



# Campus and Community Guide



COLUMBIA UNIVERSITY  
MEDICAL CENTER

[www.cumc.columbia.edu](http://www.cumc.columbia.edu)



Welcome to the Columbia University Medical Center. Whether you are a student, faculty, staff, or a visitor we hope this guide will acquaint you with the Campus and its vicinity.

The sections are color coded. The green section includes general information which may be helpful for all students, faculty, staff, and visitors. The red section will probably be most helpful to faculty and staff. The blue section highlights services for students. Finally, the purple section provides information about the community surrounding our campus. The information is listed alphabetically.

The services available should assist in filling your academic, administrative, and personal needs. The services include: athletic facilities, banking services, employment opportunities, facsimile services, health services, international student services, mail services, partner/family connections, and other useful information. Detailed information for locating services within a particular school is also provided in the section titled, "Schools and Programs."

The back of this guide highlights travel tips and contains a map that depicts the campus and the surrounding area. Also, peruse the community section. In this section, you will find lots of information about cultural events, dining, shopping, fast food venues and area parks and recreation.

We trust that this publication will be a useful tool as you guide your way around the campus.

\*For additional information on services at Columbia University visit [www.cumc.columbia.edu](http://www.cumc.columbia.edu)



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# General Services

## Athletic Facilities

### Armory Track & Field

**Location**

216 Fort Washington Avenue  
New York, N.Y. 10032

**Phone**

212-923-2068

**Website**

[www.armorytrack.com](http://www.armorytrack.com)

### Baker Field Athletic Complex

**Location**

533 West 218th Street  
New York, N.Y. 10040

### Bard Athletic Center (BAC)

Membership Information

**Location**

Bard Hall  
50 Haven Avenue

**Phone**

212-304-7005

**Fax**

212-544-1900

Equipment Sign-Up

**Location**

Bard Hall, floor 3B

**Phone**

212-304-7010

### Dodge Physical Fitness Center

**Location**

3030 Broadway  
New York, N.Y. 10027

**Phone**

212-854-7149

**Website**

[www.columbia.edu/cu/athletics/recreation\\_facility/dodge\\_gym.html](http://www.columbia.edu/cu/athletics/recreation_facility/dodge_gym.html)

### NYPH Employee Fitness Center

**Location**

Service Building  
627 West 165th Street

**Phone**

212-305-1800

**Fax**

212-305-0476

## Banks/ATMs

### Apple Bank (Branch and ATMs)

**Location**

706 West 181st Street  
New York, N.Y. 10033

**Phone**

800-722-6888

**Website**

[www.theapplebank.com](http://www.theapplebank.com)

### Banco Popular (Branch and ATMs)

**Location**

4043 Broadway  
New York, N.Y. 10032

**Phone**

800-377-0800

**Fax**

212-568-5987

**Website**

[www.bancopopular.com](http://www.bancopopular.com)

### Chase Bank (Branches and ATMs)

Harkness Pavilion

**Location**

180 Fort Washington Avenue  
1st floor

**Phone**

212-935-9935/ 212-568-0041

**Fax**

212-795-5329

**Website**

[www.chase.com](http://www.chase.com)

**Location**

3940 Broadway  
New York, N.Y. 10032

**Phone**

212-935-9935

**Website**

[www.chase.com](http://www.chase.com)

### Chase Bank (ATMs ONLY)

Milstein Hospital Building

**Location #1**

177 Fort Washington Avenue  
Presbyterian Hospital Building, 2nd floor

**Location #2**

622 West 168th Street  
Presbyterian Hospital Building, 1st floor

### Citibank (Branch & ATMs)

**Location**

4249 Broadway  
Between West 180th Street and 181st Street  
New York, N.Y. 10032

**Phone**

212-627-3999

**Website**

[www.citibank.com](http://www.citibank.com)

### Citibank (ATMs ONLY)

**Location #1**

4058 Broadway  
New York, N.Y. 10032

**Location #2**

Bard Hall, 60 Haven Avenue

## Columbia-Barnard Federal Credit Union (Branch Only)

### Location

505E Lerner Hall, Morningside Campus

### Phone

212-854-8228

### E-mail

cbfcu@columbia.edu

### Website

www.bethexfcu.org

## Municipal Credit Union (Branch & ATMs)

### Location

Psychiatric Institute

722 West 168th Street, 1st floor

### Phone

212-693-4900

## Neighborhood Trust Federal Credit Union

### Location

George Washington Bridge Bus Terminal

4211 Broadway

(Between 178th and 179th Streets  
and Fort Washington Avenue)

New York, N.Y. 10033

### Phone

212-740-0900

### Fax

212-543-9120

## Bookstores

### Columbia University Bookstore

#### Location

Morningside Campus

2922 Broadway at 115th Street

New York, N.Y. 10027

#### Phone

212-854-4131

#### E-mail

columbia@bkstore.com

#### Website

www.bkstore.com/columbia

### CUMC Audubon Bookstore Barnes & Noble

#### Location

3854 Broadway at 165th Street

New York, N.Y. 10032

#### Phone

212-923-2149

#### Fax

212-866-8713

#### E-mail

Columbia@bkstore.com

#### Website

www.bkstore.com/columbia

## Chapels, Churches and Synagogues

### Beth Am The Peoples Temple

#### Location

178 Bennett Avenue

New York, N.Y. 10033

#### Phone

212-927-2230

### Church of the Incarnation

#### Location

1290 St. Nicholas Avenue

New York, N.Y. 10033

#### Phone

212-927-7474

### Pauline A. Hartford Memorial Chapel

(Non-denominational)

#### Location

Presbyterian Hospital Building, 1st floor

622 West 168th Street

### Holyrood Episcopal Church

#### Location

715 West 179th Street

New York, N.Y. 10035

#### Phone

212-923-3770

### Our Lady of Esperanza Church

#### Location

510 West 165th Street

New York, N.Y. 10032

#### Phone

212-568-0091

### Washington Heights Congregation

#### Location

815 West 179th Street

New York, N.Y. 10032

#### Phone

212-928-7370





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## Child Care

### Medical Center Nursery School

**Location**

Bard Hall  
60 Haven Avenue, 2nd floor

**Phone**

212-304-7040

**Fax**

212-544-4243

**Website**

[www.mcns.org](http://www.mcns.org)

### Presbyterian Hospital Infant and Child Care Center

**Location**

61 Haven Avenue  
New York, N.Y. 10032

**Phone**

212-927-2723

**Fax**

212-740-7376

**Website**

[www.presbykids.com](http://www.presbykids.com)

### Washington Heights Child Care Center

**Location**

610-14 West 175th Street  
New York, N.Y. 10033

**Phone**

212-781-2472

**Fax**

212-781-2410

*For more Child Care listings, contact the  
Office of Government and Community Affairs  
at 212-305-8060 or log on to  
[www.healthsciences.columbia.edu/dept/gc/](http://www.healthsciences.columbia.edu/dept/gc/)*

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## Computing and Technology Services

### Help Desk Contact Information Technology and Operations

Network questions and computers

**Phone**

212-305-HELP or 5-HELP

**Website**

[www.cubhis.org/](http://www.cubhis.org/)



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## Dining On-Campus

For additional listings,  
please see *Dining in the Community*

### Sam's Underground Café

**Location**

Bard Hall  
50 Haven Avenue  
*Lunch and dinner served*

### Cafe X Carte

**Location**

Russ Berrie Pavilion, Lobby  
*Coffee and espresso drinks, gourmet  
sandwiches, salads, and desserts*

### Express Room Café

**Location**

Black Building, 1st floor

**Phone**

212-305-1162

*Coffee and espresso drinks, gourmet sand-  
wiches, salads, and desserts*

### Expresso Bar

**Location**

Hammer Health Sciences Building, Lobby

**Phone**

212-305-4049

*Coffee and espresso drinks, gourmet  
sandwiches, salads, and desserts*



### Faculty Club

**Location**

P&S Building, 4th floor

**Phone**

212-305-5652

*Restaurant and catering services*

## Garden Café

### Location

Presbyterian Hospital Building, 1st floor

### Phone

212-305-2186

*Cafeteria*

## Presby's

### Location

Presbyterian Hospital Building, 1st floor

### Phone

212-305-2186

## Sicily's

### Location

Presbyterian Hospital Building, 1st floor

### Phone

212-342-5774

*Italian favorites*

## Streets of New York

### Location

Milstein Hospital Building, 2nd floor

### Phone

212-305-4257

*"All Day Wonder" bar with fresh fruit, salads, soups, entrees, sandwiches, and desserts*

## Windows on the Hudson

### Location

Milstein Hospital Building, 9th floor

### Phone

212-305-4862

*Fine dining*

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## Employment Opportunities

### Human Resources, Health Sciences Campus

#### Location

112 Black Building

#### Phone

212-305-3819

#### Website

*(employment listings)*

[www.columbia.edu/cu/jobs/](http://www.columbia.edu/cu/jobs/)

### Human Resources, Morningside Campus

#### Location

1901 Interchurch

#### Phone

212-870-2425

#### Website

*(employment listings)*

[www.columbia.edu/cu/jobs/](http://www.columbia.edu/cu/jobs/)

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## Facilities Operations

*Maintenance for Buildings and Grounds*

### Academic and Research Buildings

#### Hours of Operation

Monday-Friday 8:00 a.m.-5:00 p.m.

#### Phone

212-305-3753

Evenings, weekends, & holidays

#### Phone

212-305-8100

### Apartment Housing

60, 100, 106 and 154 Haven Avenue,  
390 Fort Washington Avenue

#### Location

Management Office

Tower 2, 1st floor

#### Hours of Operation

Monday-Friday 9:00 a.m.-5:00 p.m.

#### Phone

212-304-7270

Evenings, weekends, & holidays

#### Phone

212-304-7262

### Residence Halls

Bard Hall, The Georgian Residence

#### Location

Bard Hall

Housing Office, 1st floor

#### Hours of Operation

Monday-Friday 8:00 a.m.-5:00 p.m.

#### Phone

212-304-7000

Evenings, weekends, & holidays

#### Phone

212-305-8100

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## Fax Services

### Interlibrary Loan Office

#### Location

Health Sciences Library

#### Phone

212-305-4082

#### Fax

212-234-0595

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## Fire Safety Training

### Environmental Health & Safety

#### Location

601 West 168th Street, Suite #63

#### Phone

212-305-6780

#### Website

[www.cpmcnet.columbia.edu/dept/ehs](http://www.cpmcnet.columbia.edu/dept/ehs)

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## Graphic Design Services

### Center for Biomedical Communications

#### Website

[www.cpmcnet.columbia.edu/dept/cbc](http://www.cpmcnet.columbia.edu/dept/cbc)

### Photography

#### Location

Presbyterian Hospital Building, 20th floor

#### Phone

212-305-7716

### Photo Store

Presbyterian Hospital Building, 20th floor

#### Phone

212-305-7716

### Projection & Video Production

#### Location

Presbyterian Hospital Building, 20th floor

#### Phone

212-305-8356

### Medical Illustration, Graphic Design and PowerPoint Presentations

#### Location

Presbyterian Hospital Building, 20th floor

#### Phone

212-305-8362

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## Health Services

Columbia Dental Associates Clinics

Location: Vanderbilt Clinic, 7th Floor

Phone: 212-305-8616

Dental Clinic

School of Dental and Oral Surgery

#### Location

Vanderbilt Clinic, 7th Floor

#### Phone

212-305-6726

#### Website

<http://cpmcnet.columbia.edu/dept/dental/patient>

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## Housing Services

### Website

<http://housing.hs.columbia.edu>

### Faculty Housing

*Information and Application available from the Office of the Vice President for Administration*

#### Location

P&S, 2-401

#### Phone

212-305-7995

### Off-Campus Housing

*Washington Heights Apartment Listings and Services*

#### Location

Off-Campus Housing Resources Center  
Bard Hall

50 Haven Avenue, Room #105

#### Phone

212-304-5884

*Morningside Heights Apartment Listings and Services*

#### Location

OCHA Off-Campus Housing Assistance  
419 West 119th Street

#### Phone

212-854-2773

### Post Doctoral Research Fellows and Scientists Housing

*Information and Lottery Application*

#### Location

Off-Campus Housing Resource Center  
Bard Hall

50 Haven Avenue, Room #105

#### Phone

212-304-5884

*Applications also available from departments and the Office of Graduate Affairs, Hammer Health Sciences Center, Room 406*

### Student Housing

Information and Application

#### Location

Health Sciences Housing Office  
Bard Hall

50 Haven Avenue, 1st floor

#### Phone

212-304-7000



### Temporary and Guest Accommodations

Information and Application

#### Location

Health Sciences Housing Office

Bard Hall

50 Haven Avenue

#### Phone

212-304-7000



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## Libraries

### Augustus C. Long Health Sciences Library

#### Location

Hammer Health Sciences Center

#### Phone

212-305-3605



#### Fax

212-305-0595

#### Website

<http://cpmcnet.columbia.edu/library/>

### Columbia University Libraries

#### Location

Morningside Campus

#### Website

[www.columbia.edu/cu/libraries](http://www.columbia.edu/cu/libraries)

### NY State Psychiatric Institute Library

#### Location

New York State Psychiatric Institute  
1051 Riverside Drive, 6th floor

#### Phone

212-543-5675

### New York Public Libraries

#### Fort Washington Branch

##### Location

535 West 179th Street  
(Between St. Nicholas and Audubon Avenues)

New York, N.Y. 10033

##### Phone

212-927-3533

#### Washington Heights Branch

##### Location

1000 St. Nicholas Avenue  
New York, N.Y. 10032

##### Phone

212-923-6054

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## Mail Services

### Campus Mail

#### Location

Mail Room  
P&S, 1st floor

#### Phone

212-305-3497

### Receiving

#### Location

P&S Basement

#### Phone

212-305-3602

## Hammer Building Mail & Receiving

### Location

Loading Dock

### Phone

212-305-3820

## Residential Mail

Residence Halls, Bard Hall and The Georgian Residence are serviced by the Residence Halls Mail Room

### Location

Bard Hall, 1st floor

Apartment Housing,

60, 100, 106 and 154 Haven

Avenue and 390 Fort Washington Avenue are serviced by the U.S. Postal Service

## Other Mail Services

### Airborne Express



### Locations

Black Building, Lobby

## Federal Express Drop-Off

### Locations

Neurological Institute, Lobby  
60 Haven Avenue, Tower 1, Lobby  
Presbyterian Hospital Building, Lobby  
P&S Lobby

## U.S. Mailboxes

### Locations

Neurological Institute, Lobby  
Presbyterian Hospital Building, Lobby  
168th Street & Broadway  
168th Street & Fort Washington Avenue  
169th Street & Haven Avenue  
171st Street & Haven Avenue

## U.S. Postage Machines

### Locations

Hammer Health Sciences Center, Lobby  
P&S, Lobby

## Audubon Station

### Location

511 West 165th Street  
New York, N.Y. 10032

### Phone

212-568-2387

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## Parking, On-Campus

### Long-Term Parking

## Parking Office Information & Application

### Location

P&S 2-460

### Phone

212-305-7270

### Fax

212-305-8119

### Short-Term Parking

## Transient/Guest

### Evening and Weekend Parking

*Ticket Purchase-based upon space availability. Exact change and cash only*

### Location

Black Building, 1st floor, Room 109

### Phone

212-305-8100

### Hours

Monday-Thursday 7:30 p.m.-7:30 a.m.  
Friday 6:30 p.m.-Monday 7:00 a.m.

## 24 Hour Guest Parking

### Location

Presbyterian Hospital Lot  
165th Street and Fort Washington Avenue

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## Photocopying

## Augustus C. Long Health Sciences Library

### Location

Lower Level 1

### Phone

212-305-6989

### Fax

212-234-0595

## Website

<http://cpmcnet.columbia.edu/library/>  
*Self-service copying, high volume copying, and document delivery*

## Copy Room

### Location

P&S, 2nd floor

### Phone

212-305-3614

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## Photo Supplies

### Photo Store

Presbyterian Hospital Building, 20th floor

### Phone

212-305-7716

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## Security, Columbia University

## Campus Security and Crime Prevention

### Location

Black Building, 1st floor, Room 109

### Phone

212-305-8100

### Emergency Phone

212-305-7979

### Website

<http://cpmcnet.columbia.edu/dept/security/>

## Campus Security Desks

### Location #1

Audubon Building, Lobby

### Phone

212-342-7009

### Location #2

Bard Hall, Lobby

### Phone

212-304-7018

### Location #3

Black Building, 1st floor

### Phone

212-305-8103

### Location #4

Georgian Residence Building, 1st floor

### Phone

212-304-7015

### Location #5

Hammer Health Sciences Center, 1st floor

### Phone

212-305-8104

**Location #6**

P&S, 1st floor

**Phone**

212-305-4095

**Location #7**

Russ Berrie Pavilion, Lobby

**Phone**

212-851-5558

**Location #8**

Tower 1, Lobby

**Phone**

212-304-7002

**Emergency Call Boxes****Locations**

- 50 Haven Avenue (in front of Bard Hall)
- Corner West 169th Street and Fort Washington Avenue
- HHSC side entrance
- Towers I and II

**Escort Service****Location**

Black Building, 1st floor, Room 109

**Phone**

212-305-8100

**Fire Emergencies****Phone**

911

**Phone**

212-305-7979

**Identification Cards,  
Columbia University I.D.  
Processing and Replacement**

Students and Employees

**Location**

Black Building, 1st floor, Room 141

**Phone**

212-305-3992

**Hours**

Monday-Friday 9:30 a.m.-4:30 p.m.

**Incident Reporting****Location**

Black Building, 1st floor, Room 109

**Phone**

212-305-8100

**New York City 33rd Police Precinct****Location**

170th Street and Amsterdam Avenue

New York, N.Y. 10032

**Phone**

212-927-3200

**New York City 34th Police Precinct****Location**

4295 Broadway

Between 182nd & 183rd Streets)

New York, N.Y. 10033

**Phone**

212-927-9711

**Security  
NewYork Presbyterian Hospital****Presbyterian Hospital Security****Location**

Presbyterian Hospital Building,

1st floor, Room 031

**Phone**

212-305-2222

**Identification Cards,  
Columbia University Medical Center****I.D. Clearance****Location**

Black Building, 1st floor, Room 109

**Phone**

212-305-8100

**I.D. Processing and Replacement****Location**

Presbyterian Hospital Building,

1st floor, Room 031

**Phone**

212-305-2925

**Hours of Operation**

Monday-Friday 8:00 a.m.-3:30 p.m.

**Telecommunications****Campus Telecommunications**

Location

Black Building, Basement

**Phone**

212-305-7777

**Residential Telecommunications****Phone**

888-285-1507

**Website**

[www.campustechcom.com](http://www.campustechcom.com)

**Calling on Campus**

Dial \*8-xxxx

to call any "304" exchange

Dial 2-xxxx

to call within the "304" exchange

Dial 5,6, or 7-xxxx

to call any "305" exchange

Dial 2-xxxx

to call "342" exchange

Dial 4-xxxx

to call the Allen pavilion "932" exchanges



# Administrative Services

## **Affirmative Action Office**

### **Location**

Black Building 126C

### **Phone**

212-305-6044

### **Fax**

212-305-4157

## **Billing Compliance Program**

### **Location**

601 West 168th Street,  
Suite 22

### **Phone**

212-305-3842

### **Fax**

212-305-3147

### **Website**

<http://cpmcnet.columbia.edu/dept/compliance/>

## **Business Office**

### **Location**

P&S 2-443

### **Phone**

212-305-3597

### **Fax**

212-305-4742

## **Clinical Trials Office**

### **Location**

Presbyterian Hospital Building, 15 Center,  
Suite 1540

### **Phone**

212-305-3360

### **Website**

[www.clinicaltrials-nyph.org/](http://www.clinicaltrials-nyph.org/)

## **Development Office**

### **Location**

P&S 2-421

### **Phone**

212-304-7200

### **Website**

<http://cpmcnet.columbia.edu/dept/develop/>

## **Environmental Health & Safety**

### **Location**

601 West 168th Street, Suite # 66

### **Phone**

212-305-6780

### **Website**

<http://cpmcnet.columbia.edu/dept/ehs/>

## **Equal Employment Opportunity/ Affirmative Action Office**

### **Location**

402 Low Memorial Library

### **Phone**

212-854-5511

### **Fax**

212-854-1368

## **External Relations/Communications**

### **Location**

Presbyterian Hospital Building 1-132

### **Phone**

212-305-3900

### **Fax**

212-305-4521

### **Website**

<http://healthsciences.columbia.edu/dept/extrel/>

## **Faculty Affairs Office**

### **Location**

Black Building 126E

### **Phone**

212-305-5390

### **Fax**

212-305-5208

## **Government & Community Affairs**

### **Location**

Presbyterian Hospital Building,  
15th floor, East 1525

### **Phone**

212-305-8060

### **Fax**

212-928-5799

### **Website**

[www.healthsciences.columbia.edu/dept/gc/](http://www.healthsciences.columbia.edu/dept/gc/)

## **Grants and Contracts**

### **Location**

Mailman School of Public Health Building  
722 West 168th Street, 4th floor

### **Phone**

212-305-4191

### **Fax**

212-305-3697

### **Website**

[www.research.hs.columbia.edu/ogc/pers.htm](http://www.research.hs.columbia.edu/ogc/pers.htm)

## **Health Service (Dental Plan)**

### **Location**

Presbyterian Hospital Building, 7th Floor  
East

### **Phone**

212-305-7590

Occupational Health Services

### **Location**

Harkness Pavilion, 1st Floor

### **Phone**

(212) 305-7590

## **HIPPA Compliance Office**

### **Location**

601 West 168th Street, Suite 22

### **Phone**

212-305-7315

### **Fax**

212-342-0061

## **Human Resources**

### **Location**

Black Building 112

### **Phone**

212-305-3819

### **Fax**

212-305-5728

### **Website**

[www.healthsciences.columbia.edu/hs/hr/index.html](http://www.healthsciences.columbia.edu/hs/hr/index.html)

## **Institutional Animal Care and Use Committee (IACUC)**

### **Location**

722 West 168th Street, 4th floor

### **Phone**

212-305-2404

### **Fax**

212-305-5833

**Website**

<http://healthsciences.columbia.edu/dept/iacuc/>

**Institutional Review Board (IRB)****Location**

722 West 168th Street, 4th floor, Room 426

**Phone**

212-305-5883

**Fax**

212-305-1316

**Website**

[www.cpmcirb.hs.columbia.edu/root/main.htm](http://www.cpmcirb.hs.columbia.edu/root/main.htm)

**International Affairs Office****Location**

Black Building 126B

**Phone**

212-305-5455

**Fax**

212-305-5208

**Website**

[www.cpmcnet.columbia.edu/dept/immigration](http://www.cpmcnet.columbia.edu/dept/immigration)

**Ombuds Office****Location**

Bard Hall, Room 101

**Phone**

212-304-7026

**Fax**

212-854-6046

**Purchasing Office****Location**

Black Building 126A

**Phone**

212-305-4198

**Fax**

212-305-2035

**Radiation Safety Office****Location**

Black Building B-06

**Phone**

212-305-0303

**Fax**

212-305-0318

**Website**

<http://healthsciences.columbia.edu/dept/radsafety/>

**Science and Technology Ventures****Location**

Presbyterian Hospital Building, 1535 East

**Phone**

212-305-5198

**Fax**

212-305-5070

**Website**

[www.stv.columbia.edu/](http://www.stv.columbia.edu/)

# Student Services

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## Campus Study Areas

### Bard Student Lounge

**Location**

Bard Hall, 1st floor

### Classrooms

**Location**

Hammer Health Sciences Center  
3rd and 4th floors

*Available when classes are not in session.*

### Group Study Rooms

**Location**

Health Sciences Library  
Lower Levels 1 and 2

### Student Learning Center

**Location**

Presbyterian Hospital Building, 17th floor

**Phone**

212-305-9348

*Available when classes are not in session.*

### Study Carrels

**Location**

Health Sciences Library  
Application information at Circulation Desk

**Website**

[www.healthsciences.columbia.edu/library/](http://www.healthsciences.columbia.edu/library/)

### Library Study Areas

**Location**

Health Sciences Library  
Lower Level 2

### 24 Hour Computer Room

**Location**

Hammer Health Sciences Center, 1st floor  
(Adjacent to library entrance)

### 24 Hour Study Room

**Location**

Hammer Health Sciences Center, 1st floor

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## Cashiering Services

**Location**

Black Building, 127

**Phone**

212-305-1108

**Fax**

212-305-7973

**E-mail**

[sahs@columbia.edu](mailto:sahs@columbia.edu)

**Website**

<http://healthsciences.columbia.edu/student/admin/>

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## Counseling Services

### Center for Student Wellness

**Location**

50 Haven Avenue  
Bard Hall, Room 107

**Phone**

212-304-5564

**Fax**

212-544-1967

### Ombuds Office

**Location #1**

Bard Hall, Room 101

**Phone**

212-304-7026

**Location #2**

660 Schermerhorn Ext.

**Phone**

212-854-1234

**E-mail**

[ombuds@columbia.edu](mailto:ombuds@columbia.edu)

### Pastoral Counseling

**Location**

Bard Hall, 1st floor

**Phone**

212-305-3989/212-740-2423

### Psychoanalytic Center

**Location**

1051 Riverside Drive, Room 1710  
722 West 168th Street

**Phone**

212-927-0112

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## Office of Sexual Misconduct, Prevention, and Education

**Location #1**

Lerner Hall, Room 703

**Phone**

212-854-1717

**Location #2**

Bard Hall, Room 101

**Phone**

212-304-7028

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## Disability Services

### Disability Services

**Location**

Lerner Hall, Room 802

**Phone**

212-854-2388, TDD 212-854-2378

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## Identification Cards

Please see **Security, Columbia University** and **Security, New York-Presbyterian Hospital**

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## International Students

### International Affairs Office (IAO)

**Location**

Black Building 126B

**Phone**

212-305-5455

**Fax**

212-305-5208

### International Students & Scholars Office (ISSO)

*GSAS and Public Health students only*

**Location**

Morningside Campus  
524 Riverside Drive, Suite 200

**Phone**

212-854-3587

**Fax**

212-854-8579

**Website**

[www.columbia.edu/cu/isso/](http://www.columbia.edu/cu/isso/)

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## Health Services

### Student Health Service

The Student Health Service delivers health care to enrolled members on the Health Science Campus. Physicians, nurse practitioners, and nurses provide primary care services, including general health maintenance and routine gynecological exams, and are available throughout the day for urgent and acute health problems. Patients may be examined by appointment or on a walk-in basis, Monday through Thursday, 8 AM to 7 PM, and on Friday, 8AM - 4PM. Emergency care after hours is coordinated through the physician on call.

#### Location

60 Haven Avenue, 1st Floor

#### Phone

212-305-795-4181

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## Registrar Services

### Registrar's Office

#### Location

Black Building, 141

#### Phone

212-305-3992

#### Fax

212-305-1590

#### E-mail

sashs@columbia.edu

#### Website

<http://healthsciences.columbia.edu/student/admin/registrar.html>



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## Schools and Programs

### College of Physicians & Surgeons

#### Admissions

#### Location

P&S 1-416

#### Phone

212-305-3595

#### Fax

212-305-3601

#### E-mail

psadmissions@columbia.edu

#### Student Financial Planning

#### Location

Black Building 1-139

#### Phone

212-305-4100

#### Website

[www.cpmcnet.columbia.edu/student/finaid](http://www.cpmcnet.columbia.edu/student/finaid)

#### Fax

212-305-0221

#### Student Affairs

#### Location

P&S 3-401

#### Phone

212-305-3806

### Graduate School of Arts & Sciences

#### The Coordinated Doctoral Program

in the Basic Sciences includes the Ph.D. programs in Biochemistry and Molecular Biophysics; Biomedical Informatics; Cell Biology; Cellular, Molecular and Biophysical Studies; Genetics and Development; Microbiology; Neurobiology and Behavior; Nutrition; Pathology; Pharmacology; and Physiology and Cellular Biophysics. The Masters in Biomedical Informatics is also offered.

*Admissions, Student Services, Academic Affairs, Financial Aid*

#### Location

Health Sciences Center, 4th floor, Room 406

#### Phone

212-305-8058

#### Fax

212-305-1031

#### E-mail

gsasatpands@columbia.edu

#### Website

[www.healthsciences.columbia.edu/dept/gsas/](http://www.healthsciences.columbia.edu/dept/gsas/)

### Institute of Human Nutrition

#### Admissions

#### Location

Presbyterian Hospital Building,  
East 15-1512



#### Phone

212-305-4808

#### Fax

212-305-3079

#### E-mail

nutri@cpmc3.cis.columbia.edu

#### Financial Aid & Student Affairs

#### Location

Presbyterian Hospital Building,  
East 15-1512

#### Phone

212-305-4808

#### Website

[www.cpmcnet.columbia.edu/dept/](http://www.cpmcnet.columbia.edu/dept/)

### Mailman School of Public Health

#### Admissions & Student Services

#### Location

722 West 168th Street, Suite 1030

#### Phone

212-305-3927

#### Fax

212-305-1830

#### E-mail

ph-admit@columbia.edu

#### Financial Aid

#### Location

722 West 168th Street, Suite 1030

#### Phone

212-305-413

#### Fax

212-342-1861

#### Website

[www.mailman.hs.columbia.edu/financialaid/index.html](http://www.mailman.hs.columbia.edu/financialaid/index.html)

The following Doctoral Programs leading to a Ph.D. are sponsored by the Mailman School of Public Health, and administered through the Graduate School of Arts and Sciences.

## **Biostatistics**

*Academic Inquiries*

### **Location**

722 West 168th Street, 6th floor

### **Phone**

212-305-9398

### **Fax**

212-305-9408

### **E-mail**

lam76@columbia.edu

### **Website**

[www.mailman.hs.columbia.edu/biostat/index.html](http://www.mailman.hs.columbia.edu/biostat/index.html)

## **Environmental Health Sciences**

*Academic Inquiries*

### **Location**

60 Haven Avenue  
Tower 1 B-1

### **Phone**

212-305-3463

### **Fax**

212-305-3857

### **E-mail**

amr4@columbia.edu

### **Website**

[www.mailman.hs.columbia.edu/ehs/index.html](http://www.mailman.hs.columbia.edu/ehs/index.html)

## **Epidemiology**

*Academic Inquiries*

### **Location**

722 West 168th Street, 7th floor

### **Phone**

212-305-9412

### **Fax**

212-305-9413

### **E-mail**

lz3@columbia.edu

### **Website**

[www.mailman.hs.columbia.edu/epi/index.html](http://www.mailman.hs.columbia.edu/epi/index.html)

## **Sociomedical Sciences**

*Academic Inquiries*

### **Location**

722 West 168th Street, 9th floor

### **Phone**

212-305-5656

### **Fax**

212-305-6832

### **E-mail**

rma18@columbia.edu

### **Website**

[www.mailman.hs.columbia.edu/sms](http://www.mailman.hs.columbia.edu/sms)

## **Programs in Occupational Therapy**

*Admissions*

### **Location**

Neurological Institute, 8th floor

### **Phone**

212-305-5267

### **Fax**

212-305-4569

### **Website**

[www.cpmcnet.columbia.edu/dept/ot/](http://www.cpmcnet.columbia.edu/dept/ot/)

*Financial Aid & Student Affairs*

### **Location**

Neurological Institute, 8th floor

### **Phone**

212-305-5266 Student Affairs

212-305-5266 Financial Aid

## **Programs in Physical Therapy**

*Admissions*

### **Location**

Neurological Institute, 8th floor

### **Phone**

212-305-5267

### **Fax**

212-305-4569

### **E-mail**

cw75@columbia.edu

*Financial Aid & Student Affairs*

### **Location**

Neurological Institute, 8th floor

### **Phone**

212-305-5266 Student Affairs

212-305-5266 Financial Aid

### **Website**

[www.cpmcnet.columbia.edu/dept/pt/](http://www.cpmcnet.columbia.edu/dept/pt/)

## **School of Dental & Oral Surgery**

*Admissions*

### **Location**

P&S Building 3-458

### **Phone**

212-305-3478

### **E-mail**

emw5@columbia.edu

*Student Financial Planning*

### **Location**

Black Building 1-139

### **Phone**

212-305-4100

### **Fax**

212-305-0221

### **Website**

[www.cpmcnet.columbia.edu/student/finaid](http://www.cpmcnet.columbia.edu/student/finaid)

*Student & Alumni Affairs*

### **Location**

P&S 3-458

### **Phone**

212-305-6881



### **Fax**

212-305-1034

### **E-mail**

sfp@columbia.edu

*Post-doctoral Programs*

### **Location**

Vanderbilt Clinic, 9th floor, Room 219

### **Phone**

212-305-3875

## **School of Nursing**

*Admissions*

### **Location**

Georgian Residence Building, 1-134

### **Phone**

212-305-5756

### **Fax**

212-305-3680

*Financial Aid*

### **Location**

Georgian Residence Building, 2-202

### **Phone**

212-305-8147

*Student Affairs*

### **Location**

Georgian Residence Building, 1-134

### **Phone**

212-305-5451

### **E-mail**

nursing@columbia.edu

### **Website**

<http://cpmcnet.columbia.edu/dept/nursing/>



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## Space Reservations

*Applications and Permits*

### **Bard Hall Dining Room and 12th floor Roof Top Terrace**

**Location**

Bard Hall, Housing Office, Room 105

**Phone**

212-304-7000

### **The Riverview Lounge, Classrooms, Auditoria, and Labs**

**Location**

Classroom Services  
Presbyterian Hospital Building 17-106

**Phone**

212-305-7528

**Fax**

212-305-9250

**E-mail**

hsclassrooms@columbia.edu

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## Student Account Services

**Location**

Black Building, 141

**Phone**

212-305-3633

**Fax**

212-305-1590

**E-mail**

sashs@columbia.edu

**Website**

<http://cpmcnet.columbia.edu/student/admin/>

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## Student Activities

### **The P&S Club**

**Location**

Bard Hall, Room 105

**Phone**

212-304-7025

**Fax**

212-304-7289

**Website**

[www.thepsclub.org](http://www.thepsclub.org)

# Community Resources

## Washington Heights and Inwood

### Boundaries

Washington Heights and Inwood are the two northernmost neighborhoods on Manhattan Island. Washington Heights is bounded to the south by 155th Street and to the north by Fairview Avenue and runs from the Harlem River on the east to the Hudson River on the west. Inwood is the northern tip of the island, everything lying north of Fairview Avenue. The two neighborhoods are often lumped together as one because administratively they make up Manhattan Community District 12.

### Geography

Geographically, two major hills run the length of the community, one with a ridge along Fort Washington Avenue and Inwood Hill Park, the other with a ridge running along St. Nicholas Avenue to Dyckman Street. Each of the ridges rise over 200 feet, often quite dramatically, from the Harlem and Hudson Rivers. Running between these ridges is a more gently sloped valley, through the middle of which runs Broadway. Dyckman Street is built over a major geological fault, which cuts through the westernmost ridge, separating Fort Tryon Park from Inwood Hill Park and terminating at the eastern St. Nicholas Avenue ridge.

Several large parks dominate the area. Fort Tryon Park and Inwood Hill Park run along the Hudson River while Highbridge park, runs along the Harlem River. Columbia University's athletic fields are located at the extreme northern end of the community. Parks occupy almost a third of the community, more than in any other community in the city.

### History

Washington Heights and Inwood held great significance for Native Americans of the Lower Hudson Valley. As early as 6,500 years ago, hunters settled in the area, the

ancestors of the Lenape people that would meet the first European arrivals of the 17th century. It is believed that three major camps were located in the areas.

The Lenape's major trail ran the length of Manhattan's hilly spine, connecting the island's southern tip with the woods and marshes in the north. This route provided the path for the first regional roads through the area, which the 19th century city incorporated into Broadway and other major avenues as it sprawled northward.

With its wooded slopes and prospect over the Hudson, Washington Heights held strategic importance in the Revolutionary War. Place names, historic markers and remnants of fortifications trace the history of the Battle of Harlem Heights and the retreat of the American forces under General George Washington.

In the 19th century, Washington Heights became the connecting point between the island and the Bronx, Westchester and the Hudson Valley, and later New Jersey, as the City built bridges and railroads along the Hudson and Harlem River shorelines.

### Population

Largely populated by German Jewish refugees in the 1930s and 1940s, but with large emigration by Jews, Greeks, and Germans in the 1960s, the neighborhood is now mostly populated by recent immigrants, largely from the Caribbean and Latin America. Although, the community is one of the most culturally diverse in the city, the neighborhood has one of the largest concentrations of Dominicans in the United States.

According to the 2000 Census, Washington Heights/Inwood had a population of 208,414 people, which represented an increase of 5.2% since the 1990 Census. The racial/ethnic breakdown is as follows:

74.1% Hispanic, 13.6% White (non-Hispanic), 8.4% Black (non-Hispanic), 2.1% Asian/Pacific Islander.

### Community Treasures

Washington Heights and Inwood are home to some of the most important remnants of the Colonial Period as well as museums.

### Cloisters Museum

The Cloisters, a beautifully ersatz monastery in Fort Tryon park, is home to the Metropolitan Museum's collection of medieval art. The museum's stone-walled promenade overlooking the Hudson and English-style garden make for a sweepingly romantic spot. Inside the museum, the central cloister, its pink marble arcades and fountain purchased from the impoverished French monastery of St. Michel de Culixa at the turn of the century, will trick you into believing that you're really in southwestern France.

### Morris-Jumel Mansion

With its proud Georgian outlines faced with a later Federal portico, Morris-Jumel Mansion is one of the more successful house museums in New York City. Inside, the mansion's rooms reveal some of its engaging history. Built as a rural retreat in 1765 by Colonel Roger Morris, the house became George Washington's headquarters in the Fall of 1776 during the battle of Harlem Heights before falling into the hands of the British. The house was later purchased and refurbished by a wealthy merchant, Stephen Jumel for his wife Eliza, formerly a prostitute and his mistress. On the top floor of the house is her obituary, a magnificently fictionalized account of a "scandalous" life.

### Dyckman Farmhouse

Dyckman Farmhouse is the oldest farmhouse still standing in New York City. The foundations date from the 1600's. The current house was reconstructed in 1783 after the original structure was burned by the British in 1777.

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## Cultural Organizations and Special Events

### American Academy of Arts & Letters

#### Location

633 West 155th Street  
Audubon Terrace & 155th Street  
New York, N.Y. 10032

#### Phone

212-368-5900

#### Fax

212-491-4615

Headquarters of 250 artists, writers, and composers elected to membership. Special art exhibitions (call for dates and times).

### American Numismatic Society

#### Location

Broadway at 155th Street  
New York, N.Y. 10032

#### Phone

212-234-3130

#### Website

[www.amnumsoc.org](http://www.amnumsoc.org)

Rotating display of world coins, a famous and extensive numismatic library, and staff to answer questions.

### Cloisters Museum

#### Location

190 Fort Washington Avenue  
New York, N.Y. 10040

#### Phone

212-923-3700

#### Website

[www.ny.com/museums/cloisters.html](http://www.ny.com/museums/cloisters.html)

The Metropolitan Museum of Art's medieval collection includes the Unicorn Tapestries. The collections are housed in Romanesque and Gothic structures.

### Dyckman House

#### Location

4881 Broadway at West 204th Street  
New York, N.Y. 10031

#### Phone

212-304-9422

#### Website

[www.dyckman.org/](http://www.dyckman.org/)

The only 18th century farmhouse left in Manhattan. Restored with Dutch & English furnishings, local archeological artifacts, herb gardens, a reconstructed smoke-house and military hut.

### Hintersteiner Gallery

#### Location

711 West 168th Street  
New York, N.Y. 10032  
Art works by local artists and Medical Center staff, faculty, and students are on display.

### Hispanic Society of America

#### Location

Audubon Terrace  
Broadway and 155th Street  
New York, N.Y. 10032

#### Phone

212-926-2234

#### Website

[www.hispanicsociety.org/](http://www.hispanicsociety.org/)

Remarkable collection of paintings by Goya, El Greco, and Velasquez, and decorative materials from Spain and Portugal; also features a research library.

### Morris-Jumel Mansion and The Jumel Terrace Historical District

#### Location

65 Jumel Terrace  
160th Street and Edgecombe Avenue  
New York, N.Y. 10032

#### Phone

212-923-8008

#### Fax

212-923-8947

#### Website

[www.morrisjumel.org/](http://www.morrisjumel.org/)

Built in 1765, remodeled in 1810, this Federal-style wood house served as Washington's temporary headquarters. The Mansion contains Georgian, Federal and French Empire furniture, decorations, and colonial-style gardens.

### The Bridge Theater Company

#### Location

250 Fort Washington Avenue, Suite #4F  
New York, N.Y. 10032

The Company presents full-length and one act plays in the community. Please call for updates on performances.



### The Little Red Lighthouse Festival

#### Location

Fort Washington Park and Riverside Drive  
New York, N.Y. 10033

#### Phone

800-201-PARK

#### Website

[www.lighthousemuseum.org](http://www.lighthousemuseum.org)

Taking place in late September or early October and the event features food, mobile museums, hayrides, face painting and a celebrity reading of The Little Red Lighthouse and The Great Grey Bridge.

### The Medieval Festival

#### Location

Fort Tryon Park  
New York, N.Y. 10040

#### Phone

212-795-1600

On the 3rd or 4th Sunday in September, the Cloisters is converted into a medieval wonderland, which includes jousts, medieval crafts, falconers, combatants, costumes, foods from medieval times and much more. More than 30,000 people from the tri-state area attend the event.

### Uptown Treasures

#### Location

799 Fort Washington Avenue  
New York, N.Y. 10040

#### Phone

212-696-7995

#### Website

[www.uptowntreasures.org](http://www.uptowntreasures.org)

Every year, members of various cultural institutions organize a bus tour of all major sights in the area. The event takes place in late September.

## Dining, Fast-Food Venues, and Social Spots

### Dining

#### Aquamarina

##### Location

4060 Broadway  
New York, N.Y. 10032

##### Phone

212-928-0070/5888  
*Italian cuisine.*

#### Boleros

##### Location

3920 Broadway  
New York, N.Y. 10032

##### Phone

212-523-9500  
*Argentinian specialties.*

#### Bleu Evolution

##### Location

806 West 187th Street  
*(Between Ft. Washington Avenue  
and Cabrini Boulevard)*  
New York, N.Y. 10040

##### Phone

212-928-6006

##### Website

[www.metrobase.com/bleu/](http://www.metrobase.com/bleu/)  
*Features Mediterranean food.*

#### Carrot Top

##### Location

3931 Broadway  
New York, N.Y. 10032

##### Phone

212-927-4800  
*Baked goods, sandwiches and salads.*

#### Columbia Center Deli

##### Location

83 Haven Avenue  
New York, N.Y. 10032

##### Phone

212-927-3300  
*Sandwiches and more.*

#### Como Pizza

##### Location

4035 Broadway  
New York, N.Y. 10032

##### Phone

212-928-7867

#### Coogan's

##### Location

4015 Broadway  
New York, N.Y. 10032

##### Phone

212-928-1234

*Featuring a variety of beers, good food  
and friendly service.*



#### Dallas BBQ's

##### Location

3956 Broadway  
New York, N.Y. 10032

##### Phone

212-568-3700.

#### Domino's Pizza

##### Location

736 West 181st Street  
New York, N.Y. 10033

##### Phone

212-781-3700

##### Website

[www.dominos.com](http://www.dominos.com)

#### El Malecon (a.k.a. "the Chicken King")

##### Location

4141 Broadway  
New York, N.Y. 10033

##### Phone

212-927-3812

#### El Presidente

##### Location

3938 Broadway  
New York, N.Y. 10032

##### Phone

212-927-7011

#### El Rancho Jubilee

##### Location

10 Hillside Avenue  
New York, N.Y. 10040

##### Phone

212-304-1010

##### Website

[www.ranchojubilee.com](http://www.ranchojubilee.com)  
*Free Parking*  
*Columbia staff and students  
receive 15% discount off food.*

#### Empire Szechuan

##### Location

4041 Broadway  
New York, N.Y. 10032

##### Phone

212-568-1600

*Chinese, Japanese (including Sushi).*

#### Famiglia

##### Location

4007 Broadway  
New York, N.Y. 10032

##### Phone

212-927-3333

#### Fresh Tortillas

##### Location

4195 Broadway  
New York, N.Y. 10033

##### Phone

212-928-1638/8899

#### Galicia Restaurant

##### Location

4083 Broadway  
New York, N.Y. 10032

##### Phone

212-568-0163

#### Hathie's Coffee Shop

##### Location

3915 Broadway  
New York, N.Y. 10032

##### Phone

212-927-7650

#### International Buffet

##### Location

4073 Broadway  
New York, N.Y. 10032

##### Phone

212-740-1616

### **Jade House**

#### **Location**

4028 Broadway  
New York, N.Y. 10032

#### **Phone**

212-923-1797  
*Chinese take-out or eat-in.*

### **Joe's Pizza**

#### **Location**

1121 St. Nicholas Avenue  
New York, N.Y. 10032

#### **Phone**

212-781-8082



### **Jou Jou**

#### **Location**

603 West 168th Street  
New York, N.Y. 10032

#### **Phone**

212-781-2222

### **Kismat**

#### **Location**

603 Fort Washington Avenue  
New York, N.Y. 10040

#### **Phone**

212-795-8633  
*Indian cuisine*

### **La Barca Restaurant**

#### **Location**

3892 Broadway  
New York, N.Y. 10032

#### **Phone**

212-568-7741/212-928-1090

### **La Dinastia II**

#### **Location**

4059 Broadway  
New York, N.Y. 10032

#### **Phone**

212-928-6605  
*Chinese and Latin cuisine.*

### **La Hispaniola**

#### **Location**

839 West 181st Street  
New York, N.Y. 10033

#### **Phone**

212-740-5222

#### **Website**

[www.hispaniolarestaurant.com](http://www.hispaniolarestaurant.com)  
*Includes a cigar bar.*

### **Mike's Bagels**

#### **Location**

4003 Broadway  
New York, N.Y. 10032

#### **Phone**

212-928-2300

### **Papa Johns**

#### **Location**

701 West 178th Street  
New York, N.Y. 10033

#### **Phone**

212-795-7272

#### **Website**

[www.papajohns.com](http://www.papajohns.com)

### **Reme's Diner**

#### **Location**

4021 Broadway  
New York, N.Y. 10032

#### **Phone**

212-923-5452



### **Shangri-La**

#### **Location**

228 Fort Washington Avenue  
New York, N.Y. 10032

#### **Phone**

212-927-6685  
*Deli, hot/cold buffet, open for breakfast and lunch.*



### **Starbuck's**

#### **Location**

803 West 181st Street  
New York, N.Y. 10033

#### **Phone**

212-927-4272

### **Tasty Deli**

#### **Location**

4020 Broadway  
New York, N.Y. 10032

#### **Phone**

212-568-3838/212-923-0700

### **X Caffe**

#### **Location**

3952 Broadway  
New York, N.Y. 10032

#### **Phone**

212-543-1999

*Fast Food Venues*

### **Burger King**

#### **Location**

1419 Saint Nicholas Avenue  
New York, N.Y. 10033

#### **Phone**

212-927-4787

#### **Website**

[www.burgerking.com](http://www.burgerking.com)

### **Kentucky Fried Chicken**

#### **Location**

4076 Broadway  
New York, N.Y. 10040

#### **Phone**

212-928-4637

#### **Website**

www.kfc.com

### **McDonald's Restaurant**

#### **Location**

4036 Broadway  
New York, N.Y. 10032

#### **Phone**

212-923-9582

#### **Website**

www.mcdonalds.com  
10% discount with hospital ID.

### **Subway**

#### **Location**

3920 Broadway

#### **Phone**

212-740-9380

### **Taco Bell**

#### **Location**

4076 Broadway  
New York, N.Y. 10032

#### **Phone**

212-928-4637

#### **Website**

www.tacobell.com

### **Wendy's**

#### **Location**

3939 Broadway  
New York, N.Y. 10032

#### **Phone**

212-928-0321

#### **Website**

www.wendys.com  
10% off with Columbia ID.



### *Social Spots*

### **Arca Lounge**

#### **Location**

4088 Broadway  
New York, N.Y. 10040

#### **Phone**

212-567-9426

### **Parking**

For additional listings, please see Parking, On Campus under General Services.

### **Kinney Parking Systems**

#### **Location**

St. Nicholas Avenue  
(Between 165th and 166th Streets)

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## **Parks and Recreation**



### **Armory Track & Field**

#### **Location**

216 Fort Washington Avenue  
New York, N.Y. 10032

#### **Phone**

212-923-2068

Used by high schools for their meets, this state-of-the-art track is available to community residents and CPMC staff, students and faculty for a nominal fee.

### **Fort Tryon Park**

#### **Location**

The main entrance to the park is located at West 192nd Street and Ft. Washington Avenue.

### **Fort Washington Park**

#### **Location**

Nestled between Riverside Drive and the Hudson River, the park runs from 155th Street to 179th Street and is home to the Little Red Lighthouse.

### **Highbridge Park**

#### **Location**

173rd Street & Amsterdam Avenue  
Features a pool, softball fields and a recreational center for youth.

### **Inwood Hill Park**

#### **Location**

215th Street & Seaman Avenue  
Bike and walking trails, Inwood Hill Park is best known for its Ecological Center. Located near Bakers Field, the park has tennis courts; handball courts soccer fields and four softball fields.

### **J. Hood Wright Park**

#### **Location**

173rd Street & Fort Washington Avenue  
Newly renovated, this park features a dog run for all pet lovers and a great children's playground.

### **Riverbank State Park**

#### **Location**

145th Street & Riverside Drive  
This state-of-the-art recreational facility features an ice-skating rink, a track, handball courts, a football field, basketball courts and two swimming pools.

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## **Shopping**

### *Groceries*

### **Bravo Supermarket**

#### **Location**

3871 Broadway  
New York, N.Y. 10032

#### **Phone**

212-568-1524

### **Columbia Center Deli**

#### **Location**

83 Haven Avenue  
New York, N.Y. 10032

#### **Phone**

212-927-3300

### **Fairway Supermarket**

#### **Location**

2388 12th Avenue 125th Street  
(off West Side Highway)  
New York, N.Y. 10027

#### **Phone**

212-234-3883  
Free shuttle bus.

### **Gristedes**

#### **Location**

4037 Broadway  
New York, N.Y. 10032

#### **Phone**

212-923-2290  
Grocery.



### **University Deli**

#### **Location**

603 West 168th Street  
New York, N.Y. 10032

#### **Phone**

212-568-3838

*Retail Stores*

### **Anthony's Flower Shop**

#### **Location**

4034 Broadway (near 170th Street)  
New York, N.Y. 10032

#### **Phone**

212-923-5900

### **Duane Reade**

#### **Location**

617 West 181st Street  
New York, N.Y. 10033

#### **Phone**

212-923-5802

#### **Website**

www.duanereade.com  
*Hairspray, shaving cream, razors and more...*

### **Farmer's Market**

#### **Location**

175th Street between Wadsworth Avenue  
and Broadway  
April thru December  
*All kinds of fresh produce.*

### **Glaubers Gift Shop**

#### **Location**

560 West 181st Street  
New York, N.Y. 10033

#### **Phone**

212-927-5566  
*Lamps (usually fancy ones), dishes,  
cookware, silverware, and canisters.*

### **GNC General Nutrition Center**

#### **Location**

4261 West 181st Street  
(Between Broadway and Bennett Avenues)  
New York, N.Y. 10033

#### **Phone**

212-675-5204

### **Henry Jorisch Computing, Inc.**

#### **Location**

720 Fort Washington Avenue  
(Corner of 190th Street)  
New York, N.Y. 10040

#### **Phone**

212-923-3545  
*Software, consulting, and training.*

### **HMV**

#### **Location**

308 West 125th Street  
New York, N.Y. 10027

#### **Phone**

212-932-9619

#### **Website**

www.hmv.com  
*Music for all your listening pleasures.*

### **Jeans Plus**

#### **Location**

4173 Broadway  
(Broadway between 176th and 177th Streets)  
New York, N.Y. 10033

#### **Phone**

212-923-2342  
*Sportswear, jeans, and sneakers.*

### **Jennifer Covertibles**

#### **Location**

610 West 181st Street  
New York, N.Y. 10033

#### **Phone**

212-568-2554

#### **Website**

www.jenniferfurniture.com  
*Furniture.*

### **K-B Toys**

#### **Location**

1411 St. Nicholas Avenue  
New York, N.Y. 10033

#### **Phone**

212-928-4816

#### **Website**

www.kbtoys.com  
*Recreational and educational toys for children.*

### **Loehmann's**

#### **Location**

5740 Broadway  
(Corner of 236th Street)  
Bronx, N.Y. 10463

#### **Phone**

718-543-6420

#### **Website**

www.loehmanns.com  
*Designer women's and men's apparel,  
sportswear, accessories and shoes.*

### **Mail Boxes, Etc...**

#### **Location**

4049 Broadway  
(Between 170th and 171st Streets)  
New York, N.Y. 10032

#### **Phone**

212-795-1217

#### **Website**

www.mbe.it/  
*Photocopying, UPS, FedEx,  
and DHL services.*

### **Modells Sporting Goods**

#### **Location**

606 West 181st Street  
(Between St. Nicholas and Wadsworth Avenues)  
New York, N.Y. 10033

#### **Phone**

212-568-3000

#### **Website**

www.modells.com  
*Sporting equipment and sneakers.*



[www.mypinstripes.com](http://www.mypinstripes.com)

**Phone**

718-643-3339

*Offers dry cleaning services right at your fingertips. Free pick-up and delivery of your dry cleaning to your door. 15% discount for first time customers.*

**New Life Health Food Center**

**Location**

736 West 181st Street  
New York, N.Y. 10033

**Phone**

212-923-0494

*Natural and herbal products for your health.*

**New York & Company**

**Location**

4261 Broadway  
New York, N.Y. 10033

**Phone**

212-927-3624

*Women's clothing.*

**Old Navy**

**Location**

300 West 125th Street  
New York, N.Y. 10027

**Phone**

212-531-1544

**Website**

[www.oldnavy.com](http://www.oldnavy.com)

*Women, children, and men apparel at affordable prices.*

**Radio Shack**

**Location**

4020 Broadway  
New York, N.Y. 10032

**Phone**

212-781-6057

**Website**

[www.radioshack.com](http://www.radioshack.com)

*Electronic appliances and cell phone services*

**Rite Aid**

**Location #1**

4046 Broadway  
New York, N.Y. 10032

**Phone**

212-928-2550

**Location #2**

1040 St. Nicholas Avenue  
New York, N.Y. 10032

**Phone**

212-795-3218

**Location #3**

4211 Broadway  
New York, N.Y. 10033

**Phone**

212-781-5396

**Website**

[www.riteaid.com](http://www.riteaid.com)

*The largest drugstore in the neighborhood.*

**Sano Health Food Center**

**Location**

4065 Broadway  
New York, N.Y. 10032

**Phone**

212-928-1250

**Staples**

**Location**

5680 Broadway  
(234th and 125th Street and Broadway)  
Bronx, N.Y. 10471

**Phone**

718-884-6544

**Website**

[www.staples.com](http://www.staples.com)

*Office and school supplies, computer accessories, and more.*

**The Children's Place**

**Location**

600 West 181st Street  
New York, N.Y. 10033

**Phone**

212-923-7244

**Website**

[www.childrensplace.com](http://www.childrensplace.com)

*Clothing store for children.*

**TNT Locksmith Security**

**Location**

59 Audubon Avenue  
(Between 168th and 169th Streets)  
New York, N.Y. 10032

**Phone**

212-781-9656

*Keys/locks, gates, safes, alarms, card access, and magnetic locks.*

**Uptown Car Rental**

**Location**

506 West 181st Street  
(Between Audubon and Amsterdam Avenue)  
New York, N.Y. 10033

**Phone**

212-927-7000

*New and used car rentals. Cash and credit cards welcome.*

**Vitamin Shoppe**

**Location**

651 West 181st Street  
New York, N.Y. 10033

**Phone**

212-927-2849

**Website**

[www.vitaminshoppe.com](http://www.vitaminshoppe.com)

**99¢ Stores**

**Locations**

170th & 171st and Between 171st & 172nd and St. Nicholas Avenue

**Phone**

212-781-5661

*For special bargains.*

*Video Rentals*

**Blockbuster Video Rentals**

**Location**

4211 Broadway  
New York, N.Y. 10033

**Phone**

212-795-3717

**Website**

[www.blockbuster.com](http://www.blockbuster.com)

**Cinemat Video Rental**

**Location**

Presbyterian Hospital, 1st floor



# Transportation

## Directions to Columbia University Medical Center

The Center is located at West 168th Street and Broadway, immediately southeast of the George Washington Bridge, in the Washington Heights/Inwood section of northern Manhattan.

### By Public Transportation

Take the A, B, 1, or 9 trains to the 168th Street station (B service in rush hours only). From midtown Manhattan, the A train provides express service.

A number of city buses serve the medical center: M-2, 3, 4, 5, and 100. For additional bus and subway information, call the Transit Authority at 718-330-1234.

### By Automobile

The fastest and most convenient way to reach the medical center by automobile is to follow directions to the George Washington Bridge. Then exit onto Riverside Drive. From there, proceed south and turn left onto West 165th Street (the first left), and then right onto Fort Washington Avenue to the medical center parking facility.

*From upstate New York and New Jersey*  
After crossing the George Washington Bridge, follow signs to the Henry Hudson Parkway (also called the West Side Highway), and then to Riverside Drive.

*From Riverdale and Westchester via the Saw Mill River Parkway*  
Exit the Henry Hudson Parkway at the Riverside Drive exit, which is immediately past the George Washington Bridge.

*From Westchester, Connecticut, or the East Side of Manhattan via the Major Deegan, Cross-Bronx Expressway, or Harlem River Drive*  
approaching the George Washington Bridge, take the Henry Hudson Parkway, stay to the left and follow signs to Riverside Drive.

*From the West Side of Manhattan*  
Take the Henry Hudson Parkway to exit 15-Riverside Drive South.

## Inter Campus Shuttle Bus

From	Time	To	From	Time	To
HS	6:30AM	HH	MS	3:45PM	HS
HH	6:50AM	HS	HS	4:00PM	MS
HS	7:10AM	HS	MS	4:15PM	HS
HH	7:30AM	HS	HS	4:30PM	HH
HS	7:50AM	HH	HH	4:50PM	HS
HH	8:05AM	MS	HS	5:05PM	MS
MS	8:20AM	HS	MS	5:25PM	HS
HS	8:40AM	MS	HS	5:45PM	MS
MS	9:00AM	HS	MS	6:05PM	HS
HS	9:25AM	HH	HS	6:25PM	HH
HH	9:45AM	MS	HH	6:45PM	HS
MS	10:05AM	HS	HS	7:35PM	MS
HS	10:20AM	MS	MS	7:50PM	HS
MS	10:35AM	HS	HS	8:05PM	Lcl
HS	10:55AM	HH	HS	8:15PM	MS
HH	11:15AM	HS	MS	8:35PM	HS
HS	12:05PM	MS	HS	8:55PM	Lcl
MS	12:20PM	HS	HS	9:15PM	MS
HS	12:35PM	HH	MS	9:35PM	HS
HH	12:55PM	HS	HS	9:55PM	Lcl
HS	1:25PM	MS	HS	10:05PM	MS
MS	1:40PM	HS	MS	10:25PM	HS
HS	1:55PM	HH	HS	10:45PM	MS
HH	2:15PM	HS	MS	11:05PM	HS
HS	2:35PM	MS	HS	11:30PM	MS
MS	2:50PM	HS	MS	11:50PM	HH
HS	3:05PM	HH	HH	12:10AM	HS
HH	3:25PM	MS			

### Phone

212-305-8100  
212-854-5508

### Shuttle Stop Locations

#### Medical Center

Bus departs front of Neurological Institute at Fort Washington Ave. and West 168th Street.

#### Morningside Campus

Bus departs Broadway at West 116th Street.

#### Harlem Hospital Center

Bus departs Lenox Ave. & West 136th Street.

Travel time between points is approximately 15 minutes. All scheduled times are approximate; please allow two to three minutes variance. During the summer months June, July, and August the shuttle runs on the same schedule as during the academic year, except that there is no service between the Health Sciences and Morningside campuses after 8:00 p.m. There is no shuttle service on New Year's Day, Dr. Martin Luther King Jr.'s Birthday observed, Memorial Day observed, and Independence Day.

### Travel tips for getting to Columbia University Medical Campus

A variety of transportation choices are available. Please consider whether luggage, etc., will make travel on public transportation too difficult. Also, please be aware that only yellow cabs may legally solicit customers with offers of transportation; use official taxi stands whenever possible, especially at airports.

### Transportation Related Links

For more specific information on traveling to, from and within New York City, please check the following resources:

#### MetroCommute

##### Website

[www.metrocommute.com](http://www.metrocommute.com)

#### The Transportation Section of the Paperless Guide to New York

##### Website

[www.ny.com/transportation](http://www.ny.com/transportation)

#### Yahoo New York

##### Website

[www.ny.yahoo.com/docs/features/directions.html](http://www.ny.yahoo.com/docs/features/directions.html)

#### AIRLINK

##### Phone

800-AIRLINK

Details about traveling to and from area airports

## Columbia University Medical Center

1. Morgan Stanley Children's Hospital of NY Presbyterian
2. PH Energy Court–West Entrance
3. Radiotherapy Center
4. Presbyterian Hospital Building
5. Pauline A. Hartford Memorial Chapel
6. Harkness Pavilion
7. William Black Medical Research Building
8. Alumni Auditorium
9. College of Physicians & Surgeons
10. Vanderbilt Clinic Building / School of Dental and Oral Surgery
11. Vanderbilt Clinic Addition
12. Mailman School of Public Health
13. School of Nursing/  
Georgian Residence Building
14. Hammer Health Sciences Center/  
Augustus C. Long Library
15. Bard Haven Towers
16. Bard Hall Student Residence
17. NYS Psychiatric Institute and Hospital
18. The Milstein Hospital Building
19. PH Energy Court–East Entrance
20. Herbert Irving Pavilion/Atchley Building
21. Edward S. Harkness Eye Institute
22. Eye Institute Research Laboratories
23. Service Building
24. Mary WoodwardLasker  
Biomedical Research Building
25. Lawrence C. Kolb  
Psychiatric Institute Annex
26. Neurological Institute
27. Audubon NYC Building
28. Staff Parking
29. Russ Berrie Medical Science Pavilion
30. Irving Cancer Research Center
31. 390 Fort Washington Avenue Residence
32. NYC Department of Health/  
Mailman School of Public Health
33. 106 Haven-Residence Building
34. 154 Haven-Residence Building/  
Administration Building







Produced in conjunction with:

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212- 304-7000

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