

## 1 Signs and Symptoms

Fever within a week of ER or clinic visit

**AND**

One or more of the following:

### SIGNS

- rash
- lymphadenopathy
- oral/genital/rectal ulcerations
- exudative pharyngitis
- aseptic meningitis (headache, photophobia, stiff neck)

### SYMPTOMS

- myalgia/ar thralgia
- fatigue
- weight loss
- night sweats
- anorexia

Learn to recognize

# Acute HIV Syndrome



## 2 Diagnosing it..

- Identify individuals at risk
- Obtain HIV ELISA test and HIV-PCR test\*
- If ELISA is negative and PCR is positive, diagnostic criteria have been met  
*\* diagnostic HIV-PCR is preferred, but if unavailable, a "viral load" HIV PCR(bDNA or RNA) may be obtained.*

## 3 Positive Diagnosis?

- **COUNSEL THE PATIENT**
  - 1) This is a very early HIV infection
  - 2) He/she may be extremely infectious
  - 3) Transmission of HIV is very possible
  - 4) Sex or drug partners should be notified
- **ADVISE THE PATIENT**
  - 1) Significant benefit can result from *Early Expert Evaluation*
  - 2) **Immediately** go to your regional **Acute HIV Study Center**
  - 3) If there is no Acute HIV Study Center in your area, contact your local AETC listed below for a prompt referral.

**TIMING IS CRITICAL!**

Contact your regional

**Acute HIV Center**



National  
HIV/AIDS Clinicians'  
Consultation Center  
which includes the  
Warmline  
(800-933-3413)  
and PEPLINE  
(888-HIV-4911)  
with staffed clinical guidance  
services 24 hours a day

[www.nynjaetc.org](http://www.nynjaetc.org)  
212-305-8291

