

THE APGAR SCORE

	0	1	2
Appearance (Color)	Blue, Pale	Body pink, extremities blue	Pink
Pulse	Absent	< 100	>100
Muscle Tone	Flaccid	Some flexion	Good flexion
Respiratory Effect	Non	Weak, irregular	Good cry
Reflex Irritability	Nonresponsive	Grimace	Cry