



# Patient Fertility Education Workshop

FEB '08 – AUG '08

Columbia University College of Physicians and Surgeons  
Center for Women's Reproductive Care  
at Columbia University  
1790 Broadway @ 58th Street  
New York, NY 10019

Center for Women's Reproductive Care at Columbia University  
Comprehensive Fertility Treatment Center  
Columbus Circle & White Plains

- Fertility Assessment • IVF • Donor Egg (No Wait)
- Male Infertility • Endoscopic Surgery • PGD

Appointments: 646-756-8282  
Information: 646-756-8294  
www.columbiafertility.org

Insurance accepted upon verification:  
United Healthcare, GHI, Oxford, Aetna/US Healthcare, HealthNet, Cigna, Empire Blue Cross/Blue Shield, UniCare, Ponce, and HDI.  
Patient financing also available.  
Income-based financial support to IVF through NYS Infertility Demonstration Program.

## THE CENTER FOR WOMEN'S REPRODUCTIVE CARE

The *Center for Women's Reproductive Care (CWRC)* at *Columbia University* is a subspecialty practice staffed by full-time faculty of Columbia University. The Center offers: fertility assessment, IVF, egg donation, male infertility care, PGD (preimplantation genetic diagnosis), egg and embryo cryopreservation (freezing and storage), and other advanced treatments.

One of the hallmarks of the Center is the ability to make the most innovative, cutting-edge research, and fertility treatments available to a wide population of patients through affordable, accessible care. Expanded access takes place at many levels:

**Clinical:** by specializing in challenging cases (accepting patients despite poor prognosis profiles);

**Financial:** through our in-network managed care contracts (which minimize your out-of-pocket expenses), patient financing options, and financial support through the NYS Infertility Demonstration Program grant.

**Geographic:** services offered in two conveniently located facilities: on Columbus Circle, in the heart of Manhattan, and in White Plains.

### PATIENT SUPPORT SERVICES

A team of social workers and a staff psychiatrist are available at the CWRC to help patients deal with the personal and emotional challenges of undergoing fertility treatment. We are committed to making your experience with us as supportive and positive as possible through a range of services, such as:

- patient support groups
- individual and couples counseling
- psychiatric counseling and evaluation

For a detailed description of services, please call **646-756-8294** or visit our website at [www.columbiafertility.org](http://www.columbiafertility.org).

### Instructions

Fax to: 646-756-6297

OR

Mail to:

Nora Spielman, Patient Services Coordinator  
Center for Women's Reproductive Care  
at Columbia University  
1790 Broadway @ 58th Street  
New York, NY 10019

Nora Spielman, Patient Services Coordinator  
Tel: 646-756-8297  
Fax: 646-756-6297  
E-mail: [ns2444@columbia.edu](mailto:ns2444@columbia.edu)



Columbia University  
College of Physicians and Surgeons  
Department of Obstetrics and Gynecology  
Division of Reproductive Endocrinology  
Center for Women's Reproductive Care

**Manhattan Office: Columbus Circle**  
1790 Broadway, 2nd and 4th floors  
(between 57th and 58th St.)  
New York, NY 10019

**Westchester Campus: White Plains**  
244 Westchester Avenue West, Suite 209  
White Plains, NY 10604



COLUMBIA UNIVERSITY  
COLLEGE OF PHYSICIANS & SURGEONS

[www.columbiafertility.org](http://www.columbiafertility.org)

## Fertility Education Workshop

The Center for Women's Reproductive Care (CWRC) is pleased to announce the next Fertility Education Workshop series. The workshops will be presented by CWRC physicians, staff, and special guest speakers covering fertility-related topics.

The first Wednesday night of every month is a "Diagnosis and Treatment of Infertility at the CWRC" session, which serves as an invaluable guide to navigating all facets of our program. An interdisciplinary team is on hand to provide a comprehensive overview of infertility treatment and to cover general issues related to:

- reproductive care
- CWRC services
- causes and assessment of infertility
- coping with infertility
- financing infertility
- mail-order medication
- our weekly mandatory "Injection Class"
- our daily Morning Monitoring system

This forum is the ideal setting to ask any questions of a staff doctor, nurse, social worker, or administrator. We encourage and recommend that all patients attend this session. Patients regularly tell us that this information has helped reduce the stress associated with the treatment process.

All other Wednesday workshops will feature speaker-led discussions.

## Informational Sessions

### DIAGNOSIS AND TREATMENT OF INFERTILITY

Nataki Douglas, M.D.\*  
February 6, 2008

### Age and Fertility

Ralf Zimmerman, M.D.\*  
February 13, 2008

### Donor IVF – Screening Donors

Gary Nakhuda, M.D.\*  
February 20, 2008

### Stress Reduction

Polly E. Wheat, M.D.\*  
February 27, 2008

### DIAGNOSIS AND TREATMENT OF INFERTILITY

Prati Vardhana, M.D.\*  
March 5, 2008

### In Vitro Fertilization (IVF)

Michael Guarnaccia, M.D.\*  
March 12, 2008

### Fertility Medication – What We Use and Why

Susanna Park, M.D.\*  
March 19, 2008

### Egg Donor Program: Matching and Cycling

Melvin Thornton, M.D.\*  
March 26, 2008

### DIAGNOSIS AND TREATMENT OF INFERTILITY

Vuk Jovanovic, M.D.\*  
April 2, 2008

### Intra-Uterine Insemination (IUI) and

### Timed Intercourse (TIC)

Janet Choi, M.D.\*  
April 9, 2008

### The Male Partner Experience

### (for Men Only)

Arthur McGrath, LMSW, MPA, Program Administrator\*  
April 16, 2008

### Understanding Ovarian Reserve –

### What Is the Deal with FSH?

Gary Nakhuda, M.D.\*  
April 30, 2008

### DIAGNOSIS AND TREATMENT OF INFERTILITY

Nataki Douglas, M.D.\*  
May 7, 2008

### Egg Donation: Disclosure vs. Nondisclosure

Ralf Zimmerman, M.D.\*  
May 14, 2008

### How Embryos Are Chosen for Transfer

Jeff Wang, M.D.\*  
May 21, 2008

### Meet the Executive Director: An Open Forum

Mark Sauer, M.D.\*  
May 28, 2008

### DIAGNOSIS AND TREATMENT OF INFERTILITY

Vuk Jovanovic, M.D.\*  
June 4, 2008

### Polycystic Ovary Syndrome (PCOS) and Fertility

Roger Lobo, M.D.\*  
June 11, 2008

### Fertility and Acupuncture

Angela Le, L.Ac.  
June 18, 2008

### Male Fertility

Jeff Wang, M.D.\*  
June 25, 2008

### DIAGNOSIS AND TREATMENT OF INFERTILITY

Vuk Jovanovic, M.D.\*  
July 2, 2008

### Age and Fertility

Ralf Zimmerman, M.D.\*  
July 9, 2008

### Egg Donor IVF – Screening Egg Donors

Gary Nakhuda, M.D.\*  
July 16, 2008

### Preimplantation Genetic Diagnosis (PGD)

Michael Guarnaccia, M.D.\*  
July 23, 2008

### Fertility Medication – What We Use and Why

Susanna Park, M.D.\*  
July 30, 2008

### DIAGNOSIS AND TREATMENT OF INFERTILITY

Nataki Douglas, M.D.\*  
August 6, 2008

## Hours and Location

Time: 6:30 PM – 8:00 PM

Location: 1790 Broadway  
(between 57th and 58th Streets), 4th Floor  
New York, NY 10019

## Fees

CWRC Patients: Free of charge

Non CWRC Patients: \$10

\*Non-CWRC patients please pay by cash or check only

## Registration

The Informational Series is open to the public, however application is required. You can register by mail, fax or phone or by visiting our website at [www.columbiafertility.org](http://www.columbiafertility.org). Please use the attached reply card to register. Space is limited, early application is recommended.

If you have any questions please contact the Patient Services Coordinator, Nora Spielman, at 646-756-8297 or by e-mail: [ns2444@columbia.edu](mailto:ns2444@columbia.edu).

\*Columbia University faculty, fellows, or staff

ONLINE APPLICATION AVAILABLE AT  
[WWW.COLUMBIAFERTILITY.ORG](http://WWW.COLUMBIAFERTILITY.ORG)  
PLEASE COMPLETE THE APPLICATION FORM BELOW,  
DETACH IT AND MAIL OR FAX IT TO US

## APPLICATION FORM

Name \_\_\_\_\_

CWRC patient:  Yes  No

\*Non-CWRC patients please pay by cash or check only

Address: \_\_\_\_\_

\_\_\_\_\_ Zip: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Fax: \_\_\_\_\_

Work Phone: \_\_\_\_\_

Home Phone: \_\_\_\_\_

## FERTILITY EDUCATION WORKSHOP

*I would like to attend the following:*

DIAGNOSIS & TREATMENT OF INFERTILITY Feb. 6, 2008

Age and Fertility February 13, 2008

Donor IVF – Screening Donors February 20, 2008

Stress Reduction February 27, 2008

DIAGNOSIS & TREATMENT OF INFERTILITY March 5, 2008

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Timed Intercourse (TIC) April 9, 2008

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What Is the Deal with FSH? April 30, 2008

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Fertility Medication – What We Use and Why July 30, 2008

DIAGNOSIS & TREATMENT OF INFERTILITY Aug. 6, 2008

TEAR OFF HERE