred Care:</u> <b>100%</b> of the Negotiated Charge after a per visit Copay of <b>\$20</b>.  <u>Non-Preferred Care:</u> <b>70%</b> of the Recognized Charge.</p>
<p>Well Baby Care Expense</p>	<p>For a <b>child</b> who is a covered dependent:  The physical exam must include at least:</p> <ul style="list-style-type: none"> <li>• A review and written record of the patient’s complete medical history,</li> <li>• A check of all body systems, and</li> <li>• A review and discussion of the exam results with the patient or with the parent or guardian.</li> </ul> <p>For all exams given to covered dependent <b>under age 2</b>, <b>Covered Medical Expenses</b> will <b>not include</b> charges for the following:</p> <ul style="list-style-type: none"> <li>• <b>More than 6</b> exams performed during the first year of the child’s life,</li> <li>• <b>More than 2</b> exams performed during the second year of the child’s life.</li> </ul> <p>For all exams given to a covered dependent from <b>age 2 up to age 6</b>, <b>Covered Medical Expenses</b> will <b>not include</b> charges for <b>more than</b> one exam in <b>12 months</b> in a row.</p> <p>For all exams given to a covered dependent from <b>age 6 and over</b>, <b>Covered Medical Expenses</b> will <b>not include</b> charges for <b>more than</b> one exam in 24 months in a row.</p> <p>For all exams given to a covered student or a spouse who is a covered dependent, <b>Covered Medical Expenses</b> will <b>not include</b> charges for <b>more than</b>:</p> <ul style="list-style-type: none"> <li>• One exam in 24 months in a row, if the person is under age 65, and</li> <li>• One exam in 12 months in a row, if the person is age 65 or over.</li> </ul> <p>Also included as <b>Covered Medical Expenses</b> are charges made by a physician for one annual routine gynecological exam.</p> <p>A referral is not required for this benefit.</p> <p>Benefits include charges for routine preventive and primary care services, rendered to a covered dependent child on an outpatient basis.</p> <p><b>Routine preventive and primary care</b> services are services rendered to a covered dependent child, from the date of birth through the attainment of <b>two (2)</b> years of age. Services include: initial hospital check-ups, other hospital visits, physical examinations, including routine hearing and vision examinations, medical history, developmental assessments, and materials for the administration of appropriate and necessary immunizations and laboratory tests, when given in accordance with the prevailing clinical standards of the American Academy of Pediatrics.</p> <p><b>Covered Medical Expenses</b> are payable on the same basis as any other condition.</p>

Immunizations Expense	<p><b>Covered Medical Expenses</b> include: charges incurred by a covered student and dependent spouse for the materials for the administration of appropriate and <b>medically necessary</b> immunizations, and testing for tuberculosis.</p> <p><u>Preferred Care:</u> After a <b>\$20</b> Copay, <b>100%</b> of the Negotiated Charge.</p> <p><u>Non-Preferred Care:</u> <b>70%</b> of the Recognized Charge.</p>
Consultant or Specialist Expense	<p><b>Covered Medical Expenses</b> include the expenses for the services of a consultant or specialist, when referred by the School Health Services. The services must be requested by the attending physician for the purpose of confirming or determining to confirm or determine a diagnosis.</p> <p>Benefits are payable as follows:</p> <p><u>Preferred Care:</u> After a <b>\$20</b> per visit Copay, <b>100%</b> of the Negotiated Charge.</p> <p><u>Non-Preferred Care:</u> <b>70%</b> of the Recognized Charge.</p> <p>Benefits are limited to <b>40</b> visits per condition, per Policy Year.</p>

<b>Treatment of Mental and Nervous Disorders</b>	
Biologically based Mental Illness and for Children with Serious Emotional Disturbances	<p>“Biologically Based Mental Illness” means a mental, nervous or emotional condition that is caused by a biological disorder of the brain and results in a clinically significant, psychological syndrome or pattern that substantially limits the functioning of the person with the illness. Such biologically based mental illnesses are defined as schizophrenia/psychotic disorders, major depression, bipolar disorder, delusional disorders, panic disorder, obsessive-compulsive disorder, bulimia and anorexia.</p> <p>“Children with Serious Emotional Disturbances” means: persons under the age of eighteen years who have diagnoses of attention deficit disorders, disruptive behavior disorders, or pervasive development disorders, and where there are one or more of the following:</p> <ul style="list-style-type: none"> <li>• Serious suicidal symptoms or other life-threatening self-destructive behaviors;</li> <li>• Significant psychotic symptoms (hallucinations, delusion, bizarre behaviors);</li> <li>• Behavior caused by emotional disturbances that placed the child at risk of causing personal injury or significant property damage; or</li> <li>• Behavior caused by emotional disturbances that placed the child at substantial risk of removal from the household.</li> </ul> <p><b>Inpatient</b>  <b>Covered Medical Expenses</b> include expenses incurred by a <b>covered person</b> while confined as a full-time inpatient in a <b>hospital</b> or <b>residential treatment facility</b> for the treatment of Biologically based Mental Illness or Children with Serious Emotional Disturbances. These expenses are covered on the same basis as inpatient treatment for any <b>sickness</b>.  <i>Includes the charges made for treatment received during partial hospitalization or intensive outpatient in a hospital or treatment facility. Prior review and approval must be obtained on a case-by-case basis. When approved, benefits will be payable in place of an inpatient admission, whereby 2 days of partial hospitalization or intensive outpatient treatment may be exchanged for 1 day of full hospitalization.</i></p> <p><b>Outpatient</b>  <b>Covered Medical Expenses</b> include expenses while a <b>covered person</b> is not confined as a full-time inpatient in a <b>hospital</b>, for the treatment of Biologically based Mental Illness or Children with Serious Emotional Disturbances. These expenses are covered on the same basis as outpatient treatment for any <b>sickness</b>.  <b>Not Covered are Charges for Services:</b></p> <ul style="list-style-type: none"> <li>• While incarcerated, confined or committed to a local correctional facility or a prison, or a custodial facility for youth.</li> <li>• Provided solely because such services are ordered by a court.</li> <li>• Deemed to be cosmetic in nature.</li> </ul>

<p>Other than Biologically based Mental Illness and Children with Serious Emotional Disturbances</p>	<p><b>Inpatient Benefits</b>  <b>Covered Medical Expenses</b> include expenses incurred by a <b>covered person</b> while confined as a full-time inpatient in a <b>hospital</b> or <b>residential treatment facility</b> for the treatment of Mental Illness other than Biologically based Mental Illness or Children with Serious Emotional Disturbances. Benefits are payable on the same basis as any other sickness.</p> <p>Inpatient benefits are payable up to a maximum of <b>30 days</b> per Policy Year.</p> <p>Days of inpatient confinement for treatment of Biologically based Mental illness and Children with Serious Emotional Disturbances will count against and reduce this maximum.  <i>Includes the charges made for treatment received during partial hospitalization or intensive outpatient in a hospital or treatment facility. Prior review and approval must be obtained on a case-by-case basis. When approved, benefits will be payable in place of an inpatient admission, whereby 2 days of partial hospitalization or intensive outpatient treatment may be exchanged for 1 day of full hospitalization.</i></p> <p><b>Outpatient Treatment</b>  <b>Covered Medical Expenses</b> include expenses while a <b>covered person</b> is not confined as a fulltime inpatient in a <b>hospital</b>, for the treatment of Mental Illness other than Biologically based Mental Illness or Children with Serious Emotional Disturbances. Benefits are payable on the same basis as any other outpatient specialist office visit benefit.</p> <p>Outpatient treatment is covered up to a maximum of <b>40 visits</b> per Policy Year.  Visits for outpatient treatment of Biologically based Mental illness and Children with Serious Emotional Disturbances will count against and reduce this maximum.</p> <p><b>Not Covered are Charges for Services:</b>  While incarcerated, confined or committed to a local correctional facility or a prison, or a custodial facility for youth. Provided solely because such services are ordered by a court.</p> <p>Deemed to be cosmetic in nature.</p>
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<b>Substance Abuse Benefits</b>	
<p>Inpatient Expense</p>	<p><b>Covered Medical Expenses</b> include the treatment of a substance abuse condition while confined as an inpatient in a hospital or facility licensed for such treatment.</p> <p><b>Covered Medical Expenses</b> also include the charges made for treatment received during partial hospitalization in a hospital or treatment facility. Prior review and approval must be obtained on a case-by-case basis by contacting Aetna Student Health. When approved, benefits will be payable in place of an inpatient admission, whereby 2 days of partial hospitalization may be exchanged for 1 day of full hospitalization.</p> <p>Benefits are payable as follows:  <u>Preferred Care:</u> <b>100%</b> of the Negotiated Charge, following a <b>\$500</b> Copay per admission.  <u>Non-Preferred Care:</u> <b>70%</b> of the Recognized Charge, following a <b>\$500</b> Deductible per admission.</p> <p>Benefits will include 7 inpatient days for detoxification in any calendar year and 30 inpatient days for rehabilitation in any calendar year.</p>
<p>Outpatient Expense</p>	<p><b>Covered Medical Expenses</b> for outpatient diagnosis and treatment of a substance abuse condition are payable as follows:  <u>Preferred Care:</u> <b>100%</b> of the Negotiated Charge.  <u>Non-Preferred Care:</u> <b>70%</b> of the Recognized Charge.</p> <p>Benefits are limited to <b>60</b> visits per Policy Year, <b>20</b> of which may be used for family counseling.</p>

<b>Maternity Benefits</b>	
Maternity Expense	<p><b>Covered Medical Expenses</b> include inpatient care of the covered person and any newborn child for a minimum of <b>48 hours</b> after a vaginal delivery and for a minimum of <b>96 hours</b> after a cesarean delivery.</p> <p>Any decision to shorten such minimum coverages shall be made by the attending Physician, in consultation with the mother. In such cases, <b>covered medical expenses</b> may include at least one home care visit. This home care visit may be requested at any time within <b>48 hours</b> of the time of a vaginal delivery, or within <b>96 hours</b> of a delivery, and shall be delivered within <b>24 hours</b> after discharge, or <b>24 hours</b> of the mother's request; whichever is later.</p> <p>The home care visit will not be subject to any deductible, copay or insurance.</p> <p><b>Covered Medical Expenses</b> for maternity care also include:</p> <ul style="list-style-type: none"> <li>• Parent education</li> <li>• Assistance and training in breast or bottle feeding and,</li> <li>• The performance of any necessary maternal and newborn clinical assessments.</li> </ul> <p>A referral is not required for this benefit.</p> <p>Global Maternity Care is payable as follows:  Following a <b>\$100</b> Copay/Deductible per condition,  <u>Preferred Care: 80%</u> of the Negotiated Charge.  <u>Non-Preferred Care: 50%</u> of the Recognized Charge.</p> <p><b>Covered Medical Expenses</b> for pregnancy, childbirth, and complications of pregnancy are payable on the same basis as any other sickness.</p> <p><b>Covered Medical Expenses</b> include services of a licensed midwife unless those services duplicate the services already provided by the covered person's physician.</p> <p>During the initial 48 or 96 hours, no pre-certification is required for the mother, or her newly born child. Pre-certification is required, after the 48, or 96 hours.</p> <p><b>Covered Medical Expenses</b> include coverage for blood lead testing for prenatal/maternity care.</p>
Well Newborn Nursery Care Expense	<p>Benefits include charges for routine care of a covered person's newborn child as follows:</p> <ul style="list-style-type: none"> <li>• hospital charges for routine nursery care during the mother's confinement, but for not more than four days for a normal delivery,</li> <li>• physician's charges for circumcision, and</li> <li>• physician's charges for visits to the newborn child in the hospital and consultations, but for not more than <b>1 visit per day</b>.</li> </ul> <p><b>Covered Medical Expenses</b> are payable as any other expense.</p>

<b>Additional Benefits</b>	
Prescription Drug Benefit	<p>Prescription Drug Benefits are payable as follows:  <u>Preferred Care Pharmacy</u>: <b>100%</b> following a <b>\$35</b> Copay for each Brand Name Prescription Drug or a <b>\$15</b> Copay for each Generic Prescription Drug.  <u>Non-Preferred Care Pharmacy</u>: <b>70%</b> following a <b>\$35</b> Deductible for each Brand Name Prescription or a <b>\$15</b> Deductible for each Generic Prescription Drug.</p> <p><b>Covered Medical Expenses</b> are payable up to the Plan aggregate maximum.</p> <p>This Pharmacy benefit is provided to cover Medically Necessary Prescriptions associated with a covered Sickness or Accident occurring during the Policy Year. Please use your Aetna Student Health ID card when obtaining your prescriptions.</p> <p>Prior Authorization is required for certain Prescription Drugs, including growth hormones and drugs which are used for the treatment of Malaria. <i>(This is only a partial list.)</i></p> <p>Medications not covered by this benefit include, but are not limited to: drugs whose sole purpose is to promote or to stimulate hair growth, appetite suppressants, smoking deterrents, immunization agents and vaccines, and non-self injectables. <i>(This is only a partial list.)</i></p> <p>For assistance or for a complete list of excluded medications, or drugs requiring prior authorization, please contact Aetna Pharmacy Management at <b>(800) 238-6279</b> (available 24 hours).</p> <p>Prescription coverage includes prescribed drugs that are not approved for a certain type of cancer providing if recognized in one of the established reference compendia. Aetna Specialty Pharmacy provides specialty medications and support to members living with chronic conditions. The medications offered may be injected, infused or taken by mouth. For additional information please go to <a href="http://www.AetnaSpecialtyRx.com">www.AetnaSpecialtyRx.com</a>.</p>
Diabetic Treatment and Supplies Expenses	<p><b>Covered Medical Expenses</b> include expenses incurred in connection with the treatment of diabetes, including diabetic testing supplies and equipment, including:</p> <p>Blood glucose monitors (including monitors for the legally blind), data management systems, test strips; insulin injecting aids, cartridges for the legally blind, syringes, insulin pumps and appurtenances, insulin infusion devices and oral agents for controlling blood sugar.</p> <p>Benefits are payable as any Sickness.</p> <p><b>Please note: Covered Medical Expenses</b> for Diabetic supplies that are paid under the Prescription Drug Benefit will have no more than a <b>\$20</b> copay (for a preferred Pharmacy).</p>
Diabetic Self-Management Education Expense	<p><b>Covered Medical Expenses</b> will include training designed to instruct a person in the self-management of diabetes. It may include training in self-care or diet. Such education may be provided in a group setting, and when medically necessary, diabetic self-management education shall also include home visits.</p> <p>Benefits for Self-Management Education and Home Health Care are payable as any Sickness.</p>

<p>Non Prescription Enteral Formula Expense</p>	<p>Benefits include charges incurred by a covered person for non-prescription enteral formulas, for which a physician has issued a written order, and are for the treatment of malabsorption caused by:</p> <ul style="list-style-type: none"> <li>• Crohn’s Disease,</li> <li>• ulcerative colitis,</li> <li>• gastroesophageal reflux,</li> <li>• gastrointestinal motility,</li> <li>• chronic intestinal pseudoobstruction, and</li> <li>• inherited diseases of amino acids and organic acids.</li> </ul> <p><b>Covered Medical Expenses</b> for inherited diseases of amino acids and organic acids, will also include food products modified to be low protein.</p> <p><b>Covered Medical Expenses</b> are payable as follows:  <u>Preferred Care: 100%</u> of the Negotiated Charge.  <u>Non-Preferred Care: 70%</u> of the Recognized Charge.</p> <p>Modified solid food products (MFSP) that are low in protein are covered up to the maximum of <b>\$2,500</b> per Covered Person, per Policy Year.</p>
<p>Temporomandibular Joint Dysfunction (TMJ)</p>	<p><b>Covered Medical Expenses</b> include charges incurred; by a covered person; for surgical and non-surgical treatment of Temporomandibular Joint (TMJ) Dysfunction; when the TMJ disorder is medical in origin.</p> <p>Benefits are payable on the same basis; as any other sickness.</p>
<p>Prescription Contraceptive Drugs and Devices</p>	<p><b>Covered Medical Expenses</b> include:  Charges incurred for contraceptive drugs and devices that by law need a physician's prescription and that have been approved by the FDA.</p> <p>Related outpatient contraceptive services such as:</p> <ul style="list-style-type: none"> <li>• Consultations,</li> <li>• Exams,</li> <li>• Procedures, and</li> <li>• Other medical services and supplies</li> </ul> <p>Benefits are payable as any Sickness.</p> <p>A referral is not required for this benefit.</p>
<p>Pap Smear Expense</p>	<p><b>Covered Medical Expenses</b> include one annual routine pap smear screening for women <b>age 18</b> and older.</p> <p>Benefits are payable as any Sickness.</p> <p>A referral is not required for this benefit.</p>

<p>Mammography Expense</p>	<p><b>Covered Medical Expenses</b> include one baseline mammogram for women between <b>age 35</b> and <b>40</b>. Coverage is also provided for one routine annual mammogram for women <b>age 40</b> and older, as well as when medically indicated for women with risk factors who are under <b>age 40</b>. Risk factors for women <b>under 40</b> are:</p> <ul style="list-style-type: none"> <li>• Prior personal history of breast cancer</li> <li>• Positive Genetic Testings</li> <li>• Family history of breast cancer; or</li> <li>• Other risk factors</li> </ul> <p>Mammogram screenings coverage must also include comprehensive ultrasound screening for the entire breast or breasts if a mammogram demonstrates heterogenous or dense breast tissue and when determined to be medically necessary by a licensed physician.</p> <p>Benefits are payable as any Sickness. A referral is not required for this benefit.</p>
<p>Mastectomy Reconstruction Benefit</p>	<p><b>Covered Medical Expenses</b> will include expenses incurred for: all stages of reconstruction of the breast on which a mastectomy has been performed; and surgery and reconstruction of the other breast to produce a symmetrical appearance.</p> <p>Benefits are payable as any Sickness. A referral is not required for this benefit.</p>
<p>Treatment for Breast Cancer</p>	<p><b>Covered Medical Expenses</b> include inpatient hospital care for lymph node dissection or lumpectomy for the treatment of breast cancer, or a mastectomy covered by the policy.</p> <p>Benefits are payable on the same basis as any other sickness.</p>
<p>Early Termination of Pregnancy Expense (Elective Abortion Expenses)</p>	<p>If a covered person incurs expenses in connection with an elective abortion, a benefit is payable. <b>Covered Medical Expenses</b> for Elective Abortion Expense are covered as follows: <u>Preferred Care: 80%</u> of the Negotiated Charge. <u>Non-Preferred Care: 50%</u> of the Recognized Charge.</p> <p>This benefit is in lieu of any other Policy benefits.</p>
<p>Chlamydia Screening Test Expense</p>	<p><b>Covered Medical Expenses</b> include charges incurred for an annual Chlamydia screening test.</p> <p>Benefits will be paid for Chlamydia screening expenses incurred for:</p> <ul style="list-style-type: none"> <li>• Women who are: <ul style="list-style-type: none"> <li>- under the age of 20 if they are sexually active, and</li> <li>- at least 20 years old if they have multiple risk factors.</li> </ul> </li> <li>• Men who have multiple risk factors.</li> </ul> <p>Benefits are payable as follows: <u>Preferred Care: 100%</u> of the Negotiated Charge. <u>Non-Preferred Care: 70%</u> of the Recognized Charge.</p>
<p>Routine Screening for Sexually Transmitted Disease Expense</p>	<p><b>Covered Medical Expenses</b> include charges for covered persons who are at least 18 years old and who are sexually active for annual routine screening for sexually transmitted diseases.</p> <p>Benefits are payable as follows: <u>Preferred Care: 100%</u> of the Negotiated Charge. <u>Non-Preferred Care: 70%</u> of the Recognized Charge.</p>

<p>Routine Prostate Cancer Screening Expense</p>	<p><b>Covered Medical Expenses</b> include charges incurred for the screening of cancer; as follows:</p> <ul style="list-style-type: none"> <li>• For males age 40 and over, with a family history of prostate cancer or other prostate cancer risk factors, Standard Diagnostic Testing once each Policy Year.</li> <li>• For males age 50 or over; who is asymptomatic, Standard Diagnostic Testing once each Policy Year.</li> <li>• For a male, any age, with a prior history of prostate cancer, Standard Diagnostic Testing as recommended; by the covered person’s physician.</li> </ul> <p>Standard Diagnostic Testing includes, but is not limited to:</p> <ul style="list-style-type: none"> <li>• a digital rectal examination; and</li> <li>• a prostate-specific antigen test.</li> </ul> <p>Benefits are payable as any Sickness.</p>
<p>Second Opinion For Cancer Treatment Expense</p>	<p><b>Covered Medical Expenses</b> include a second opinion consultation by a specialist for the diagnosis or recommended treatment of cancer. The specialist must be board certified in the medical field relating to the diagnosis.</p> <p>Coverage will also be provided for any expenses incurred for required X-rays and diagnostic tests done in connection with that consultation. Aetna must receive a written report on the second opinion consultation.</p> <p>If the covered person does not <b>obtain a referral</b> from a Preferred Care provider for Non-Preferred Care, the level of coinsurance for Non-Preferred Care may be reduced. With a referral, benefits will be payable at the same level for a Non-Preferred Care as it would be for Preferred Care.</p> <p>Benefits are payable as any Sickness.</p>
<p>Surgical Second Opinion Expense</p>	<p><b>Covered Medical Expenses</b> will include expenses incurred for a second opinion consultation by a specialist on the need for surgery which has been recommended by the covered person's physician. The specialist must be board certified in the medical field relating to the surgical procedure being proposed. Coverage will also be provided for any expenses incurred for required X-rays and diagnostic tests done in connection with that consultation. Aetna must receive a written report on the second opinion consultation.</p> <p>Benefits are payable as follows:  <u>Preferred Care:</u> After a \$20 per visit Copay, <b>100%</b> of the Negotiated Charge.  <u>Non-Preferred Care:</u> <b>70%</b> of the Recognized Charge.</p> <p>Benefits are limited to <b>40</b> visits per condition, per Policy Year.</p>
<p>Acupuncture in Lieu of Anesthesia Expense</p>	<p><b>Covered Medical Expenses</b> include acupuncture therapy, when acupuncture is used in lieu of other anesthesia, for a surgical or dental procedure covered under this Plan.</p> <p>The acupuncture must be administered by a health care provider who is a legally qualified physician, practicing within the scope of their license.</p> <p>Benefits are payable as any Sickness.</p>

Dermatological Expense	<p><b>Covered Medical Expenses</b> include charges for the diagnosis and treatment of skin disorders, excluding laboratory fees. Related laboratory expenses are covered under the Outpatient Expense Benefit.</p> <p>Benefits are payable as any other expense.</p> <p><i>Covered Medical Expenses do not include cosmetic treatment and procedures.</i></p>
Home Health Care/Services Expenses	<p><b>Covered Medical Expenses</b> include charges incurred by a covered person for home health care services made by a home health agency pursuant to a home health care plan.</p> <p>Please see definitions on page 37 for more detailed information on this benefit.</p> <p><u>Preferred Care</u>: <b>100%</b> of the Negotiated Charge.  <u>Non-Preferred Care</u>: <b>70%</b> of the Recognized Charge.</p> <p>Expenses covered within 12 months of the first visit for the condition.</p>
Transfusion or Dialysis of Blood Expense	<p><b>Covered Medical Expenses</b> include charges for the transfusion or dialysis of blood, including the cost of: whole blood, blood components, and the administration thereof.</p> <p>Benefits are payable as any other expense.</p>
Hospice Benefit	<p><b>Covered Medical Expenses</b> include charges for hospice care provided for a terminally ill covered person during a hospice benefit period, including acute care services at an acute care facility.</p> <p>Benefits are payable as follows:  <u>Preferred Care</u>: <b>100%</b> of the Negotiated Charge following a <b>\$500</b> Copay per admission.  <u>Non-Preferred Care</u>: <b>70%</b> of the Recognized Charge following a <b>\$500</b> Deductible per admission.</p> <p>Please see definition on page 38 for more information on Hospice Care Expenses.</p> <p>Benefits for Hospice expenses require pre-certification.</p>
Skilled Nursing Facility Expense	<p><b>Covered Medical Expenses</b> include charges incurred by a covered person for confinement in a skilled nursing facility for treatment rendered:</p> <ul style="list-style-type: none"> <li>• in lieu of confinement in a hospital as a full time inpatient, or</li> <li>• within 24 hours following a hospital confinement and for the same or related cause(s) as such hospital confinement.</li> </ul> <p><b>Covered Medical Expenses</b> are payable as follows:  <u>Preferred Care</u>: <b>100%</b> of the Negotiated Charge for the semi-private room rate following a <b>\$500</b> Copay per admission.  <u>Non-Preferred Care</u>: <b>70%</b> of the Recognized Charge for the semi-private room rate following a <b>\$500</b> Deductible per admission.</p> <p>Benefits for Skilled Nursing require pre-certification.</p>

<p>Rehabilitation Facility Expense</p>	<p><b>Covered Medical Expenses</b> include charges incurred by a covered person for confinement as a full time inpatient in a rehabilitation facility. Confinement in the rehabilitation facility must follow within 24 hours of, and be for the same or related cause(s) as, a period of hospital or skilled nursing facility confinement.</p> <p><b>Covered Medical Expenses</b> for Rehabilitation Facility Expense are covered as follows:  <u>Preferred Care:</u> <b>100%</b> of the Negotiated Charge for the rehabilitation facility’s daily room and board maximum for semi-private accommodations, following a <b>\$500</b> Copay per admission.  <u>Non-Preferred Care:</u> <b>70%</b> of the Recognized Charge for the rehabilitation facility’s daily room and board maximum for semi-private accommodations, following a <b>\$500</b> Deductible per admission.</p> <p>Benefits for Rehabilitation Facility expenses require pre-certification.</p>
<p>Vision Care Exam Expense</p>	<p>Benefits include charges for any service shown below, which is furnished by a legally qualified ophthalmologist or optometrist.</p> <p>Routine Eye Exam Expenses: Charges for a complete eye exam that includes refraction. A routine eye exam does not include charges for a contact lens exam.</p> <p>Benefits are limited to one routine eye exam per Policy Year.</p> <p><b>Covered Medical Expenses</b> will be payable as follows:  <u>Preferred Care:</u> <b>100%</b> of the Negotiated Charge.  <u>Non-Preferred Care:</u> <b>70%</b> of the Recognized Charge.</p> <p><b>Limitations</b>  The following limitations apply:  No benefits will be payable for a charge which is:</p> <ul style="list-style-type: none"> <li>• For any eye exam to diagnose or treat a disease or injury.</li> <li>• For drugs or medicines.</li> <li>• For a vision care service that is a <b>Covered Medical Expense</b> in whole or in part, under any other part of this Plan, or under any other group plan.</li> <li>• For a vision care service for which a benefit is provided in whole or in part, under any workers' compensation law or any other law of like purpose.</li> <li>• For special procedures. This means things such as orthoptics or vision training.</li> <li>• For any vision care supply.</li> <li>• For an eye exam which:</li> <li>• Is required by an employer as a condition of employment, or</li> <li>• An employer is required to provide under a labor agreement, or</li> <li>• Is required by any law of a government.</li> <li>• For a service received while the person is not a covered person.</li> <li>• For a service which does not meet professionally accepted standards.</li> <li>• For any exams given while the person is confined in a hospital or other facility for medical care.</li> <li>• For an eye exam, or any part of an eye exam, performed for the purpose of the fitting of contact lenses.</li> </ul>

<p>Bone Density Screening Expense</p>	<p><b>Covered Medical Expenses</b> include bone mineral density measurements or tests. Benefits will be paid for expenses incurred by a <b>covered person</b> for a bone density screening upon the recommendation of the covered person's physician for:</p> <ul style="list-style-type: none"> <li>(1) an individual previously diagnosed as having osteoporosis or having a family history of osteoporosis; or</li> <li>(2) an individual with symptoms or conditions indicative of the presence; or the significant risk of osteoporosis; or</li> <li>(3) an individual on a prescribed drug regimen posing a significant risk of osteoporosis; or</li> <li>(4) an individual with lifestyle factors to such a degree as posing a significant risk of osteoporosis; or</li> <li>(5) with such age; gender; and/or physiological characteristics which pose a significant risk for osteoporosis.</li> </ul> <p>Benefits will also include drugs and devices approved by the FDA or generic equivalents as approved substitutes for the treatment of osteoporosis.</p> <p>Benefits are payable as any Sickness.</p>
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## **ADDITIONAL SERVICES AND DISCOUNTS**

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As a member of the Plan, you can also take advantage of the following services, discounts, and programs. These are not underwritten by Aetna and are not insurance. Please note that these programs are subject to change. To learn more about these additional services and search for providers visit, [www.aetnastudenthealth.com](http://www.aetnastudenthealth.com).

**Aetna Book<sup>SM</sup> discount program:** Access to discounts on books and other items from the American Cancer Society Bookstore, the [MayoClinic.com](http://MayoClinic.com) Bookstore and Pranamaya.

**Aetna Fitness<sup>SM</sup> discount program:** Access to preferred rates on gym memberships and discounts on at-home weight loss programs, home fitness options and one-on-one health coaching services through GlobalFit<sup>TM</sup>.

**Aetna Hearing<sup>SM</sup> discount program:** Access to discounts on hearing aids and hearing tests from HearPO. Guaranteed lowest pricing\* on over 1000 models from seven leading manufacturers.

*\*Competitor copy required for verification of price and model. Limited to manufacturers offered through the HearPO program. Local provider quotes only will be matched, no internet quotes.*

**Aetna Natural Products and Services<sup>SM</sup> discount program:** Access to reduced rates on services from participating providers for acupuncture, chiropractic care, massage therapy and dietetic counseling. Also, access to discounts on over-the-counter vitamins, herbal and nutritional supplements and natural products. All products and services are provided through American Specialty Health Incorporated (ASH) and its subsidiaries.

**Aetna Vision<sup>SM</sup> discount program:** Access to discounts on vision exams, lenses and frames when a member utilizes a provider participating in the EyeMed Select Network.

**Aetna Weight Management<sup>SM</sup> discount program:** Access to discounts on eDiets<sup>®</sup> diet plans and products, Jenny Craig<sup>®</sup> weight loss programs and products, and Nutrisystem<sup>®</sup> weight loss meal plans.

**Oral Health Care discount program:** Access to discounts on oral health care products. Save on xylitol mints, mouth rinses, gum, candies and toothpaste from Epic. Additionally, receive exclusive savings on Waterpik<sup>®</sup> dental water jets and sonic toothbrushes.

**Zagat discounts:** Discount off a one-year online membership to [ZAGAT.com](http://ZAGAT.com), with access to ratings and reviews of over 40,000 restaurants, hotels and more in hundreds of cities worldwide.

**Quit Tobacco Cessation Program:** Say good-bye to tobacco and hello to a healthier future! The one-year Quit Tobacco program is provided by Healthyroads, a leading provider of tobacco cessation programs. You'll get personal attention from health professionals that can help find what works for you.

**Beginning Right<sup>®</sup> Maternity Program:** Make healthy choices for you and your baby. Learn what decisions are good ones for you and your baby. Our Beginning Right maternity program helps prepare you for the exciting changes pregnancy brings.

*Health programs provide general health information and are not a substitute for diagnosis or treatment by a physician or other health/dental care professional. The availability and terms of specific discount programs and wellness services are subject to change without notice. Not all programs are available in all states.*

**Aetna’s Informed Health® Line\*:**

Call toll free **1-800-556-1555** 24 hours a day, 7 days a week.

Get health answers 24/7. When you have an Aetna health benefits and health insurance plan, you have instant access to the information you need. Our tools and resources can help you:

- Make more informed decisions about your care
- Communicate better with your doctors
- Save time and money, by showing you how to get the right care at the right time

When you call our Informed Health Line, you can talk directly to a registered nurse. Our nurses can discuss a wide variety of health and wellness topics.

*\* While only your doctor can diagnose, prescribe or give medical advice, the Informed Health Line nurses can provide information on more than 5,000 health topics. Contact your doctor first with any questions or concerns regarding your health care needs.*

Listen to the **Audio Health Library**:\*It explains thousands of health conditions in English and Spanish. Transfer easily to a registered nurse at any time during the call.

*\* Not all topics in the audio health service are covered expenses under your plan.*

Use the **Healthwise® Knowledgebase** to find out more about a health condition you have or medications you take. It explains things in terms that are easy to understand.

Get to it through your secure Aetna Navigator® member website, at **www.aetnastudenthealth.com**.

**With our Aetna Advantage™ Dental** benefits and insurance plan, you select a primary care dentist (PCD) and have most of your preventive and restorative services covered by a copayment or reduced fee for each visit. Enroll online at **www.aetnastudenthealth.com**.

	<b>Annual 9/1/11 – 8/31/12</b>	<b>Spring Semester 02/01/12 – 08/31/12</b>
<b>Student</b>	<b>\$269</b>	<b>\$157</b>
<b>Spouse/Domestic Partner</b>	<b>\$284</b>	<b>\$165</b>
<b>Child(ren)</b>	<b>\$426</b>	<b>\$249</b>

*Dental benefits and dental insurance plans are underwritten by Aetna Dental Inc., Aetna Dental of California Inc., Aetna Health Inc. and/or Aetna Life Insurance Company, and in Texas by Aetna Dental Inc., and in Arizona by Aetna Health Inc. (Aetna). Each insurer has sole financial responsibility for its own products.*

## **GENERAL PROVISIONS**

### ***STATE MANDATED BENEFITS***

The Plan will pay benefits in accordance with any applicable New York State Insurance Law(s).

### ***SUBROGATION/REIMBURSEMENT RIGHT OF RECOVERY PROVISION***

Immediately upon paying or providing any benefit under this Plan, Aetna shall be subrogated to all rights of recovery a Covered Person has against any party potentially responsible for making any payment to a Covered Person, due to a Covered Person's Injuries or illness, to the full extent of benefits provided, or to be provided by Aetna. In addition, if a Covered Person receives any payment from any potentially responsible party, as a result of an Injury or illness, Aetna has the right to recover from, and be reimbursed by the Covered Person for all amounts this Plan has paid, and will pay as a result of that Injury or illness, up to and including the full amount the Covered Person receives, from all potentially responsible parties. A "Covered Person" includes for the purposes of this provision, anyone on whose behalf this Plan pays or provides any benefit, including but not limited to the minor child or Dependent of any Covered Person, entitled to receive any benefits from this Plan.

As used in this provision, the term "responsible party" means any party possibly responsible for making any payment to a Covered Person or on a Covered Person's behalf due to a Covered Person's injuries or illness or any insurance coverage responsible making such payment, including but not limited to:

- Uninsured motorist coverage,
- Underinsured motorist coverage,
- Personal umbrella coverage,
- Med-pay coverage,
- Workers compensation coverage,
- No-fault automobile insurance coverage, or
- Any other first party insurance coverage.

The Covered Person shall do nothing to prejudice Aetna's subrogation and reimbursement rights. The Covered Person shall, when requested, fully cooperate with Aetna's efforts to recover its benefits paid. It is the duty of the Covered Person to notify Aetna within 45 days of the date when any notice is given to any party, including an attorney, of the intention to pursue or investigate a claim, to recover damages, due to injuries sustained by the Covered Person.

The Covered Person acknowledges that this Plan's subrogation and reimbursement rights are a first priority claim against all potential responsible parties, and are to be paid to Aetna before any other claim for the Covered Person's damages. This Plan shall be entitled to full reimbursement first from any potential responsible party payments, even if such payment to the Plan will result in a recovery to the Covered Person, which is insufficient to make the Covered Person whole, or to compensate the Covered Person in part or in whole for the damages sustained. This Plan is not required to participate in or pay attorney fees to the attorney hired by the Covered Person to pursue the Covered Person's damage claim. In addition, this Plan shall be responsible for the payment of attorney fees for any attorney hired or retained by this Plan. The Covered Person shall be responsible for the payment of all attorney fees for any attorney hired or retained by the Covered Person or for the benefit of the Covered Person.

The terms of this entire subrogation and reimbursement provision shall apply. This Plan is entitled to full recovery regardless of whether any liability for payment is admitted by any potentially responsible party, and regardless of whether the settlement or judgment received by the Covered Person identifies the medical benefits this Plan provided. This Plan is entitled to recover from any and all settlements or judgments, even those designated as "pain and suffering" or "non-economic damages" only.

### ***Coordination of Benefits***

If the Covered Person is insured under more than one group health plan, the benefits of the plan that covers the insured student will be used before those of a plan that provides coverage as a dependent. When both parents have group health plans that provide coverage as a dependent, the benefits of the plan of the parent whose birth date falls earlier in the year will be used first. The benefits available under this Plan may be coordinated with other benefits available to the Covered Person under any auto insurance, Workers' Compensation, Medicare, or other coverage. The Plan pays in accordance with the rules set forth in the Policy.

## **EXTENSION OF BENEFITS**

If Basic Sickness Expense, coverage for a **covered person** ends while he is **totally disabled**, benefits will continue to be available for expenses incurred for that person only while the **covered person** continues to be **totally disabled**. Benefits will end three months from the date coverage ends. Benefits will continue to be available for a **covered person** who incurs medical expenses directly relating to a pregnancy that began before coverage under this Plan ceased. Such benefits will be covered only for the period of that pregnancy.

If a **covered person** is confined to a **hospital** on the date his or her Basic Sickness Expense, coverage terminates, charges incurred during the continuation of that hospital confinement or for that treatment of the covered condition shall also be included in the term "Expense", but only while they are incurred during the 90 day period following such termination of insurance.

## **TERMINATION OF INSURANCE**

Benefits are payable under this Plan only for those Covered Expenses incurred while the policy is in effect as to the Covered Person. No benefits are payable for expenses incurred after the date the insurance terminates, except as may be provided under the Extension of Benefits provision.

### ***TERMINATION OF STUDENT COVERAGE***

Insurance for a **covered student** will end on the first of these to occur:

- a) the date this Plan terminates,
- b) the last day for which any required premium has been paid,
- c) the date on which the **covered student** withdraws from the school because of entering the armed forces of any country.
- d) Premiums will be refunded on a pro-rata basis when application is made within 90 days from withdrawal, the date the **covered student** is no longer in an eligible class.

If withdrawal from school is for other than entering the armed forces, no premium refund will be made. Students will be covered for the Policy term for which they are enrolled, and for which premium has been paid.

### ***TERMINATION OF DEPENDENT COVERAGE***

Insurance for a **covered student's dependent** will end when insurance for the **covered student** ends.

## EXCLUSIONS

This Plan does not cover nor provide benefits for:

1. Expense incurred for services normally provided without charge by the Policyholder's Health Service, Infirmary or **Hospital**, or by health care providers employed by the Policyholder.
2. Expense incurred for eye refractions, vision therapy, radial keratotomy (unless medically necessary), eyeglasses, contact lenses (except when required after cataract surgery), or other vision or hearing aids, or **prescriptions** or examinations except as required for repair caused by a covered **injury unless otherwise stated in the policy**.
3. Expense incurred as a result of **injury** due to participation in a riot. "Participation in a riot" means taking part in a riot in any way, including inciting the riot or conspiring to incite it. It does not include actions taken in self-defense, so long as they are not taken against persons who are trying to restore law and order.
4. Expense incurred as a result of an **accident** occurring in consequence of riding as a passenger or otherwise in any vehicle or device for aerial navigation; except as a fare-paying passenger in an aircraft operated by a scheduled airline maintaining regular published schedules on a regularly established route.
5. Expense incurred as a result of an **injury** or **sickness** due to working for wage or profit or for which benefits are provided under any Workers' Compensation or Occupational Disease Law.
6. Expense incurred as a result of an **injury** sustained or **sickness** contracted while in the service of the Armed Forces of any country. Upon the **covered person** entering the Armed Forces of any country, the unearned pro-rata premium will be refunded to the Policyholder.
7. Expense incurred for treatment provided in a governmental **hospital** unless there is a legal obligation to pay such charges in the absence of insurance.
8. Expense incurred for **elective treatment** or elective surgery except as specifically provided elsewhere in this Plan and performed while this Plan is in effect.
9. Expense incurred for cosmetic surgery, reconstructive surgery, or other services and supplies which improve, alter, or enhance appearance, whether or not for psychological or emotional reasons, except to the extent needed to:

Improve the function of a part of the body that:

- is not a tooth or structure that supports the teeth, and
- is malformed:
- as a result of a severe birth defect, including harelip, webbed fingers, or toes, or
- as direct result of:
  - disease, or
  - surgery performed to treat a disease or **injury**.

This exclusion does not apply to reconstructive surgery when such service is incidental to or follows surgery resulting from trauma, infection or other diseases of the involved part, and reconstructive surgery because of congenital disease or anomaly of a covered dependent child which has resulted in a functional defect.

Repair of an **injury** (including reconstructive surgery for prosthetic device for a **covered person** who has undergone a mastectomy,) which occurs while the **covered person** is covered under this Plan. Surgery must be performed, in the next calendar year.

This exclusion does not apply to reconstructive surgery when such service is incidental to or follows surgery resulting from trauma, infection or other diseases of the involved part, and reconstructive surgery because of congenital disease or anomaly of a covered dependent child which has resulted in a functional defect.

10. Expense covered by any other valid and collectible medical, health or accident insurance to the extent that benefits are payable under other valid and collectible insurance whether or not a claim is made for such benefits.
11. Expense for **injuries** sustained as the result of a motor vehicle accident to the extent that benefits are provided under any mandatory automobile "no fault" coverage.
12. Expense incurred as a result of commission of a felony.
13. Expense incurred after the date insurance terminates for a **covered person** except as may be specifically provided in the Extension of Benefits Provision.

14. Expense incurred for services normally provided without charge by the school and covered by the school fee for services.
15. Expense incurred for any services rendered by a member of the **covered person's** immediate family or a person who lives in the **covered person's** home.
16. Expense incurred for a treatment, service, or supply which is not **medically necessary** as determined by Aetna, for the diagnosis care or treatment of the **sickness or injury** involved. This applies even if they are prescribed recommended or approved by the person's attending **physician or dentist**.
17. Expense incurred by a **covered person** for services performed within the **covered person's** home country (other than the United States, Canada, or Mexico) if the **covered person's** home country has a socialized medicine program.
18. Expense incurred for **custodial care**, except as medically necessary. **Custodial care** means services and supplies furnished to a person mainly to help him or her in the activities of daily life. This includes **room and board** and other institutional care. The person does not have to be disabled. Such services and supplies are custodial care without regard to:
  - by whom they are prescribed, or
  - by whom they are recommended, or
  - by whom or by which they are performed.
19. Expense incurred for the removal of an organ from a covered person for the purpose of donating or selling the organ to any person or organization. This limitation does not apply to a donation by a covered person to a spouse, child, brother, sister, or parent.
20. Expenses incurred for or in connection with: procedures, services, or supplies that are, as determined by Aetna, to be experimental or investigational. A drug, a device, a procedure, or treatment will be determined to be experimental or investigational if:

There are insufficient outcomes data available from controlled clinical trials published in the peer reviewed literature, to substantiate its safety and effectiveness, for the disease or injury involved, or

If required by the FDA, approval has not been granted for marketing, or

A recognized national medical or dental society or regulatory agency has determined, in writing, that it is experimental, investigational, or for research purposes, or

The written protocol or protocols used by the treating facility, or the protocol or protocols of any other facility studying substantially the same drug, device, procedure, or treatment, or the written informed consent used by the treating facility, or by another facility studying the same drug, device, procedure, or treatment, states that it is experimental, investigational, or for research purposes.

However, this exclusion will not apply with respect to services or supplies (other than drugs) received in connection with a disease, if Aetna determines that:

The disease can be expected to cause death within one year, in the absence of effective treatment, and

The care or treatment is effective for that disease, or shows promise of being effective for that disease, as demonstrated by scientific data. In making this determination, Aetna will take into account the results of a review by a panel of independent medical professionals. They will be selected by Aetna. This panel will include professionals who treat the type of disease involved.

Also, this exclusion will not apply with respect to drugs that:

Have been granted treatment investigational new drug (IND), or Group c/treatment IND status, or

Are being studied at the Phase III level in a national clinical trial, sponsored by the National Cancer Institute, or

Are recognized for treatment of the specific type of cancer for which the drug has been prescribed in one of the following established reference compendia: the American Hospital Formulary Service - Drug Information (AHFSDI); the National Comprehensive Cancer Networks Drugs and Biologics Compendium; Thomson Micromedex Drugdex; Elsevier Gold Standard's Clinical Pharmacology or other authoritative compendia as identified by the federal Secretary of Health and Human Services or the Centers for Medicare & Medicaid; or recommended by review article or editorial comments in a major peer reviewed professional journal.

21. Expense incurred as a result of dental care or treatment, except for such care or treatment due to accidental injury to sound natural teeth within 12 months of the accident, and except for dental care or treatment necessary due to congenital disease or anomaly.
22. Expense incurred for acupuncture, unless services are rendered for anesthetic purposes.
23. Expense incurred for alternative, holistic medicine, and/or therapy, including but not limited to, yoga and hypnotherapy.
24. Expense for: (a) supportive devices for the foot, (b) care of corns, bunions, or calluses, (c) care of toenails, and (d) care of fallen arches, weak feet, or chronic foot strain, except that (b) and (c) are not excluded when **medically necessary**, because the **covered person** is diabetic, or suffers from circulatory problems.
25. Expense for **injuries** sustained as the result of a motor vehicle **accident**, to the extent that benefits are payable under other valid and collectible insurance, whether or not claim is made for such benefits. The Policy will only pay for those losses, which are not payable under the automobile medical payment insurance Policy.
26. Expense incurred when the person or individual is acting beyond the scope of his/her/its legal authority.
27. Expense for care or services to the extent the charge would have been covered under Medicare Part A or Part B, even though the **covered person** is eligible, but did not enroll in Part B.
28. Expense for telephone consultations, charges for failure to keep a scheduled visit, or charges for completion of a claim form.
29. Expense for personal hygiene and convenience items, such as air conditioners, humidifiers, hot tubs, whirlpools, or physical exercise equipment, even if such items are prescribed by a **physician**.
30. Expense for incidental surgeries, and standby charges of a **physician**.
31. Expense for treatment and supplies for programs involving cessation of tobacco use.
32. Expense for contraceptive methods, devices or aids, and charges for services and supplies for or related to gamete intrafallopian transfer, artificial insemination, in-vitro fertilization (except as required by the state law), or embryo transfer procedures, elective sterilization or its reversal, or elective abortion, unless specifically provided for in this Plan.
33. Expenses incurred for massage therapy.
34. Expense incurred for, or related to, sex change surgery, or to any treatment of gender identity disorder.
35. Expense for charges that are not **Recognized Charges**, as determined by Aetna, except that this will not apply if the charge for a service, or supply, does not exceed the **Recognized Charge** for that service or supply, by more than the amount or percentage, specified as the Allowable Variation.
36. Expense for treatment of **covered students** who specialize in the mental health care field, and who receive treatment as a part of their training in that field.
37. Expenses for treatment of **injury** or **sickness** to the extent payment is made, as a judgment or settlement, by any person deemed responsible for the **injury** or **sickness** (or their Insurers).

Any exclusion above will not apply to the extent that coverage of the charges is required under any law that applies to the coverage.

## DEFINITIONS

### **Accident**

An occurrence which (a) is unforeseen, (b) is not due to or contributed to by sickness or disease of any kind, and (c) causes injury.

### **Actual Charge**

The charge made for a covered service by the provider who furnishes it.

### **Aggregate Maximum**

The maximum benefit that will be paid under this Plan for all Covered Medical Expenses incurred by a covered person that accumulate from one Policy Year to the next.

### **Ambulatory Surgical Center**

- A freestanding ambulatory surgical facility that: Meets licensing standards.
- Is set up, equipped and run to provide general surgery.
- Makes charges.
- Is directed by a staff of physicians. At least one of them must be on the premises when surgery is performed and during the recovery period.
- Has at least one certified anesthesiologist at the site when surgery which requires general or spinal anesthesia is performed and during the recovery period.
- Extends surgical staff privileges to:
  - **physicians** who practice surgery in an area hospital, and
  - **dentists** who perform oral surgery.
- Has at least 2 operating rooms and one recovery room.
- Provides, or arranges with a medical facility in the area for, diagnostic X-ray and lab services needed in connection with surgery.
- Does not have a place for patients to stay overnight.
- Provides, in the operating and recovery rooms, full-time skilled nursing services directed by a R.N.
- Is equipped and has trained staff to handle medical emergencies.
- It must have:
  - a physician trained in cardiopulmonary resuscitation, and
  - a defibrillator, and
  - a tracheotomy set, and
  - a blood volume expander.
- Has a written agreement with a hospital in the area for immediate emergency transfer of patients. Written procedures for such a transfer must be displayed and the staff must be aware of them.
- Provides an ongoing quality assurance program. The program must include reviews by physicians who do not own or direct the facility.
- Keeps a medical record on each patient.

### **Birthing Center**

A freestanding facility that:

- Meets licensing standards.
- Is set up, equipped and run to provide prenatal care, delivery and immediate postpartum care.
- Makes charges.
- Is directed by at least one physician who is a specialist in obstetrics and gynecology.
- Has a physician or certified nurse midwife present at all births and during the immediate postpartum period.
- Extends staff privileges to physicians who practice obstetrics and gynecology in an area hospital.
- Has at least 2 beds or 2 birthing rooms for use by patients while in labor and during delivery.
- Provides, during labor, delivery and the immediate postpartum period, full-time skilled nursing services directed by a R.N. or certified nurse midwife.
- Provides, or arranges with a facility in the area for, diagnostic X-ray and lab services for the mother and child.
- Has the capacity to administer a local anesthetic and to perform minor surgery. This includes episiotomy and repair of perineal tear.
- Is equipped and has trained staff to handle medical emergencies and provide immediate support measures to sustain

life if complications arise during labor and if a child is born with an abnormality which impairs function or threatens life.

- Accepts only patients with low risk pregnancies.
- Has a written agreement with a hospital in the area for emergency transfer of a patient or a child. Written procedures for such a transfer must be displayed and the staff must be aware of them.
- Provides an ongoing quality assurance program. This includes reviews by physicians who do not own or direct the facility.
- Keeps a medical record on each patient and child.

### **Brand Name Prescription Drug or Medicine**

A **prescription drug** which is protected by trademark registration.

### **Complications of Pregnancy**

Conditions which require **hospital** stays before the pregnancy ends and whose diagnoses are distinct from but are caused or affected by pregnancy. These conditions are:

- acute nephritis or nephrosis, or
- cardiac decompensation or missed abortion, or
- similar conditions as severe as these.

Not included are (a) false labor, occasional spotting or **physician** prescribed rest during the period of pregnancy, (b) morning **sickness**, (c) hyperemesis gravidarum and preeclampsia, and (d) similar conditions not medically distinct from a difficult pregnancy.

**Complications of Pregnancy** also include:

- non-elective cesarean section, and
- termination of an ectopic pregnancy, and
- spontaneous termination when a live birth is not possible. (This does not include voluntary abortion.)

### **Copay**

This is a fee charged to a person for **Covered Medical Expenses**.

For Prescribed Medicines Expense, the **copay** is payable directly to the **pharmacy** for each: **prescription**, kit, or refill, at the time it is dispensed. In no event will the **copay** be greater than the **pharmacy's** charge per: **prescription**, kit, or refill.

### **Covered Dependent**

A **covered student's dependent** who is insured under this Plan.

### **Covered Medical Expense**

Those charges for any treatment, service or supplies covered by this Plan which are:

- not in excess of the **Recognized Charges**, or
- not in excess of the charges that would have been made in the absence of this coverage, and
- incurred while this Plan is in force as to the **covered person** except with respect to any expenses payable under the Extension of Benefit Provisions.

### **Covered Person**

A **covered student** and any **covered dependent** while coverage under this Plan is in effect.

### **Covered Student**

A student of the Policyholder who is insured under this Plan.

### **Deductible**

The amount of **Covered Medical Expenses** that are paid by each **covered person** during the **policy year** before benefits are paid.

**Dependent**

(a) the **covered student's** spouse residing with the **covered student**, or (b) the person identified as a domestic partner in the "Declaration of Domestic Partnership" which is completed and signed by the **covered student**, and (c) the **covered student's** child under the age of 26 years.

The term "child" includes a **covered student's** step-child, adopted child whose coverage is effective upon the earlier of the date of placement for the purpose of adoption, or the date of the entry of an order granting the adoptive parent custody of the child.

The term **dependent** does not include a person who is: (a) an eligible student, or (b) a member of the armed forces.

**Designated Care**

Care provided by a **Designated Care Provider** upon referral from the **School Health Services**.

**Designated Care Provider**

A health care provider or **pharmacy**, that is affiliated with, and has an agreement with, the **School Health Services** to furnish services and supplies at a **negotiated charge**.

**Diabetic Self-Management Education**

Training designed to instruct a person in the self-management of diabetes. It may include training in self-care or diet. If a physician, nurse practitioner or clinical nurse specialist diagnoses diabetes, or diagnoses a significant change in the person's diabetic symptoms, or condition that requires a change in the person's self-management of the disease or determines that a person who is a diabetic needs re-education, or refresher education, this diabetic self-management education may be provided by the physician or other licensed health care provider legally qualified by the State of New York to provide diabetic management education, or their staff, as part of an office visit for diabetes diagnosis or treatment; or by a certified diabetes nurse educator, certified nutritionist, certified dietitian or registered dietitian upon the referral of a physician; or other licensed health care provider legally qualified by the State of New York to provide diabetic management education. When diabetic self-management education is provided by a certified diabetes nurse educator, certified nutritionist, certified dietitian or registered dietitian upon referral by a physician, such education may be provided in a group setting. When medically necessary, diabetic self-management education shall also include home visits.

**Directory**

A listing of **Preferred Care Providers** in the **service area** covered under this Plan, which is given to the Policyholder.

**Elective Treatment**

Medical treatment which is not necessitated by a pathological change in the function or structure in any part of the body occurring after the **covered person's** effective date of coverage. **Elective treatment** includes, but is not limited to:

- tubal ligation,
- vasectomy,
- breast reduction,
- sexual reassignment surgery,
- submucous resection and/or other surgical correction for deviated nasal septum, other than necessary treatment of covered acute purulent sinusitis,
- treatment for weight reduction,
- learning disabilities,
- temporomandibular joint dysfunction (TMJ),
- immunization,
- treatment of infertility, and
- routine physical examinations.

**Emergency Admission**

One where the physician admits the person to the hospital or residential treatment facility right after the sudden and at that time, unexpected onset of a change in a person's medical or behavioral condition which:

- requires confinement right away as a full-time inpatient; and manifests itself by symptoms of sufficient severity, including severe pain, that if immediate medical attention was not given could, as determined by a prudent lay person possessing an average knowledge of medicine and health, reasonably be expected to result in:

- (1) placing the health of the person afflicted with such condition in serious jeopardy, or in the case of a behavioral condition placing the health of such person or others in serious jeopardy;
- (2) serious impairment to such person's bodily functions;
- (3) serious dysfunction of any bodily organ or part of such person; or
- (4) serious disfigurement of such person.

### **Emergency Medical Condition**

A medical or behavioral condition, the onset of which is sudden, that manifests itself by symptoms of sufficient severity, including severe pain that a prudent layperson, possessing an average knowledge of medicine and health, could reasonably expect the absence of immediate medical attention to result in:

- (1) placing the health of the person afflicted with such condition in serious jeopardy, or in the case of a behavioral condition placing the health of such person or others in serious jeopardy;
- (2) serious impairment to such person's bodily functions;
- (3) serious dysfunction of any bodily organ or part of such person; or
- (4) serious disfigurement of such person.

### **Generic Prescription Drug or Medicine**

A **prescription drug** which is not protected by trademark registration, but is produced and sold under the chemical formulation name.

### **Home Health Agency**

- an agency licensed as a home health agency by the state in which home health care services are provided, or
- an agency certified as such under Medicare, or
- an agency approved as such by Aetna.

### **Home Health Aide**

A certified or trained professional who provides services through a home health agency which are not required to be performed by an R.N., L.P.N., or L.V.N., primarily to aid the covered person in performing the normal activities of daily living while recovering from an injury or sickness, and are described under the written Home Health Care Plan.

### **Home Health Care**

Health services and supplies provided to a covered person on a part-time, intermittent, visiting basis. Such services and supplies must be provided in such person's place of residence, while the person is confined as a result of injury or sickness. A physician must certify that the use of such services and supplies is to treat a condition as an alternative to confinement in a hospital or skilled facility, and the services must be furnished by, or under arrangements made by, a licensed home health agency.

### **Home Health Care Plan**

A written plan of care established and approved in writing by a physician, for continued health care and treatment in a covered person's home. It must follow within 7 days of discharge and be for the same or related cause(s) as a period of hospital or skilled nursing confinement. The physician must examine the covered person at least once a month, and the physician must renew the written plan every 60 days.

### **Home Health Care Services**

- Part-time or intermittent nursing care by: a registered nurse (R.N.), a licensed Practical nurse (L.P.N.), or under the supervision on an R.N. if the services of an R.N. are not available,
- Part time or intermittent home health aide services, that consist primarily of care of a medical or therapeutic nature by other than an R.N.,
- Physical, occupational, speech therapy, or respiratory therapy,
- Medical supplies, drugs and medicines, and laboratory services. However, these items are covered only to the extent they would be covered if the patient was confined to a hospital,
- Medical social services by licensed or trained social workers,
- Nutritional counseling.

**Hospice**

A facility or program providing a coordinated program of home and inpatient care which treats terminally ill patients. The program provides care to meet the special needs of the patient during the final stages of a terminal illness. Care is provided by a team made up of trained medical personnel, counselors, and volunteers. The team acts under an independent hospice administration and it helps the patient cope with physical, psychological, spiritual, social, and economic stresses. The hospital administration must meet the standards of the National Hospice Organization and any licensing requirements.

**Hospice Benefit Period**

A period that begins on the date the attending physician certifies that the covered person is a terminally ill patient who has less than 6 months to live. It ends after 6 months (or such later period for which treatment is certified) or on the death of the patient, if sooner.

**Hospital**

A facility which meets all of these tests:

- it provides in-patient services for the case and treatment of injured and sick people, and
- it provides room and board services and nursing services 24 hours a day, and
- it has established facilities for diagnosis and major surgery, and
- it is run as a hospital under the laws of the jurisdiction which it is located.

Hospital does not include a place run mainly: (a) for alcoholics or drug addicts, (b) as a convalescent home, or c as a nursing or rest home. The term "hospital" includes an alcohol and drug addiction treatment facility during any period in which it provides effective treatment of alcohol and drug addiction to the covered person.

**Hospital Confinement**

A documented inpatient stay in a hospital as a resident bed patient.

**Injury**

Bodily injury caused by an accident. This includes related conditions and recurrent symptoms of such injury.

**Intensive Care Unit**

A designated ward, unit, or area within a hospital for which a specified extra daily surcharge is made and which is staffed and equipped to provide, on a continuous basis, specialized or intensive care or services, not regularly provided within such hospital.

**Medically Necessary**

A service or supply that is necessary and appropriate for the diagnosis or treatment of a **sickness** or **injury** based on generally accepted current medical practice. A service or supply will not be considered as **medically necessary** if:

- It is provided only as a convenience to the **covered person** or provider; or
- it is not the appropriate treatment for the **covered person's** diagnosis or symptoms; or
- it exceeds (in scope, duration or intensity) that level of care which is needed to provide safe, adequate and appropriate diagnosis or treatment.

The fact that any particular **physician** may prescribe, order, recommend, or approve a service or supply does not, of itself, make the service or supply medically necessary.

**Negotiated Charge**

The maximum charge a **Preferred Care Provider** or **Designated Provider** has agreed to make as to any service or supply for the purpose of the benefits under this Plan.

**Non-Preferred Care**

A health care service or supply furnished by a health care provider that is not a **Designated Care Provider**, or that is not a **Preferred Care Provider**, if, as determined by Aetna:

- the service or supply could have been provided by a Preferred Care Provider, and
- the provider is of a type that falls into one or more of the categories of providers listed in the directory.

**Non-Preferred Care Provider**

- a health care provider that has not contracted to furnish services or supplies at a **negotiated charge**, or
- a **Preferred Care Provider** that is furnishing services or supplies without the referral of a **School Health Services**.

**Non-Preferred Pharmacy**

A **pharmacy** not party to a contract with Aetna, or a **pharmacy** who is party to such a contract but who does not dispense **prescription drugs** in accordance with its terms.

**Non-Preferred Prescription Drug Expense**

An expense incurred for a **prescription drug** that is not a **preferred prescription drug expense**.

**One Sickness**

A **sickness** and all recurrences and related conditions which are sustained by a **covered person**.

**Orthodontic Treatment**

Any

- medical service or supply, or
  - dental service or supply,
- furnished to prevent or to diagnose or to correct a misalignment:
- of the teeth, or
  - of the bite, or
  - of the jaws or jaw joint relationship,
- whether or not for the purpose of relieving pain. Not included is:
- the installation of a space maintainer, or
  - surgical procedure to correct malocclusion.

**Out-of-Pocket Limit**

The amount that must be paid, by the covered student, or the covered student and their covered dependents, before Covered Medical Expenses will be payable at 100% or the remainder of the Policy Year. The Out-of-Pocket Limit applies only to Covered Medical Expenses for preferred care, which are payable at a rate greater than 50%.

The following expenses do not apply toward meeting the Out-of-Pocket Limit:

- deductibles,
- copays,
- expenses that are not Covered Medical Expenses,
- expenses for designated care or non-preferred care,
- penalties,
- expenses for prescription drugs, and
- other expenses not covered by this Plan.

**Partial Hospitalization**

Continuous treatment consisting of not less than four hours and not more than twelve hours in any twenty-four hour period under a program based in a hospital.

**Pharmacy**

An establishment where prescription drugs are legally dispensed.

**Physician**

(a) legally qualified physician licensed by the state in which he or she practices, and (b) any other practitioner that must by law be recognized as a doctor legally qualified to render treatment.

**Policy Year**

The period of time from anniversary date to anniversary date except in the first year when it is the period of time from the effective date to the first anniversary date.

**Preferred Care**

Care provided by

- a covered person's primary care physician, or a preferred care provider on the referral of the primary care physician, or
- a health care provider that is not a Preferred Care Provider for an emergency medical condition when travel to a Preferred Care Provider, or referral by a covered person's primary care physician prior to treatment, is not feasible, or
- a Non-Preferred Urgent Care Provider when travel to a Preferred Urgent Care Provider for treatment is not feasible, and if authorized by Aetna.

**Preferred Care Provider**

A health care provider that has contracted to furnish services or supplies for a negotiated charge, but only if the provider is, with Aetna's consent, included in the directory as a Preferred Care Provider for:

- the service or supply involved, and
- the class of covered persons of which you are member.

**Preferred Pharmacy**

A pharmacy, including a mail order pharmacy, which is party to a contract with Aetna to dispense drugs to persons covered under this Plan, but only:

- while the contract remains in effect, and
- while such a pharmacy dispenses a prescription drug, under the terms of its contract with Aetna.

**Preferred Prescription Drug Expense**

An expense incurred for a prescription drug that:

- is dispensed by a Preferred Pharmacy, or for an emergency medical condition only, by a non-preferred pharmacy, and
- is dispensed upon the Prescription of a Prescriber who is:
  - a Designated Care Provider, or
  - a Preferred Care Provider, or
  - a Non-Preferred Care Provider, but only for an emergency condition, or on referral of a person's Primary Care Physician, or
  - a dentist who is a Non-Preferred Care Provider, but only one who is not of a type that falls into one or more of the categories of providers listed in the directory of Preferred Care Providers.

**Prescriber**

Any person, while acting within the scope of his or her license, who has the legal authority to write an order for a prescription drug.

**Prescription**

An order of a prescriber for a prescription drug. If it is an oral order, it must be promptly put in writing by the pharmacy.

**Prescription Drugs**

Any of the following:

- A drug, biological, or compounded prescription, which, by Federal law, may be dispensed only by prescription and which is required to be labeled "Caution: Federal Law prohibits dispensing without prescription",
- Injectable insulin, disposable needles, and syringes, when prescribed and purchased at the same time as insulin, and disposable diabetic supplies.

**Primary Care Physician**

This is the Preferred Care Provider who is:

- selected by a person from the list of Primary Care Physicians in the directory,
- responsible for the person's on-going health care, and
- shown on Aetna's records as the person's Primary Care Physician.

For purposes of this definition, a Primary Care Physician also includes the School Health Services.

**Residential Treatment Facility**

A treatment center for children and adolescents, which provides residential care and treatment for emotionally disturbed individuals, and is licensed by the department of children and youth services, and is accredited as a residential treatment center by the council on accreditation or the joint commission on accreditation of health organizations.

**Respite Care**

Care provided to give temporary relief to the family or other care givers in emergencies and from the daily demands for caring for a terminally ill covered person.

**Room and Board**

Charges made by an institution for board and room and other necessary services and supplies. They must be regularly made at a daily or weekly rate.

**School Health Services**

Any organization, facility, or clinic operated, maintained, or supported by the school or other entity under contract to the school which provides health care services to enrolled students and their dependents.

**Semi-private Rate**

The charge for room and board which an institution applies to the most beds in its semiprivate rooms with 2 or more beds. If there are no such rooms, Aetna will figure the rate. It will be the rate most commonly charged by similar institutions in the same geographic area.

**Service Area**

The geographic area, as determined by Aetna, in which the Preferred Care Providers are located.

**Sickness**

Disease or illness including related conditions and recurrent symptoms of the sickness. Sickness also includes pregnancy, and complications of pregnancy. All injuries or sickness due to the same or a related cause are considered one injury or sickness.

**Skilled Nursing Facility**

A lawfully operating institution engaged mainly in providing treatment for people convalescing from injury or sickness. It must have:

- organized facilities for medical services,
- 24 hours nursing service by R.N.s,
- a capacity of six or more beds,
- a daily medical records for each patient, and
- a physician available at all times.

**Sound Natural Teeth**

Natural teeth, the major portion of the individual tooth which is present regardless of fillings and is not carious, abscessed, or defective. Sound natural teeth shall not include capped teeth.

**Surgical Assistant**

A medical professional trained to assist in surgery in both the preoperative and postoperative periods under the supervision of a physician.

**Surgical Expense**

Charges by a physician for,

- a surgical procedure,
- a necessary preoperative treatment during a **hospital** stay in connection with such procedure, and
- usual postoperative treatment.

### **Surgical Procedure**

- a cutting procedure,
- suturing of a wound,
- treatment of a fracture,
- reduction of a dislocation,
- radiotherapy (excluding radioactive isotope therapy), if used in lieu of a cutting operation for removal of a tumor,
- electrocauterization,
- diagnostic and therapeutic endoscopic procedures,
- injection treatment of hemorrhoids and varicose veins,
- an operation by means of laser beam,
- cryosurgery.

### **Totally Disabled**

Due to disease or **injury**, the **covered person** is not able to engage in most of the normal activities of a person of like age and sex in good health.

### **Urgent Admission**

One where the **physician** admits the person to the **hospital** due to:

- the onset of or change in a disease, or
- the diagnosis of a disease, or
- an **injury** caused by an **accident**,

which, while not needing an **emergency admission**, is severe enough to require confinement as an inpatient in a **hospital** within 2 weeks from the date the need for the confinement becomes apparent.

### **Urgent Condition**

This means a sudden illness, **injury**, or condition, that:

- is severe enough to require prompt medical attention to avoid serious deterioration of the **covered person's** health,
- includes a condition which would subject the **covered person** to severe pain that could not be adequately managed without urgent care or treatment,
- does not require the level of care provided in the emergency room of a **hospital**, and
- requires immediate outpatient medical care that cannot be postponed until the **covered person's physician** becomes reasonably available.

### **Urgent Care Provider**

This is:

- A freestanding medical facility which:
  - Provides unscheduled medical services to treat an **urgent condition** if the **covered person's physician** is not reasonably available.
  - Routinely provides ongoing unscheduled medical services for more than 8 consecutive hours.
  - Makes charges.
  - Is licensed and certified as required by any state or federal law or regulation.
  - Keeps a medical record on each patient.
  - Provides an ongoing quality assurance program. This includes reviews by **physicians** other than those who own or direct the facility.
  - Is run by a staff of **physicians**. At least one such **physician** must be on call at all times.
  - Has a full-time administrator who is a licensed **physician**.
- A physician's office, but only one that:
  - has contracted with Aetna to provide urgent care, and
  - is, with Aetna's consent, included in the Provider Directory as a Preferred Urgent Care Provider. It is not the emergency room or outpatient department of a hospital.

### **Walk-in Clinic**

A clinic with a group of physicians, which is not affiliated with a hospital, that provides: diagnostic services, observation, treatment, and rehabilitation on an outpatient basis.

## **CLAIM PROCEDURE**

On occasion, the claims investigation process will require additional information in order to properly adjudicate the claim. This investigation will be handled directly by Aetna.

Customer Service Representatives are available 8:30 a.m. to 5:30 p.m., Monday through Friday, ET for any questions.

1. Bills must be submitted within 90 days from the date of treatment.
2. Payment for Covered Medical Expenses will be made directly to the hospital or physician concerned, unless bill receipts and proof of payment are submitted.
3. If itemized medical bills are available at the time the claim form is submitted, attach them to the claim form. Subsequent medical bills should be mailed promptly to the above address.
4. You will receive an "Explanation of Benefits" when your claims are processed. The Explanation of Benefits will explain how your claim was processed, according to the benefits of your Student Accident and Sickness Insurance Plan.

### ***HOW TO APPEAL A CLAIM***

In the event a Covered Person disagrees with how a claim was processed, he/she may request a review of the decision. The Covered Person's request must include why he/she disagrees with the way the claim was processed. The request must also include any additional information that supports the claim (e.g., medical records, Physician's office notes, operative reports, Physician's letter of medical necessity, etc.). Please submit all requests to:

Aetna Student Health  
P.O. Box 15717  
Boston, MA 02215-0014

### ***INTERNAL APPEALS PROCEDURE***

Aetna has established a procedure for resolving appeals by **covered persons**. If the **covered person** has an appeal; please follow this procedure:

- An Appeal is defined as a written request for review of a decision that has been denied in whole or in part; after consideration of any relevant information; a request for: claim payment; certification; eligibility; referral; etc.

#### **First Level Appeals Procedure**

- An Appeal must be submitted to Aetna within 180 days of the date Aetna provides notice of denial. The Aetna address is on the **covered person's** ID card. The Appeal may be submitted by the **covered person**; or by a representative; designated by the **covered person**.
- The **covered person** may submit an oral grievance in connection with:
  - A denial of; or failure to pay for; a referral; or
  - A determination as to whether a benefit is covered under this Plan;
  - by calling Member Services. Aetna's Member Services telephone number is on the **covered person's** ID card. If the **covered person** is required to leave a recorded message; the **covered person's** message will be acknowledged within one business day after the call was recorded.

Aetna will summarize the nature of the grievance in writing. The **covered person** will be required to sign a written acknowledgement of the grievance. Such acknowledgement will be mailed promptly to the **covered person**. The **covered person** must sign and return the acknowledgement; with any amendments; in order to initiate the grievance. Upon receipt of the signed acknowledgement; the process below will be followed.

- An acknowledgment letter will be sent to the **covered person** within 1 day of Aetna's receipt of an oral Appeal; and 5 days of Aetna's receipt of a written Appeal. This letter may request additional information. If so; the additional information must be submitted to Aetna within 15 days of the date of the letter.
- The **covered person** will be sent a response within 30 days of Aetna's receipt of the Appeal. The response will be based on the information provided with; or subsequent to; the Appeal.
- If the Appeal concerns an eligibility issue; and if additional information is not submitted to Aetna after receipt of Aetna's response; the decision is considered Aetna's final response; 45 days after receipt of the Appeal. For all other Appeals; if additional information is to be submitted to Aetna after receipt of Aetna's response; it must be submitted within 15 days of the date of Aetna's response letter.
- Aetna's response will be sent within 30 days from the date of Aetna's first response letter.

In any urgent or emergency situation; the Expedited Appeal procedure may be initiated by a telephone call to Member Services. Aetna's Member Services telephone number is on the **covered person's** ID card. A verbal response to the Appeal will be given to the **covered person** and **covered person's** provider within 2 days; provided that all necessary information is available. Written notice of the decision will be sent within 2 business days of Aetna's verbal response.

### **Second Level Appeals Procedure**

If the **covered person** is dissatisfied with Aetna's grievance determination; the **covered person**; or a representative designated by the **covered person**; may submit a written appeal within 60 business days after receipt of such determination.

- An acknowledgement letter will be sent to the **covered person** within 15 days of Aetna's receipt of the written appeal.
- This letter may request additional information. If so; the additional information must be submitted to Aetna within 15 days of the date of the letter.
- Aetna's final response for an urgent or emergency situation will be sent within 2 business days. For all other situations; a response will be sent within 30 business days from the date of Aetna's receipt of all necessary information.

If additional time is needed to resolve an Appeal; except in an urgent or emergency situation; Aetna will provide a written notification; indicating that additional time is needed; explaining why such time is needed; and setting a new date for a response. The additional time will not be extended beyond another 30 days.

The **covered person** must exhaust the Internal Appeals Procedure before requesting an External Appeal. However; the **covered person** is not required to exhaust the Internal Appeals Procedure prior to requesting an External Appeal; if the **covered person** and Aetna have agreed that the matter may proceed directly to an External Appeal.

Aetna will keep the records of the **covered persons** complaint for 3 years.

## **EXTERNAL REVIEW PROCESS**

### ***EXTERNAL APPEAL***

#### ***RIGHT TO AN EXTERNAL APPEAL***

Under certain circumstances; the **covered person** has a right to an external appeal of a denial of coverage. Specifically; if Aetna has denied coverage on the basis that the service is not necessary; or is an experimental or investigational treatment; the **covered person** may appeal that decision to an External Appeal Agent; an independent entity certified by the State; to conduct such appeals.

#### ***RIGHT TO APPEAL A DETERMINATION THAT A SERVICE IS NOT NECESSARY***

If Aetna has denied coverage on the basis that the service is not necessary; the **covered person** may appeal to an External Appeal Agent; if the **covered person** satisfies the following criteria listed below:

- The service; procedure; or treatment; must otherwise be a Covered Medical Expense under this Plan; and
- The **covered person** must have received a final adverse determination through the first level of Aetna's internal review process; and Aetna must have upheld the denial; or the **covered person** and Aetna must agree in writing; to waive any internal appeal.

#### ***RIGHT TO APPEAL A DETERMINATION THAT A SERVICE IS EXPERIMENTAL OR INVESTIGATIONAL***

If the **covered person** has been denied coverage on the basis that the service is an experimental or investigational treatment; the **covered person** must satisfy the following criteria:

- The service must otherwise be a Covered Medical Expense under this Plan; and
- The **covered person** must have received a final adverse determination through the first level of Aetna's internal appeal process; and Aetna must have upheld the denial; or the **covered person** and Aetna must agree in writing to waive any internal appeal.

In addition; the **covered person's** attending physician must certify that the **covered person** has a life-threatening or disabling condition or disease. A "life-threatening condition or disease" is one which; according to the current diagnosis of the attending physician; has a high probability of death. A "disabling condition or disease" is any medically determinable physical or medical impairment that can be expected to result in death; or that has lasted; or can be expected to last; for a

continuous period of not less than 12 months; which renders the **covered person** unable to engage in any substantial gainful activities. In the case of a dependent child under the age of 18; a “disabling condition or disease” is any medically determinable physical or mental impairment of comparable severity.

The **covered person’s** attending physician must also certify that the life-threatening or disabling condition or disease is one for which standard health services are ineffective; or medically inappropriate; or one for which there does not exist a more beneficial standard service or procedure covered under this Plan; or one for which there exists a clinical trial (as defined by law).

In addition; the **covered persons** attending physician must have recommended at least one of the following:

- A service; procedure or treatment that 2 documents from available medical and scientific evidence indicate is likely to be more beneficial to the **covered person** than any standard Covered Medical Expense (only certain documents will be considered in support of this recommendation – the **covered person’s** attending physician should contact the State in order to obtain current information as to what documents will be considered acceptable); or
- A clinical trial for which the **covered person** is eligible (only certain clinical trials can be considered).

For the purposes of this section; the **covered person’s** attending physician must be a licensed; board certified; or board eligible physician; qualified to practice in the area appropriate to treat the **covered person’s** life-threatening or disabling condition or disease.

### ***THE EXTERNAL APPEAL PROCESS***

If; through the Aetna’s internal appeal process; the **covered person** has received a final adverse determination upholding a denial of coverage on the basis that the service is not necessary; or is an experimental or investigational treatment; the **covered person** has 45 days from receipt of such notice to file a written request for an external appeal. If the **covered person** and Aetna have agreed to waive any internal appeal; the **covered person** has 45 days from the receipt of such waiver to file a written request for an external appeal. Aetna will provide an external appeal application with the final adverse determination issued through the Aetna’s internal appeal process or its written waiver of an internal appeal. The **covered person** may also request an external appeal application from the New York State Department of Insurance at **1-800-400-8882**. The completed application must be submitted to the New York State Department of Insurance at the address listed in the application. If the **covered person** satisfies the criteria for an external appeal; the State will forward the request to a certified External Appeal Agent.

The **covered person** will have the opportunity to submit additional documentation with the request. If the External Appeal Agent determines that the information the **covered person** submit represents a material change from the information on which Aetna based its denial; the External Appeal Agent will share this information with Aetna in order for it to exercise its right to reconsider its decision. If Aetna chooses to exercise this right; Aetna will have 3 business days to amend or confirm its decision. Please note that in the case of an expedited appeal (described below); Aetna does not have a right to reconsider its decision.

In general; the External Appeal Agent must make a decision within 30 days of receipt of the completed application. The External Appeal Agent may request additional information from the **covered person**; the **covered person’s** physician or Aetna. If the External Appeal Agent requests additional information; it will have 5 additional business days to make its decision. The External Appeal Agent must notify the **covered person** in writing of its decision within 2 business days. If the **covered person’s** attending physician certifies that a delay in providing the service that has been denied poses an imminent or serious threat to the **covered person’s** health; the **covered person** may request an expedited external appeal. In that case; the External Appeal Agent must make a decision within 3 days of receipt of the completed application. Immediately after reaching a decision; the External Appeal Agent must try to notify the **covered person** and Aetna by telephone or facsimile of that decision. The External Appeal Agent must also notify the **covered person** in writing of its decision.

If the External Appeal Agent overturns Aetna’s decision that a service is not necessary; or approves coverage of an experimental or investigational treatment; Aetna will provide coverage subject to the other terms and conditions of this Plan. If the External Appeal Agent approves coverage of an experimental or investigational treatment that is part of a clinical trial; Aetna will only cover the costs of services required to provide treatment to the **covered person** according to

the design of the trial. Aetna shall not be responsible for the costs of investigational drugs or devices; the costs of non-health care services; the costs of managing research; or costs which would not be covered under this Plan for non-experimental or non-investigational treatments provided in such clinical trial.

The External Appeal Agent's decision is binding on both the **covered person** and Aetna. The External Appeal Agent's decision is admissible in any court proceeding.

The **covered person** will be charged a fee of **\$50** for an external appeal. The external appeal application will instruct the **covered person** on the manner in which the **covered person** must submit the fee. Aetna will also waive the fee if Aetna determines that paying the fee would pose a hardship to the **covered person**. If the External Appeal Agent overturns the denial of coverage; the fee shall be refunded to the **covered person**.

### ***RESPONSIBILITIES***

It is the **covered person's** responsibility to initiate the external appeals process. The **covered person** may initiate the external appeal process by filing a completed application with the New York State Department of Insurance. If the requested service has already been provided to the **covered person**; the **covered person's** attending physician may file an expedited appeal application on the **covered person's** behalf; but only if the **covered person** has consented to this in writing.

Under New York State law; the **covered person's** completed request for appeal must be filed within 45 days of either the date upon which the **covered person** receives written notification from Aetna that it has upheld a denial of coverage; or the date upon which the **covered person** receives a written waiver of any internal appeal. Aetna has no authority to grant an extension of this deadline.

### ***COVERED SERVICES AND EXCLUSIONS***

In general; this Plan does not cover experimental or investigational treatments. However; this Plan shall cover an experimental or investigational treatment approved by an External Appeal Agent in accordance with this section. If the External Appeal Agent approves coverage of an experimental or investigational treatment that is part of a clinical trial; Aetna will only cover the costs of services required to provide treatment to the **covered person**; according to the design of the trial. Aetna shall not be responsible for the costs of investigational drugs or devices; the costs of non-health care services; the costs of managing research; or costs which would not be covered under this Plan for non-experimental or non-investigational treatments provided in such clinical trial.

## **PRESCRIPTION DRUG CLAIM PROCEDURE**

***Preferred Care:*** When obtaining a covered Prescription, please present your Aetna Student Health ID card to an Aetna Preferred Pharmacy along with your applicable Copay. The Pharmacy will submit a claim to Aetna for the drug.

When you need to fill a Prescription and do not have your ID card with you, you may obtain your Prescription from an Aetna Preferred Pharmacy and be reimbursed by submitting a completed Aetna Prescription Drug claim form. A claim form is available at Student Health Services or by calling **(800) 238-6279**. You will be reimbursed for covered medications directly by Aetna. Please note, in addition to your Copay, you may be required to pay the difference between the retail price you paid for the Prescription Drug and the amount Aetna would have paid if you had presented your ID card and the Pharmacy had billed Aetna directly.

Information regarding Preferred Care Pharmacy locations is available by accessing the Internet at: [www.aetnastudenthealth.com](http://www.aetnastudenthealth.com). Click on "Find Your School" and enter **812835** as your Policy Number.

***Non-Preferred Care:*** You may obtain your Prescription from a Non-Preferred Pharmacy and be reimbursed by submitting a completed Aetna Prescription Drug claim form. You will be reimbursed for covered medications at the Recognized Charge allowance, less any applicable Deductible, directly by Aetna. You will be responsible for any amount in excess of the Recognized Charge.

***Please note:*** You will be required to pay in full at the time of service for all Prescriptions dispensed at a Non-Participating Pharmacy. Claim forms, Pharmacy locations, and claims status information can be obtained by contacting Aetna Pharmacy Management at **(800) 238-6279**. When submitting a claim, please include all Prescription receipts, indicate that you attend Columbia University Medical Center, and include your name, address, and student identification number.

## GENERAL INFORMATION

### **Patient Management Program**

Aetna evaluates and determines the appropriateness of medical care resources utilized by our members. To accomplish these goals, Aetna has developed a comprehensive Patient Management Program. Only medical directors make decisions denying coverage for services for reasons of Medical Necessity. Coverage denial letters delineate any unmet criteria, standards and guidelines, and inform the provider and member of the Appeal Process. Our patient management staff uses national guidelines and resources to guide the Pre-Certification, concurrent review and retrospective review process.

### ***Pre-Certification***

You must obtain certification for certain types of Non-Preferred Care to avoid a reduction in benefits paid for that care. To request Pre-Certification, you must call the number shown on your ID card. Such Pre-Certification must be obtained before care is received, or in the case of an emergency admission, procedure, or treatment, within one business day after the start of a confinement as a full-time inpatient or the performance of the procedure or treatment, or as soon as reasonably possible.

### ***Concurrent Review***

The concurrent review process assesses the necessity for continued stay, level of care, and quality of care for members receiving inpatient services. All inpatient services extending beyond the initial certification period will require concurrent review.

### ***Discharge Planning***

Discharge planning may be initiated at any stage of the patient management process and begins immediately upon identification of post discharge needs during Pre-Certification or concurrent review. The discharge plan may include initiation of a variety of services/benefits to be utilized by the member upon discharge from an inpatient stay.

### ***Retrospective Record Review***

The purpose of retrospective review is to retrospectively analyze potential quality and utilization issues, initiate appropriate follow-up action based on quality or utilization issues, and review all appeals of inpatient concurrent review decisions. Aetna's effort to manage the services provided to members includes the retrospective review of claims submitted for payment, and medical records submitted for potential quality and utilization concerns.

### **Provider Reimbursement**

Providers, providing covered services, are compensated on a fee-for-service basis. Aetna Pharmacy Management negotiates discounts from independent Pharmacies and chain Pharmacies that participate in the Aetna network. The reimbursement formula is based on Average Wholesale Price (AWP) less a negotiated discount, plus a dispensing fee. The dispensing fee is a contractual fee negotiated between Aetna Pharmacy Management and the network Pharmacy.

With Internet access, you can conduct an online search for participating Pharmacies through DocFind<sup>®</sup>, which is available on our website at [www.aetnastudenthealth.com](http://www.aetnastudenthealth.com). Click on "Find Your School" and enter **812835** as your Policy Number.

A paper directory is also available to members upon request. Where the member is responsible for a Coinsurance payment based on a percentage of the bill, the member's obligation is to be determined on the basis of the charges established by contract, if any, rather than on the basis of the Pharmacy's billed charges. Any charge for a service or supply furnished by a Preferred Pharmacy in excess of such provider's Negotiated Charge for that service or supply will not be a Covered Medical Expense under the group contract. It will be the responsibility of Aetna and the Preferred Pharmacy to resolve the amount deemed to be excess.

### **Confidentiality**

Aetna protects the privacy of confidential member medical information. We require that participating providers keep member information confidential in accordance with applicable laws. Furthermore, you have the right to access your medical records from participating providers, at any time.

Aetna (including its affiliates and authorized agents, collectively "Aetna") and participating providers require access to member medical information for a number of important and appropriate purposes, including claims payment, fraud prevention, coordination of care, data collection, performance measurement, fulfilling state and federal requirements, quality management, utilization review, research and accreditation activities, preventive health, early detection and disease management programs. Accordingly, for these purposes, members authorize the sharing of member medical information about themselves and their dependents between Aetna and participating providers and health delivery systems.

## NOTICE TO ENROLLEES

Participating providers are independent contractors in private practice and are neither employees nor agents of Aetna, the University, or Aetna Student Health. The availability of any particular provider cannot be guaranteed for referred or in-network benefits, and provider network composition is subject to change without notice. In the event of a problem with coverage, members should contact Customer Service at the toll-free number on their ID cards for information on how to utilize the complaint and appeals procedure when appropriate. All member care and related decisions are the sole responsibility of providers. Aetna does not provide health care services and, therefore, cannot guarantee any results or outcomes.

## ON CALL INTERNATIONAL

Chickering Claims Administrators, Inc. (CCA) has contracted with On Call International (On Call) to provide **Covered Persons** with access to certain accidental death and dismemberment benefits, worldwide emergency travel assistance services and other benefits.

A brief description of these benefits is outlined below.

### **Accidental Death and Dismemberment (ADD) Benefits<sup>1</sup>**

These benefits are underwritten by United States Fire Insurance Company (USFIC) and include the following:

Benefits are payable for the Accidental Death and Dismemberment of **Covered Persons**, up to a maximum of **\$10,000**.

**Medical Evacuation and Repatriation (MER) Benefits.** The following benefits are underwritten by Virginia Surety Company (VSC), with medical and travel assistance services provided by On Call. These benefits are designed to assist **Covered Persons** when traveling more than 100 miles from home, anywhere in the world.

- Unlimited Emergency Medical Evacuation
- Unlimited Medically Supervised Repatriation
- Unlimited Return of Mortal Remains
- Return of Traveling Companion
- **\$2,500** Emergency Return Home in the event of death or life-threatening illness of a parent or sibling

### **Natural Disaster and Political Evacuation Services (NDPE)**

The following benefits are underwritten by CV Starr (CV), with medical and travel assistance services provided by On Call. If a **Covered Person** requires emergency evacuation due to governmental or social upheaval, which places him/her in imminent bodily harm (as determined by On Call security personnel in accordance with local and U.S. authorities), On Call will arrange and pay for his/her transportation to the nearest safe location, and then to the his/her home country. If a **Covered Person** requires emergency evacuation due to a natural disaster, which makes his/her location uninhabitable, On Call will arrange and pay for his/her evacuation from a safe departure point. Benefits are payable up to \$100,000 per event per person.

**Worldwide Emergency Travel Assistance (WETA) Services.** On Call provides the following travel assistance services:

- 24/7 Emergency Travel Arrangements
- Translation Assistance
- Emergency Travel Funds Assistance
- Lost Luggage and Travel Documents Assistance
- Assistance with Replacement of Credit Card/Travelers Checks
- Medical/Dental/Pharmacy Referral Service
- Hospital Deposit Arrangements
- Dispatch of **Physician**
- Emergency Medical Record Assistance
- Legal Referral
- Bail Bonds Assistance

The On Call International Operations Center can be reached 24 hours a day, 365 days a year.

**The information contained above is a just summary of the ADD, MER, WETA, and NDPE benefits and services available through On Call, USFIC, VSC and CV. For a copy of the plan documents applicable to the ADD, MER,**

**WETA and NDPE coverage, including a full description of coverage, exclusions and limitations, please contact Aetna Student Health at [www.aetnastudenthealth.com](http://www.aetnastudenthealth.com) or (800) 966-7772.**

**NOTE: In order to obtain coverage, all MER, WETA and NDPE services must be provided and arranged through On Call. Reimbursement will not be provided for any services not provided and arranged through On Call. Although certain emergency medical services may be covered under the terms of the Covered Person's student health insurance plan (the "Plan"), neither OnCall, USFIC, VSC nor CV provide coverage for emergency medical treatment rendered by doctors, hospitals, pharmacies or other health care providers. Coverage for such services will be provided in accordance with the terms of the Plan and exclusions, limitations and benefit maximums may apply. Neither CCA, nor Aetna Life Insurance Company, nor their affiliates provide medical care or treatment and they are not responsible for outcomes.**

**To file a claim for ADD benefits, or to obtain MER, WETA or NDPE benefits/services, or for any questions related to those benefits/services, please call On Call International at the following numbers listed on the On Call ID card provided to Covered Persons when they enroll in the Plan: Toll Free at (866) 525-1956 or Collect at (603) 328-1956.**

**All Covered Persons should carry their On Call ID card when traveling.**

CCA and On Call are independent contractors and not employees or agents of the other. CCA provides access to ADD, MER, WETA and NDPE benefits/services through a contractual arrangement with On Call. However, neither CCA nor any of its affiliates provides or administers ADD, MER, WETA or NDPE benefits/services and neither CCA nor any of its affiliates is responsible in any way for the benefits/services provided by or through On Call, USFIC, VSC or CV. Premiums/fees for benefits/services provided through On Call, USFIC, VSC and CV are included in the Rates outlined in this brochure.

*These services, programs or benefits are offered by vendors who are independent contractors and not employees or agents of Aetna.*

## NOTICE

Aetna considers nonpublic personal member information confidential and has policies and procedures in place to protect the information against unlawful use and disclosure. When necessary for your care or treatment, the operation of your health Plan, or other related activities, we use personal information internally, share it with our affiliates, and disclose it to health care providers (doctors, dentists, pharmacies, hospitals, and other caregivers), vendors, consultants, government authorities, and their respective agents. These parties are required to keep personal information confidential as provided by applicable law. Participating Network/Preferred Providers are also required to give you access to your medical records within a reasonable amount of time after you make a request. By enrolling in the Plan, you permit us to use and disclose this information as described above on behalf of yourself and your dependents. To obtain a copy of our Notice of Privacy Practices describing in greater detail our practices concerning use and disclosure of personal information, please call the toll-free Customer Services number on your ID card or visit [www.aetnastudenthealth.com](http://www.aetnastudenthealth.com).

*Administered by:*

Aetna Student Health.  
P.O. Box 981106  
El Paso, TX 79998  
877-409-7366  
[www.aetnastudenthealth.com](http://www.aetnastudenthealth.com)

*Underwritten by:*

Aetna Life Insurance Company (ALIC)  
151 Farmington Avenue  
Hartford, CT 06156  
**(860) 273-0123**  
Policy No. 812835

The Columbia University Medical Center Student Health Insurance Plan is underwritten by Aetna Life Insurance Company (ALIC) and administered by Chickering Claims Administrators, Inc. Aetna Student Health<sup>SM</sup> is the brand name for products and services provided by these companies and their applicable affiliated companies.